

The Muscular System

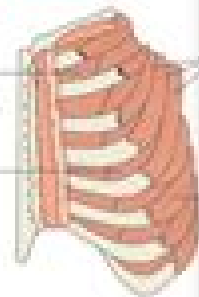
6 page study note

Axial Muscles

MUSCLES OF THE THORAX

Internal intercostals
 - lie deep, posterior to external intercostals
 - flexes ribs posteriorly & inferiorly
 - inspiration

External intercostals
 - most superficial intercostal muscle
 - flexes ribs anteriorly & inferiorly
 - expiring

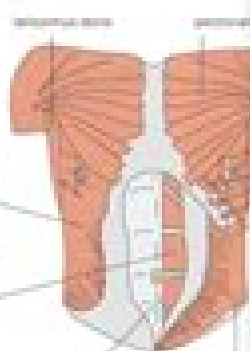


MUSCLES OF THE ABDOMEN

External oblique
 - most superficial of anterolateral abdominal wall
 - flexes ribs anteriorly & inferiorly
 - lateral flexion

Internal oblique
 - flexes ribs posteriorly & inferiorly
 - lateral flexion

Transverse abdominis
 - deepest muscle of anterolateral abdominal wall
 - flexes ribs posteriorly & inferiorly
 - lateral flexion



Axial Muscles

Masseter
 - elevates & protrudes lower jaw
 - chewing

Temporalis
 - elevates & protrudes lower jaw
 - chewing

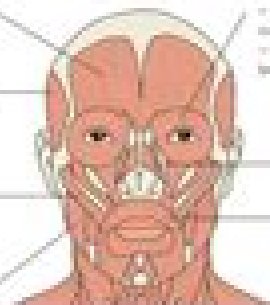
Mylohyoid
 - elevates & protrudes lower jaw
 - chewing

Digastric
 - elevates & protrudes lower jaw
 - chewing

Geniohyoid
 - elevates & protrudes lower jaw
 - chewing

Genioglossus
 - elevates & protrudes lower jaw
 - chewing

FACIAL & NECK MUSCLES

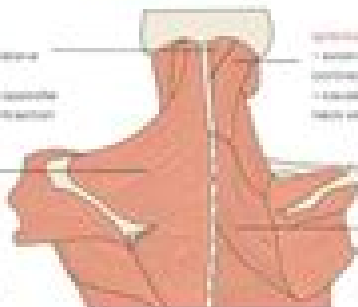


Orbicularis oculi
 - squints eyes
 - forcefully closes eyes when contracted
 - originates on frontal & maxillary foramina

Orbicularis oris
 - compresses mouth
 - enables furling of lips

Platysma
 - depresses mouth
 - enables protruding of tongue
 - originates on maxillary foramen

NECK & BACK MUSCLES



Levator scapulae
 - elevates scapula
 - originates on cervical vertebrae & inserts on scapula

Splenius
 - extends & rotates head
 - originates on cervical vertebrae & inserts on occipital bone

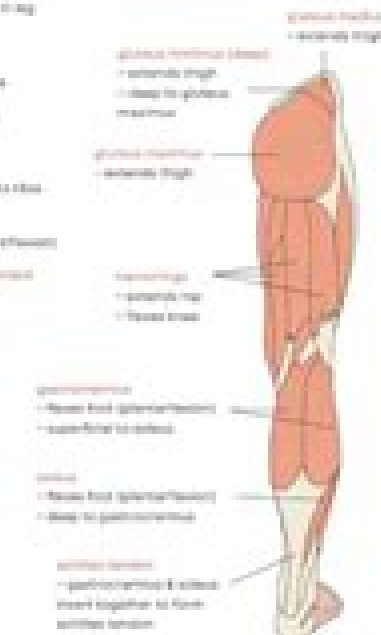
Trapezius
 - extends & rotates head
 - originates on cervical vertebrae & inserts on occipital bone

Lower Limb Muscles

Quick notes:

In correct anatomical terms, "leg" only refers to the region of the lower limb below the knee, while "thigh" refers to the region from the knee to the hip.

POSTERIOR THIGH & LEG MUSCLES



Biceps femoris
 - extends thigh
 - deep to gluteus maximus

Semitendinosus
 - extends thigh

Semimembranosus
 - extends thigh

Gastrocnemius
 - flexes foot
 - plantar flexion

Soleus
 - flexes foot
 - plantar flexion

Plantaris
 - flexes foot
 - plantar flexion

Popliteus
 - flexes foot
 - plantar flexion

Peroneus
 - flexes foot
 - plantar flexion

Tibialis
 - flexes foot
 - plantar flexion

Muscular System Study Guide Answer Sheet

Susan Lang



Muscular System Study Guide Answer Sheet:

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