

Q

Cover 1

Title Page 7

Copyright 8

About the Authors 9

Preface 10

Acknowledgements 11

Brief Contents 13

Contents 14

Chapter 1: Nutrition: Food for Health 23

Chapter 2: Nutrition Guidelines: Applying the Science of Nutrition 65

Chapter 3: Digestion, Absorption, and Metabolism 113

Chapter 4: Carbohydrates: Sugars, Starches, and Fibre 153

Focus On 1: Beyond the Basics: Meal Planning for Healthy Eating, Diabetes Prevention and Management 205

Chapter 5: Lipids 213

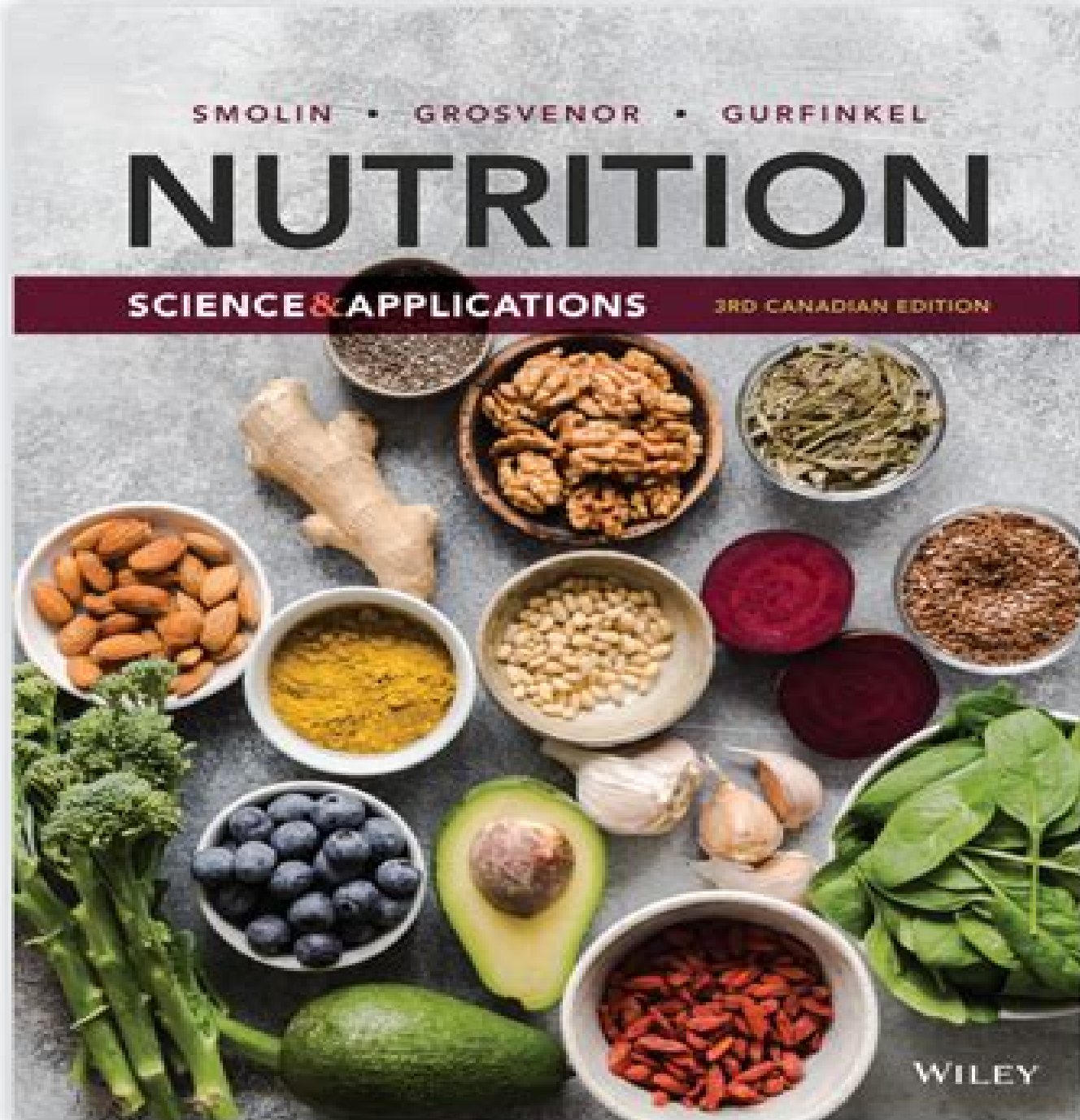
Focus On 2: Alcohol 260

Chapter 6: Proteins and Amino Acids 272

Chapter 7: Energy Balance and Weight Management 313

Focus On 3: Obesity: Metabolism and Health 313

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Nutrition Science And Applications Canadian Edition

**LORI A.. GROSVENOR SMOLIN (MARY
B.)**



Nutrition Science And Applications Canadian Edition:

Nutrition Lori A. Smolin, Mary B. Grosvenor, Debbie Gurfinkel, 2020-06-23 Nutrition Science and Applications 3rd Canadian Edition provides students with a strong foundational knowledge of human nutrition covering all essential nutrients their functions in the body and their sources and dietary components Presenting an innovative critical thinking approach to the subject this leading textbook goes beyond the basics to explore underlying nutrition processes while discussing the latest research debates and controversies related to nutrition and health The text offers an accessible visually rich presentation of topics designed to be highly relevant and relatable to Canadian readers The ideal text for college level nutrition courses this new edition features extensively revised and updated content throughout aligning with the latest nutrition research recommendations guidelines and Canadian government regulations The authors real world approach enables students to apply concepts of nutrition science in their own lives as consumers and in their future careers as scientists and health professionals Balanced coverage of fundamental nutrition topics integrates with comprehensive discussion of nutrient metabolism health and disease relationships dietary patterns Canadian and global nutrition issues and much more

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Table of Contents Nutrition Science And Applications Canadian Edition

1. Understanding the eBook Nutrition Science And Applications Canadian Edition
 - The Rise of Digital Reading Nutrition Science And Applications Canadian Edition
 - Advantages of eBooks Over Traditional Books
2. Identifying Nutrition Science And Applications Canadian Edition
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Nutrition Science And Applications Canadian Edition
 - User-Friendly Interface
4. Exploring eBook Recommendations from Nutrition Science And Applications Canadian Edition
 - Personalized Recommendations
 - Nutrition Science And Applications Canadian Edition User Reviews and Ratings
 - Nutrition Science And Applications Canadian Edition and Bestseller Lists
5. Accessing Nutrition Science And Applications Canadian Edition Free and Paid eBooks
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 - Nutrition Science And Applications Canadian Edition eBook Subscription Services
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7. Enhancing Your Reading Experience
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 - Highlighting and Note-Taking Nutrition Science And Applications Canadian Edition
 - Interactive Elements Nutrition Science And Applications Canadian Edition
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 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Nutrition Science And Applications Canadian Edition
 9. Balancing eBooks and Physical Books Nutrition Science And Applications Canadian Edition
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Nutrition Science And Applications Canadian Edition
 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
 11. Cultivating a Reading Routine Nutrition Science And Applications Canadian Edition
 - Setting Reading Goals Nutrition Science And Applications Canadian Edition
 - Carving Out Dedicated Reading Time
 12. Sourcing Reliable Information of Nutrition Science And Applications Canadian Edition
 - Fact-Checking eBook Content of Nutrition Science And Applications Canadian Edition
 - Distinguishing Credible Sources
 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
 14. Embracing eBook Trends
 - Integration of Multimedia Elements
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