

1



Driving uphill

- Stick to lower gear settings.
- Get momentum at the foot of the hill, then ease off at the crest.
- Drive straight up, and avoid angles.

2



Navigating downhill driving

- Stick to existing tracks.
- Push up the throttle, but crawl using low gears.
- Avoid braking.

3



Driving in mud

- Drive as straight as possible.
- Proceed with momentum.
- Avoid too much wheelspin, as it can bog you down.

4



Traversing water

- Enter gently to avoid splashing water.
- Keep the engine cool and avoid straining the engine.
- Reduce speed when climbing out.

5



Off-roading over rocks and ditches

- Cross diagonally and put obstacles.
- Crawl forwards.
- Find an alternative until the obstacle is cleared.

6



Controlling slides

- Don't press the brake or the accelerator to prevent the wheels from locking.
- Steer into the slide.
- Steer away from obstacles.
- Control it at half whenever possible.
- Release the handbrake.
- Carefully release the foot brake.
- Restart the engine.
- Guide the vehicle down the slope.

7



Recovering from stalls on slopes

- Keep the vehicle in gear.
- Smooth the handbrake and footbrake.
- Turn the ignition off.
- Put your vehicle in reverse gear.

**7 Best Practices
for Off-Roading**

1

DON'T GO SOLO

Off-roading can be unpredictable, so having at least one companion to travel with you is safer in emergencies.



3

LOAD YOUR VEHICLE EVENLY

Distribute the weight of your vehicle and equipment evenly to maintain balance and prevent unnecessary strain on the vehicle suspension.



4

SCOUT OBSTACLES ON FOOT

Exit your vehicle and inspect the area on foot to assess the difficulty, and find the best paths and identify any potential hazards.



7

CHOOSE THE RIGHT TIRES

Select off-road tires designed for the specific terrain and conditions you want to take for optimum performance.



2

GET THE RIGHT EQUIPMENT

Ensure you have essential off-roading equipment, a recovery gear, a spare tire, a jack, a shovel, and a first aid kit to prepare for possible contingencies.



5

PICK ROUTES APPROPRIATE FOR YOUR SKILL LEVEL

Gradually progress to more challenging terrains as you gain experience and confidence.



6

AIR DOWN YOUR TIRES

Reduced tire pressure improves traction and grip, which are crucial aspects of safe off-road driving.



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Offroad Driving Techniques

Martin Jooste

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