

Occupational Therapy Goals

Client Information	
Name: Oliver Green	Age: 45
Diagnosis/Condition: Left-sided Stroke (CVA)	Date of Initial Evaluation: 04 / 27 / 2024
Referring Physician/Healthcare Provider: Dr. Angela Smith	

Initial Evaluation Findings
1. Physical/Motor Skills: Reduced fine motor control and strength in left hand; partial paralysis of left arm.
2. Cognitive/Perceptual Skills: Mild cognitive impairment, particularly in attention and memory.
3. Psychosocial/Emotional Skills: Signs of depression, reduced motivation.
4. Activities of Daily Living (ADLs): Needs assistance with dressing, grooming, and feeding.
5. Instrumental Activities of Daily Living (IADLs): Unable to cook, do laundry, or manage medications independently.

Occupational Therapy Mental Health Goal Examples

Zhe Xu



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