



**Unlock Mental Performance with Mind
Hacks by Superhuman Habits**

Mind Performance Hacks Mind Performance Hacks

Chris Diamond



Mind Performance Hacks Mind Performance Hacks:

Mind Performance Hacks Ron Hale-Evans, 2006-02-06 You're smart. This book can make you smarter. Mind Performance Hacks provides real life tips and tools for overclocking your brain and becoming a better thinker. In the increasingly frenetic pace of today's information economy, managing your life requires hacking your brain. With this book, you'll cut through the clutter and tune up your brain intentionally, safely, and productively. Grounded in current research and theory but offering practical solutions, you can apply immediately. Mind Performance Hacks is filled with life hacks that teach you to use mnemonic tricks to remember numbers, names, dates, and other flotsam you need to recall. Put down your calculator and perform complex math in your head with your fingers or on the back of a napkin. Spark your creativity with innovative brainstorming methods. Use effective systems to capture new ideas before they get away. Communicate in creative new ways, even using artificial languages. Make better decisions by foreseeing problems and finding surprising solutions. Improve your mental fitness with cool tricks and games. While the hugely successful Mind Hacks showed you how your brain works, Mind Performance Hacks shows you how to make it work better. *Mind Performance Hacks / druk 1* Ron Hale-Evans, 2009-05

Tactische en strategische trucs om de eigen cognitieve vermogens te verbeteren **Mind Performance Hacks** Ron Hale-Evans, 2009-10-28 Mind performance hacks is het boek om je brein te optimaliseren en een betere denker te worden. In het razende tempo van de hedendaagse informatiesamenleving vereist het onder controle houden van je leven het hacken van je brein. Met dit boek baan je je een weg door de chaos en stem je je brein doelbewust veilig en productief af. Het is gebaseerd op moderne onderzoeken en theorieën en biedt praktische oplossingen die je onmiddellijk kunt toepassen. Mind performance hacks is gevuld met hacks die je leren om geheugensteuntjes te gebruiken om nummers, namen, data en andere zaken te herinneren. Je rekenmachine aan de kant te schuiven en complexe wiskunde uit je hoofd met je vingers of op de achterkant van een bierviltje uit te voeren. Je creativiteit aan te wakkeren met innovatieve brainstormmethoden. Doeltreffende systemen te gebruiken voor het vastleggen van nieuwe ideeën voordat je ze vergeet. Te communiceren op creatieve nieuwe manieren, zelfs gebruikmakend van kunsttalen. Betere beslissingen te nemen door problemen te voorzien en met verrassende oplossingen te komen. Je mentale fitheid te verbeteren met coole trucs en spelletjes. Mind performance hacks laat je niet alleen zien hoe je brein werkt, het laat je ook zien hoe je de werking kunt verbeteren. **30 Time Management Tips To**

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other people improve your personal productivity outsource effectively and much more If you do not like this report for whatever reason your money back is guaranteed Grab a copy now **15 Dangerously Mad Projects for the Evil Genius**

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PICAXE Microcontroller Projects for the Evil Genius Ron Hackett,2010-09-05

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with Android smartphones and tablets Easy to find equipment and components are used for all the projects in the book This wickedly inventive guide covers the Android Open Application Development Kit ADK and USB interface and explains how to use them with the basic Arduino platform Methods of communication between Android and Arduino that don't require the ADK including sound Bluetooth and WiFi Ethernet are also discussed An Arduino ADK programming tutorial helps you get started right away Arduino Android Projects for the Evil Genius Contains step by step instructions and helpful illustrations Provides tips for customizing the projects Covers the underlying principles behind the projects Removes the frustration factor all required parts are listed Provides all source code on the book's website Build these and other devious devices Bluetooth robot Android Geiger counter Android controlled light show TV remote Temperature logger Ultrasonic range finder Home automation controller Remote power and lighting control Smart thermostat RFID door lock Signaling flags Delay timer

