

This instructions apply to [D001, F001, T001, G001, H001]



User Manual Version 1.1

Introduction

Welcome to use smart watch. This is an APP sports smart watch which helps you track your activity goals.

What's included

- 1 smart watch
- 1 user manual
- 1 charging cable
- 1 instruction (this edition)
- 1 tweezers (10000 edition)

Setting up your smart watch

First, download & install the app (DAKITI TRACK) and create an account to make sure the watch can synchronize the data it collects with the app. The app is where you can set goals, analyze your activities, receive fitness trends and help up with training, and much more.

connecting smart watch through mobile phone

DAKITI TRACK APP supports the operating system of iOS 9.0 and Android 4.4, as well as IOS 12.0 and Android 8.0 is available for more than 100 mobile devices.

1. Turn on Bluetooth on the watch and mobile.

2. Download APP (DAKITI TRACK)



Scanning QR code to install

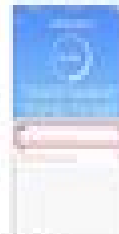


Scanning

3. After install the app, register and log in account according to a series of instructions.

4. Continue following the operation instructions to connect a pair of smart watch to your mobile device. Please make sure that the watch and mobile device can automatically sync each other when they close.

Open APP homepage



Add a new Device/Choose smart watch

5. Select the Bluetooth name smart watch with the designed steps from the list that the watch will show, click to confirm pairing. Then you will see the Bluetooth icon on the left top on the watch is blue and you have connected the Bluetooth. 4. 5.

Charging illustration

charging

Turn the watch over again and attach the charging pins to the magnets that you'll see on the back. The charging time in the watch screen after about 10 charging fully may take 2 hours. You will see the battery icon is full if the watch have been fully charged.

Please insert the charge interface before charging to see that the charging mode mode you make contact in other side.



Functions

1. Screen lock

-On the home page of watch, long press to screen the attention that passes that you are able to set several to choose what you like.

2. Lock key watch

-Adding the key phone to enter into lock key interface that you can set PIN, screen language, background settings, vibration functions, gesture, screen alarm clock, Live photo notification and explore more.



1. Watch face

-While the home page is the right, you can enter the home screen quickly. Or you can enter it from main menu in sport mode. smart watch support different kinds of sports, including indoor running, outdoor running, hiking, climbing, swimming, and more.

2. Heart rate

-Press the heart button on the home page, you will enter the heart rate interface quickly. Or you can enter it from main menu in sport mode. smart watch support different kinds of sports, including indoor running, outdoor running, hiking, climbing, swimming, and more.

3. Stopwatch

-While the home page up, you can click the stop, heart rate, before and duration of the current day. Or you can click the heart rate from sport mode interface.

4. Stopwatch

-While the home page up, you will see in order of performance details: heart rate, barometric pressure, altitude, compass.

While the home page shows you will see in order of performance details: heart rate, barometric pressure, altitude, compass.

5. Compass function

1. Sports mode only supports Bluetooth calling, outdoor or swimming (not use).

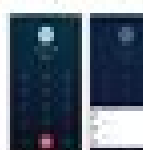
2. There are two methods to support making phone calls when Bluetooth is a two-way communication, the watch can make call from the watch by itself, you can control the phone is around it that by touch method.

1. Turn off the Bluetooth, it is on the quick setting page.

2. Switch the second speaker or phone on the mobile to switch between your watch and your phone during phone calls, perform the following operations:

3. On the call screen of smartphone screen, double-click to make your watch for the call, it is touch screen or touch screen to use your phone for the call.

4. If your watch is in the screen with one color, you can click the screen according to the instructions that also can make or phone phone calls separately (only support 10000 edition).



6. Sleep monitor

-After watch set track your sleep when you're wearing it in sleep. And you can check your sleep details in the app after open the sleep data to app.

7. Screen lock

-After the watch can remote control the mobile camera to take photos.

8. Stopwatch

-While the long is not good for health, you can set the time on the watch or app to remind your to move.

9. Alarm

-You can set the alarm on the watch or app.

10. Stopwatch

-While the watch and phone is under connection:

-Click "Find phone" on the watch, you will hear the phone ring.

-Click "Find device" on APP, you will hear the watch ring.

11. Alarm

1. Ring to make alarm.

2. Distance alarm.

3. Stopwatch alarm.

4. Stopwatch alarm.

5. Stopwatch alarm.

6. Stopwatch alarm.

7. Stopwatch alarm.

8. Stopwatch alarm.

9. Stopwatch alarm.

10. Stopwatch alarm.

12. Alarm

1. Ring to make alarm.

2. Distance alarm.

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4. Stopwatch alarm.

5. Stopwatch alarm.

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10. Stopwatch alarm.

The Specification

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Nike Watch User Manual

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A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the Library of Congress text.

