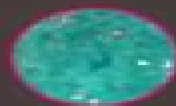


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YOUR PASSPORT
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PARADIGM

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Acupuncturists, Nurse Practitioners,
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Are Ready to Make a Difference*



by **ANDREA NAKAYAMA**

FUNCTIONAL MEDICINE NUTRITIONIST

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recommendations about strategies that could be implemented to reduce dietary sodium intake to levels recommended by the Dietary Guidelines for Americans The book reviews past and ongoing efforts to reduce the sodium content of the food supply and to motivate consumers to change behavior Based on past lessons learned the book makes recommendations for future initiatives It is an excellent resource for federal and state public health officials the processed food and food service industries health care professionals consumer advocacy groups and academic researchers **Jane Brody's Nutrition Book** Jane Brody, Jane E. Brody, 1987 If you are like most people you probably aren't sure what is and what is not good for you and your family to eat Now in her comprehensive accessible landmark bestseller Jane Brody the award winning personal health columnist for The New York Times answers all your urgent questions about nutrition Consumer Sourcebook, 2001

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