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101 Spy Gadgets for the Evil Genius 2/E Brad Graham, Kathy McGowan, 2011-10-29 CREATE FIENDISHLY FUN SPY TOOLS AND COUNTERMEASURES Fully updated throughout this wickedly inventive guide is packed with a wide variety of stealthy sleuthing contraptions you can build yourself 101 Spy Gadgets for the Evil Genius Second Edition also shows you how to reclaim your privacy by targeting the very mechanisms that invade your space Find out how to disable several spy devices by hacking easily available appliances into cool tools of your own and even turn the tables on the snoopers by using gadgetry to collect information on them Featuring easy to find inexpensive parts this hands on guide helps you build your skills in working with electronics components and tools while you create an impressive arsenal of spy gear and countermeasures The only limit is your imagination 101 Spy Gadgets for the Evil Genius Second Edition Contains step by step instructions and helpful illustrations Provides tips for customizing the projects Covers the underlying principles behind the projects Removes the frustration factor all required parts are listed Build these and other devious devices Spy camera Infrared light converter Night vision viewer Phone number decoder Phone spammer jammer Telephone voice changer GPS tracking device Laser spy device Remote control hijacker Camera flash taser Portable alarm system Camera trigger hack Repeating camera timer Sound and motion activated cameras Camera zoom extender

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Recycling Projects for the Evil Genius Russel Gehrke, 2010-08-05 Have some thoroughly green evil fun This wickedly inventive guide explains how to create a variety of practical environmentally friendly items you can use for yourself or resell for profit Recycling Projects for the Evil Genius is filled with detailed directions on how to successfully complete each green project and discusses important safety issues Using easy to find components and tools this do it yourself book shows you how to brew up green cleaners transform all types of paper into building materials safety rid your home and yard of pests and much more all on the cheap Recycling Projects for the Evil Genius Features step by step instructions and helpful illustrations Covers essential safety measures Reveals the scientific principles behind the projects Removes the frustration factor all required parts are listed along with sources Make your own green Household cleaners Laundry soap Citrus oil extract Pest and weed control solutions Recycled plastic lumber and landscape blocks Recycled asphalt shingle paver bricks and road patch compound Concrete paper mache blocks garden walls stepping stones and structures Solar powered composter Garden friendly charcoal And more Each fun inexpensive and slightly wicked Evil Genius project includes a detailed list of materials sources for parts schematics and lots of clear well illustrated instructions for easy assembly The larger workbook style layout and convenient two column format make following

the step by step instructions a breeze **The Open Laboratory** Reed A. Cartwright,2008 A collection of fifty three selected blog posts showcasing the quality and diversity of science writing on blogs in 2007 You can see the background story on how the book came about here and order the first 2006 volume here [Holography Projects for the Evil Genius](#) Gavin D J Harper,2010-06-05 Take Your Imagination to Another Dimension This wickedly inventive guide explores the art and science of holography and shows you how to create your own intriguing holograms using inexpensive materials Holography Projects for the Evil Genius explains the tools and techniques you need to know to represent three dimensions on a flat two dimensional plane Using easy to find components and equipment this do it yourself book presents a wide variety of holography projects including science fair ideas that are guaranteed to impress You ll find detailed guidelines and parameters as well as discussions of the theory behind the practice Holography Projects for the Evil Genius Features step by step instructions and helpful illustrations for each project Allows you to customize your projects Includes details on the scientific principles behind the projects Removes the frustration factor all required parts are listed along with sources Enlightening coverage of The history of holography Human vision basics Practical optics How to bend and distort laser light to form a hologram Holographic chemistry Setting up your holography workshop Working with lasers glass plates and film Basic to advanced holographic setups Advanced holographic chemical preparations Computer generated holography Electronic circuits for holographers **Oracle Database 10g Performance Tuning Tips & Techniques** Richard Niemiec,2007-07-16 Offers hundreds of hints tips and tricks of the trade that can be useful to any DBA wanting to achieve maximum performance of Oracle applications No Oracle library would be complete without this book Ken Dr DBA Jacobs Vice President of Product Strategy for Server Technologies Oracle Corporation Rich is the first and last stop for Oracle Database technology and performance tuning His knowledge is a vital tool that you need to successfully negotiate the waters of Oracle database development Mike Frey Principal Architect Navteq

Embracing the Song of Term: An Psychological Symphony within **Mind Performance Hacks Mind Performance Hacks**

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