

FOOD NUTRITION MCQs pdf

FOOD NUTRITION Multiple Choice Questions with Answers :-

1. A substance needed by the body for growth, energy, repair and maintenance is called a _____.

- A. nutrient
- B. carbohydrate
- C. calorie
- D. fatty acid

Ans: A

2. All of the following are nutrients found in food except _____.

- A. plasma
- B. proteins
- C. carbohydrates
- D. vitamins

Ans: A

3. A diet high in saturated fats can be linked to Find which of the following?

- A. kidney failure
- B. bulimia
- C. anorexia
- D. cardiovascular disease

Ans: D

4. Amylases in saliva begin the breakdown of carbohydrates into _____.

- A. fatty acids
- B. polypeptides
- C. amino acids
- D. simple sugars

Ans: D

5. Your body needs vitamins and minerals because _____.

- A. they give the body energy
- B. they help carry out metabolic reactions
- C. they insulate the body's organs
- D. they withdraw heat from the body

Ans: B

6. Food passes through the stomach directly by _____.

- A. the large intestine
- B. the small intestine
- C. the heart
- D. the pancreas

Ans: B

7. About half of your diet should be made up of _____.

- A. grains and vegetables
- B. fruits and milk
- C. milk and cheese
- D. fats and sugars

Ans: A

Multiple Choice Question On Nutritional Status

Connie Will-Black, Judith B. Eighmy

Multiple Choice Question On Nutritional Status:

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Multiple Choice Questions in the Anatomical Sciences for Students of Dentistry B. K.

B. Berkovitz,B. J. Moxham,1977 **Circular - Office of Education** United States. Office of Education,1951 *Lippincott's*

Content Review for NCLEX-RN Diane M. Billings,2008-11-01 Lippincott s Content Review for NCLEX RN provides comprehensive content and Q A review for effective efficient NCLEX RN preparation Written by Diane Billings Ed D RN FAAN a nationally recognized test item writer whose NCLEX preparation books have helped thousands of students pass the exam it is a perfect companion to the best selling Lippincott s Q A Review for NCLEX RN 10th edition and the new Lippincott s NCLEX RN 10 000 Powered by PrepU online adaptive quizzing resource for a complete approach to NCLEX study Organized both by Nursing Topic and Client Needs categories and offering in depth coverage of nursing topics often tested on the exam this comprehensive resource offers An NCLEX overview plus thorough content review in outline format Test taking strategies to help you better prepare for the exam Three 100 question post tests to help you gauge your understanding of important nursing topics More than 3 000 high level practice questions including alternate format questions with a detailed rationale for all correct and incorrect responses A free back of book CD ROM contains additional review questions to complement the text questions Student resources study tips an NCLEX tutorial and much more are available on thePoint com

Health literacy and disease prevention, volume II Sudip Bhattacharya,Ozden Gokdemir,Deep Shikha,Ferdinando Petrazzuoli,Poonam Kushwaha,2024-03-06 This Research Topic is a follow on from the Topic Editors successful volume I The term health literacy was coined by Ratzan et al in the 1970s providing the minimal health education required in schools

however this term is almost new and in the early phase of development Though many attempts have been made in the past to define health literacy WHO construed it as the cognitive and social skills which determine the motivation and ability of individuals to gain access to understand and use information in ways which promote and maintain good health Health literacy not only focuses on the individual behavior oriented communication but also on the various determinants of health such as environmental social and political factors thus it is ahead in the concept of health education If health education methods go beyond the bounds of information diffusion and bring about interaction participation and critical analysis such kind of approach will lead to improved health literacy personal aid and social benefit by enabling adequate community action and contributions to the advancement of social capital

The Social-Ecological Context of Health Literacy Karolina

Kósa, Kevin Dadaczynski, Susie Sykes, Éva Bíró, 2022-06-21 Dental Hygiene Examination Review Book: 1950 multiple choice questions and referenced answers Theodore Edward Bolden, Eugenia L. Mobley, Elzer S. Chandler, 1966 I/G

Nutrition for Living Janet L. Christian, Janet Greger, 1991 **Instructor's Manual to Accompany Applied Nutrition and Diet Therapy** Grace Burtis, 1988 Dental Hygiene Examination Review Book: 2000 multiple choice questions and answers referenced to textbooks and periodicals Theodore Edward Bolden, Eugenia L. Mobley, Elzer S. Chandler, 1973

Evaluation in Health Education and Physical Education Carl E. Willgoose, 1961 **American Journal of Health Promotion**, 2002 Annual Review of Public Health, 1993 **Proceedings of the Nutrition Society**, 1996 Being a Long-Term Care Nursing Assistant Connie Will-Black, Judith B. Eighmy, 2002 For years Being a Long Term Care Nursing Assistant has been a text with a specific emphasis on need to know skills for nursing assistants in long term care facilities Its full color extensively illustrated format and accessible reading level make the text particularly appropriate for today's adult learners Concept themes are reinforced throughout to help students place important concepts into an understandable context Meeting all required curricula as outlined by federal regulators it is the ideal text for certification exam preparation

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Unveiling the Magic of Words: A Report on "**Multiple Choice Question On Nutritional Status**"

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