

# MIGRAINES

EVERYTHING  
YOU NEED TO KNOW  
ABOUT THEIR  
CAUSE AND CURE

ARTHUR ELKIND, M.D.

Foreword by Barbara Lipton, M.D., Ph.D.

# Migraines Everything You Need To Know About Their Cause And Cure

**Dujardin-Beaumetz**

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disadvantages of bipolar disorder are explored and the lives of interesting and outstanding historical and current bipolar individuals are examined *The Headache Cure* Joseph Kandel,David B. Sudderth,2006 Two top neurologists show the millions of chronic headache sufferers how to identify their type of headache and unlock the key to finding safe soothing relief Every year countless people with chronic headaches are misdiagnosed Often they receive medications that exacerbate their problem or they overuse over the counter painkillers risking serious damage to the liver and kidneys The Headache Cure shows sufferers how to identify the real cause of headache pain through self evaluations develop an effective treatment plan to deal with acute headaches and control the triggers that will limit their number and severity *The Lancet* ,1893

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