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Obesity: Psychological Attributes and Psychological Treatments

Obesity Psychological Attributes Treatments

J. E. Blundell



Obesity Psychological Attributes Treatments:

Obesity Treatment David B. Allison, F. Xavier Pi-Sunyer, 2012-12-06 Treatment outcome has certainly improved since Stunkard and McLaren Hume 1959 reviewed the literature and found that less than 25% of obese patients lost 20 pounds or more and less than 5% lost 40 pounds or more. However, one of the few points on which almost all obesity researchers agree is that to date our results are quite modest and we are generally unsuccessful in promoting effective weight maintenance among obese persons. As the title of a more recent article, Improving long term weight loss: Pushing the limits of treatment, Brownell Jeffrey 1987 emphasizes, added suggests many believe that we have pushed our current treatment paradigms to the limit. It was with this background in mind that we organized the meeting from which these proceedings issue. The purpose of the three day international meeting was to evaluate the current knowledge base and conceptual paradigms of obesity treatment and to suggest directions for future research and clinical practice. Rather than simply for research reporting, the meeting was primarily for research generation. All speakers were established scientists in the field who were asked to summarize our state of knowledge in a given area rather than present the results of their latest research. Great efforts were taken to ensure that panel discussions occupied a central portion of the conference and that the questions, What else do we need to know and How do we find it out, were consistently addressed.

Handbook of Psychological Assessment in Primary Care Settings Mark E. Maruish, 2017-04-21 The second edition Handbook of Psychological Assessment in Primary Care Settings offers an overview of the application of psychological screening and assessment instruments in primary care settings. This indispensable reference addresses current psychological assessment needs and practices in primary care settings to inform psychologists, behavioral health clinicians, and primary care providers the clinical benefits that can result from utilizing psychological assessment and other behavioral health care services in primary care settings.

Handbook of Obesity Treatment Thomas A. Wadden, Albert J. Stunkard, 2004-07-01 The contemporary successor to the editors' earlier *Obesity: Theory and Therapy*, this comprehensive handbook guides mental health, medical, and allied health professionals through the process of planning and delivering individualized treatment services for those seeking help for obesity. Concise, extensively referenced chapters present foundational knowledge and review the full range of widely used interventions, including self-help, behavioral, and cognitive behavioral approaches, pharmacotherapy, and surgery. Provided are state-of-the-art guidelines for assessing obese individuals for health risks and for mood and eating disorders, treatment algorithms for tailoring interventions to the severity of the client's problem, details on adjunctive interventions for improving body image and self-esteem, recommendations for working with child clients, and much more.

Childhood Obesity Prevention and Treatment Jana Parizkova, Andrew Hills, 2005-01-13 *Childhood Obesity Prevention and Treatment*, Second Edition, summarizes the latest scientific knowledge on obesity in children. This edition focuses on the developmental aspects of obesity, especially on the influences and factors predisposing individuals to obesity from early periods of life. This new body of knowledge stems

from both basic **Obesity and Its Treatment**, 1979 **Handbook of Child Psychopathology** Thomas H. Ollendick, 2013-11-11 In our first edition of the Handbook in 1983 we noted that child psychopathology should no longer be viewed simply as a downward extension of adult psychopathology Rather we suggested that children must be viewed as children not as miniature adults and that a merger of clinical child psychology and developmental psychology must occur in order for this objective to be realized Now 6 years later we are sufficiently encouraged to assert that this synthesis at least on a conceptual level is well under way Yet much growth remains to be seen along practical lines The real test of the synthesis of these two fields of study will be evidenced on the battlefield that is the front line of clinical practice Just how integrated clinical child psychology and developmental psychology really are remains to be seen Nonetheless progress is well under way Careful attention to developmental and other contextual issues guided us in our efforts to solicit contributors for this second edition All the contributors are active researchers and clinicians in the area of child psychopathology and all are keenly aware of the subtle nuances and special considerations of clinical and developmental psychology as they relate to child behavior problems In addition all the contributors are empirically minded as a result the chapters are data based and represent some of the most up to date knowledge currently available However as research based knowledge is more abundant and conclusive in some topic areas than in others the chapters vary in length and scope **Obesity and Its Treatment** J. E. Blundell, 1979 *Treatment and Management in Adult Psychiatry* G. E. Berrios, J. H. Dowson, 1983 **Psychosocial Care of the Physically Ill** Vickie A. Lambert, Clinton E. Lambert, 1985 *Psychodynamic Technique in the Treatment of the Eating Disorders* C. Philip Wilson, Charles C. Hogan, Ira L. Mintz, 1992 This volume is written by the most prominent contributors to the current understanding and treatment of anorexia bulimia and obesity It details the techniques that can resolve these patients strong defenses against the acknowledgment of their underlying conflicts and it provides an understanding of the psychodynamic structure of the various personality disorders that are masked by eating disorder symptoms Eating disorders are symptom complexes that occur in a variety of character disorders hysterical obsessive compulsive borderline and in some cases psychotic conditions The major problem for the psychotherapist is that these patients do not readily seek treatment and if they do they want a resolution of the symptom rather than a comprehensive approach to the underlying personality disorder As the conflicts underlying the symptoms are analyzed a variety of affects emerge particularly those of depression It is the handling of these affects that is crucial to therapeutic success The authors explore the nature of object relations in a wide range of diagnostic categories including neurotic compulsive eating restrictor and bulimic anorexia nervosa obesity and rumination Special therapeutic problems are detailed such as severe regressive symptomatology the use of medication hospitalization and countertransference The authors deal with preverbal and early verbal communication separation individuation the underlying impulse disorder part object relations and projective identification This book demonstrates that a psychotherapeutic approach that focuses on the underlying neurotic conflicts

