

Mein langer Atem

Ein Leben mit Borderline

Katrin Zeddies

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Mein langer Atem Katrin Zeddies, 2012 *Drahtseiltanz* Katrin Zeddies, 2015-10-07 Lena nennt sich selbst eine trockene Borderlinerin und nun da ein neuer Mann in ihr Leben getreten ist bricht sie erneut ein Zwischenmenschliche Beziehungen fallen ihr noch immer sehr schwer angst still gewordene Symptome der emotional instabilen St rung tauchen pl tzlich wieder auf Um ihren Widerst nden und der Abneigung gegen Sexualit t auf den Grund zu gehen begibt sich Lena erneut in einen Prozess Ihr Ziel ist es eine normale Liebesbeziehung ber die bisher obligatorischen zwei bis drei Jahre leben und vielleicht sogar eine eigene Familie gr nden zu k nnen Dieser autobiographische Roman baut auf dem ersten *Mein langer Atem* ein Leben mit Borderline auf und ist doch ein ganz eigenst ndiges Buch mit einem Thema das den meisten Betroffenen am schwersten zu fallen scheint das Leben in einer Paarbeziehung

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