Nike Watch User Manual:

Apple Watch Nike User Guide For Beginners And Seniors PIXEL TECH GUIDE, 2025-12-24 Do you want to make the most out of your Apple Watch Nike Are you ready to transform your fitness journey and unlock the full potential of your device Are you struggling to understand how to get the most out of your Apple Watch s fitness features If you answered yes to any of these questions then this guide is exactly what you need The Apple Watch Nike User Guide for Beginners and Seniors is your one stop solution for mastering your device This comprehensive guide is packed with easy to understand instructions tips and tricks that will help you unlock the full capabilities of your Apple Watch Nike whether you re a complete beginner or a seasoned user looking to maximize its potential What s Inside Step by step instructions on how to set up and customize your Apple Watch Nike How to use the powerful fitness tracking features to stay motivated and reach your goals Expert tips on pairing with Bluetooth devices syncing with apps and using Siri for hands free control Secrets to saving battery life and troubleshooting common issues so you re always ready to go Insights on how to clean and maintain your Apple Watch to keep it looking brand new Why This Guide Will Change Your Apple Watch Experience Unlock Advanced Fitness Features Learn how to track workouts monitor your heart rate set fitness goals and much more turning your Apple Watch into your personal fitness coach Maximize Device Performance Discover the best ways to sync with your iPhone use Apple Pay and streamline notifications all while enhancing your watch s functionality Keep Your Apple Watch in Top Shape Learn how to troubleshoot and maintain your watch so it continues to perform at its best for years to come The Benefits You ll Get Stay On Track with Your Fitness Goals Whether you want to lose weight increase endurance or simply stay active this guide provides everything you need to make the most of your Apple Watch Nike s fitness features Enhance Your Daily Routine Streamline your daily tasks with simple tips on how to customize your watch and stay connected while keeping your hands free Troubleshoot Like a Pro Say goodbye to tech headaches With this guide you ll easily fix any issues that pop up ensuring your watch is always ready to perform A Personalized Experience Learn how to tailor your Apple Watch to suit your specific needs from adjusting the watch face to setting reminders and goals Ready to Master Your Apple Watch Nike Don t let your Apple Watch sit unused in your drawer With this guide you ll harness the full potential of your device and enjoy every moment of your fitness journey Click the Buy Now button and start mastering your Apple Watch Nike today Whether you re a beginner or experienced user this guide is the perfect companion to help you get the most out of your device and achieve your fitness goals Buy Now

IPHONE 15 PRO & IPHONE 15 PRO MAX USER GUIDE JOSE C. STEWART, Master Your iPhone 15 Pro Pro Max Like a True Expert Struggling to understand your new iPhone 15 Pro or Pro Max You re not alone These powerful devices are packed with amazing features but only if you know how to use them This complete step by step manual is your all in one companion to unlock every function master the camera system and personalize your iPhone for smarter faster and more enjoyable use Whether you re setting up for the first time or upgrading from an older model this guide walks you through

every feature with clarity confidence and care With simple explanations real life examples and professional tips this book helps you go from feeling confused to becoming a confident iPhone user who truly understands and enjoys their device Inside This Complete iPhone 15 Pro Pro Max Guide You ll Discover Step by step setup for your new iPhone from unboxing to activation How to safely transfer data from your old device Smart tips for using the new USB C charging port and fast charging Mastering the Dynamic Island and Always On Display Customizing the Action Button for instant shortcuts and tasks Exploring the upgraded A17 Pro chip for performance and gaming Professional photography with 48MP ProRAW and 5x Telephoto Zoom How to shoot stunning 4K videos and edit them like a pro Setting up Apple Pay Face ID and essential security options Boosting battery life and optimizing performance settings Using iCloud AirDrop and Family Sharing effortlessly Hidden gestures and accessibility features for easier control Everyday apps explained such as Mail Messages and Maps Troubleshooting common iPhone issues with ease Exploring Apple Intelligence and AI powered tools Syncing seamlessly across your Apple devices Pro tips for protecting maintaining and upgrading your iPhone The best MagSafe accessories for efficiency and style BONUS Quick reference tables and shortcuts for faster use Why This Guide Stands Out Written in plain English this manual blends clarity practicality and precision making it perfect for beginners seniors and everyday users who want to get the most out of their iPhone 15 Pro or Pro Max without frustration Take control of your device and experience your iPhone like never before Click ORDER NOW and start your journey to mastering your iPhone 15 Pro today

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Translation East and West Cornelia Niekus Moore,Lucy Lower,1992 **Scientific and Technical Aerospace Reports** ,1968 *You've Been Played* Adrian Hon,2022-09-15 How games are being harnessed as instruments of exploitation and what we can do about it Warehouse workers pack boxes while a virtual dragon races across their screen If they beat their colleagues they get an award If not they can be fired Uber presents exhausted drivers with challenges to keep them driving China scores its citizens so they behave well and games with in app purchases use achievements to empty your

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