

Occupational Therapy Goals

Client Information	
Name: Oliver Green	Age: 45
Diagnosis/Condition: Left-sided Stroke (CVA)	Date of Initial Evaluation: 04 / 27 / 2024
Referring Physician/Healthcare Provider: Dr. Angela Smith	

Initial Evaluation Findings

1. Physical/Motor Skills:

Reduced fine motor control and strength in left hand; partial paralysis of left arm.

2. Cognitive/Perceptual Skills:

Mild cognitive impairment, particularly in attention and memory.

3. Psychosocial/Emotional Skills:

Signs of depression, reduced motivation.

4. Activities of Daily Living (ADLs):

Needs assistance with dressing, grooming, and feeding.

5. Instrumental Activities of Daily Living (IADLs):

Unable to cook, do laundry, or manage medications independently.

Occupational Therapy Mental Health Goal Examples

Zhe Xu

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