

# Meditate with Mandalas



Experience the  
Healing Powers of  
Coloring Mandalas

- Relieve stress
- Balance your mind
- Expand your creativity
- Increase self-awareness
- Just have fun, alone or with your friends

# Meditate Mandalas Calming Coloring

**Ayan Sen,Riu Aritri**



## **Meditate Mandalas Calming Coloring :**

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