can result in normal eating and psychic health It is an important resource for every mental health professional called on to treat these difficult but rewarding patients **The Role of Obesity in Marital Relationships** Leslie Gillette Faricy, 1990

Behavioral Medicine Neil Schneiderman, Jack T. Tapp, 1985 Abstract A reference text for behavioral scientists and medical professionals provides an overview of interactions between human behavior and health The review papers are grouped among 4 central themes general perspectives on behavior and health e g neurological bases of behavior psychophysiological reactions to stress assessment and treatment practices in behavioral medicine in disease states medical settings and pediatrics the effects of various life styles nutritional food choices obesity anorexia eating disorders sexuality cigarette smoking alcoholism on health risks promotion and status and behavioral aspects of health disorders cardiovascular disorders diabetes cancer central nervous system disorders including behavioral approaches to pain wz *Textbook of Primary and Acute Care Medicine* Thomson American Health Consultants, 2003 **International Journal of Obesity**, 1993

The Importance of Mental Health Services to General Health Care Jeffrey L. Houpt, 1979 **Obesity Surgery: Principles and Practice** Cid Pitombo, Kenneth Jones, Kelvin Higa, Jose Carlos Pareja, 2007-11-27 A complete full color overview of obesity surgery written by the field's foremost experts Obesity Surgery Principles and Practice brings together the top minds in the discipline who collectively deliver a benchmark reference that will prove indispensable for general and bariatric surgeons and residents Page after page the book's esteemed editors take you step by step through the very latest most advanced surgical techniques and clinical protocols Using full color throughout this logically organized guide begins with an insightful look at the general principles of obesity surgery one that provides a vital theoretical framework for subsequent chapters The next sections of the book offer an in depth review of surgical procedures and postoperative management that no other text can match Features Unequaled coverage that delivers an up to date comprehensive survey of today's obesity surgery practice Valuable skill building insights that reflect the expertise of an international pool of editors and authors in the field of bariatric surgery Focus on topics not covered in other books including Surgery in Adolescents Cost Analysis of Laparoscopic versus Open Surgery and Surgery in the Super Obese Full color art program to clarify surgical protocols **Stress Management for Chronic Disease** Michael L. Russell, 1988 Evaluating a "Health-Centered" Treatment Approach in Obese Female Restrained Eaters Linda Bacon, 2001 **Eating Behaviour, Personality Traits, and Body Mass** Tatjana van Strien, 1986 Treating and Preventing Obesity Jan Östman, Mona Britton, Egon Jonsson, 2004-04-12 Obesity now represents a serious problem in industrialized nations An increasingly large number of people especially children are overweight leading to subsequent illness and a reduced life expectancy At long last with this first evidence based review of the current intervention strategies for treating and preventing obesity clinicians and health insurers have a guide that allows them to select the most efficient and cost effective method of treatment for any given state of the illness The whole is backed by extensive tables a checklist for quality assurance and an extensive glossary With a foreword by George A

Bray Boyd Professor at Louisiana State University and Chief of the Clinical Obesity section Treating and Preventing Obesity
An Evidence Based Review provides a careful and thoughtful assessment of this disease and the options for its control and
treatment It started with the medical model where cure is the outcome This valuable report provides a timely new analysis of
a growing problem

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