

The Last Day of School

It was the last day of school and everyone was excited. The teacher, Mrs. Smith, had a surprise for the students. She was going to take them on a field trip! The students were so excited they could hardly sit still. They were singing and dancing around the classroom. Mrs. Smith told them to settle down so she could explain the field trip. Mrs. Smith said that they were going to the zoo. Everyone cheered and shouted with excitement. Mrs. Smith said that they would get to see all sorts of animals and even have a picnic lunch. When they arrived at the zoo, the students were amazed. They had so much to see and do. They saw elephants, tigers, giraffes, and monkeys. They got to feed some of the animals. After the zoo, they had a picnic lunch in the park. The students had a great time and were sad when it was time to go back to school. Mrs. Smith said she would miss them all and hoped they had a great summer. On the way back to school, the students were still excited. They talked about their favorite parts of the day and laughed about all the funny things they saw. When they got back to school, everyone said their goodbyes. They hugged Mrs. Smith and thanked her for a wonderful last day of school. It was a day they would never forget.



1. Read the passage about 'The Last Day of School'
2. Underline each word that you could not read.
3. Circle each word that took you more than 1 try.
4. Answer the follow up questions.

Reading Comprehension Last 90 Days Store Hours

Jessica J Manson



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web plate earthing diagram explained plate earthing is implemented when a plate made up of either copper or galvanized iron gi is buried vertically in the earth

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web include the earthing resistance and the minimum size of the earthing conductor which can be calculated using various methods as part of the design methodology lim s c and al shawesh y 35 proposed a systematic step by step approach for the design of reliable and effective earthing systems for low voltage

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web in the case of a plate earth electrode the earthing of the conductor shall be securely terminated onto the plate with two bolts nuts check nuts and washers in the pipe earth electrode wire type earthing conductor shall be secured using nuts washers bolts and washers and terminating socket

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web various types of earthing are mentioned below plate earthing pipe earthing strip earthing plate earthing the most efficient way of earthing is plate earthing which involves installing a galvanized copper plate 3m deep in

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web plate earthing fig 3 plate earthing for this form of earthing a plate composed of copper or galvanized iron is placed vertically in the ground pit less than three meters above the ground for a more effective electrical grounding system one must maintain the earth's moisture condition surrounding the plate earthing system

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web sep 22 2022 if a copper or an iron plate is used as an earth electrode then this system of earthing is called plate earthing in pakistan both copper as well as iron type earthing plates are used copperplate tends to be 2 feet long 2 feet wide and 1/8 inches thick 600 x 600 x 3 millimeters whereas the size of the iron plate is 2 feet x 2 feet x 1/4 millimeter

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ground typically the earth's conductive surface for safety and functional purposes the choice of earthing system can affect the safety and electromagnetic compatibility of the installation

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web the effectiveness of the plate earthing is based on the types of soil and also depends on how much is deep inside the earth pit the earth for the effectiveness of the plate earthing diagram also depends on the shape and size of the plate like diameter length

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web earthing iee wiring matters autumn 2005 iee.org 21 2 requirements of bs 7671 earth electrodes bs 7671 recognises a wide variety of types of earth electrode regulation 542 02 01 lists the types recognised which include earth rods earth plates and figure 5 tt system figure 6 no earth provided tt system based on 25 mm² tails and

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web jun 11 2021 earthing symbol the diagram of the electrical earthing system is shown below earthing uses whenever there is a leakage in the electric current and due to that the electric earthing or earthing system comes in handy to eliminate the heavy current

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web jul 12 2021 plate earthing in this method as illustrated in fig 1 the earth wire is securely bolted to the earth plate either of copper minimum size 60 cm 60 cm 3 18 mm or of galvanized iron minimum size 60 cm 60 cm 6 35 mm buried in the ground to the depth of 3 m

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web jun 1 2021 the diagram of plate earthing shows a plate electrode which is either made of galvanized iron or steel with a minimum thickness of 6 3 mm or copper with a minimum thickness of 3 15 mm the plate should be at least 60 cm by 60 cm in size the plate is buried in the earth surrounded by alternating layers of charcoal and salt

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web in plate earthing an earthing plate made of copper or g i is buried into the ground at a depth more than 3 metres from the ground level this earthing plate is embedded in an alternative layer of coke and salts strip earthing is used in transmission processes

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web feb 27 2023 plate earthing is a type of electrical earthing in which a metal plate is buried in the ground and connected to the electrical system the plate used for earthing is typically made of copper steel or galvanized iron the size of the plate depends on the type of soil current to be grounded and other factors

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web followed when building the content of sets and the practice the steps outlined below are appropriate for the sets and how those sets fit into the total time frame of a training session will be suggested four usrpt sets for four sessions and two sets per session for the remainder if the swimmers are judged to be adapting well increase

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web usrpt workout 3 sets broken im dryland 1x 1 x 1 stretching 10min warm up 1x 1 x 200 freestyle 2 00 rest after set 1x 15 x 50 im 25 back 25 breast race 200 pace target time 1 4 of your fastest 200 im pace 2 00 0 30 25 back 25 breast race 200 pace target time 1 4 of your fastest 200 im pace

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web feb 7 2014 example of a usrpt set one example of a usrpt set is 50 x 25s with a target time of 12 5 on a 30 second interval this set is not designed for the swimmer to complete all 50 repetitions after the body adjusts to the set about 5 repetitions if the swimmer swims 13 0 seconds on a repetition it is considered a failure

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web usrpt set per session 9 years four sessions per week emphasizing fun and technique two usrpt sets for two sessions and one for each of the other two sessions 10 years five sessions per week emphasizing skills technique and fun two usrpt sets for two sessions and one for each of the other three sessions

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web two example sets are 112 x 25 fs at 200 pace on 30 seconds and within the usrpt set failed and recovery repetitions do not contribute to the total yardage at race pace but successful repetitions after a failed and recovery repetition do silverman 1996 summarized very useful guidelines for developing skilled behaviors within

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web jan 23 2020 type in the sets and intervals and then log it for free warm up 1 x 200 freestyle 8 x 25 kick optional try to keep your full body underwater as you kick breathing every few seconds main set 3x times 4 x 25 freestyle 1 x 50 freestyle cool down 6 x 25 freestyle related 4 week usrpt training plan

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web apr 27 2017 it begins with a warm up and includes preparation to race prior to the main usrpt set the session focuses on the 50 frontcrawl event it begins with a warm up and includes preparation to race prior to the main usrpt set example 50m fc race time 28 5 seconds 15m pace time 28 5 10 2 85 per 5m 15m pace time 2 85 x 3 8 55

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web dec 21 2022 citation 46 this is similar to ar within a usrpt set for example a set is terminated when an individual cannot

sustain the prescribed swimming interval velocity on 2-3 occasions see figure 1 rushall citation 44 suggests that day to day life stressors influence a swimmer's ability during training thus the inclusion of ar within