

The Muscular System

6 page study note

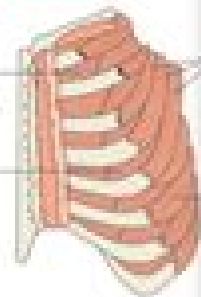
Axial Muscles

MUSCLES OF THE THORAX

Internal intercostals
 - lie deep, posterior to external intercostals
 - flexes ribs posteriorly & inferiorly
 - inspiration

External intercostals

- most superficial intercostal muscle
 - flexes ribs anteriorly & inferiorly
 - flexing between ribs
 - rib inspiration



MUSCLES OF THE ABDOMEN

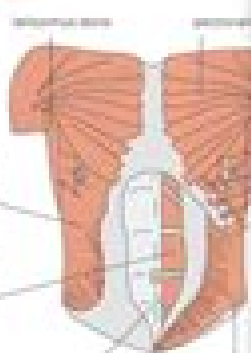
External oblique
 - most superficial of anterolateral abdominal wall
 - flexes ribs anteriorly & inferiorly

Internal oblique
 flexes vertebral column & compresses abdominal wall used in forced expiration

Transverse abdominis
 - flexes ribs & rotation around vertebral column

Rectus abdominis
 - lies on either side of linea alba
 - separated by tendinous intersections

Linea alba
 - line of connective tissue down middle of abdomen for muscle attachment



Axial Muscles

Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
 - flexes wrist

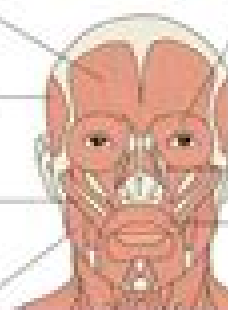
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FACIAL & NECK MUSCLES



Levator palmarum
 - elevates hand
 - flexes wrist

Levator palmarum
 - elevates hand
 - flexes wrist

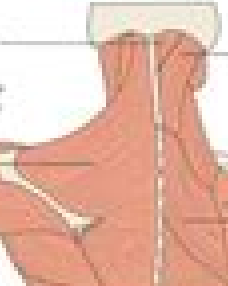
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Levator palmarum
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 - flexes wrist

NECK & BACK MUSCLES



Levator scapulae
 - elevates scapula
 - flexes neck

Levator scapulae
 - elevates scapula
 - flexes neck

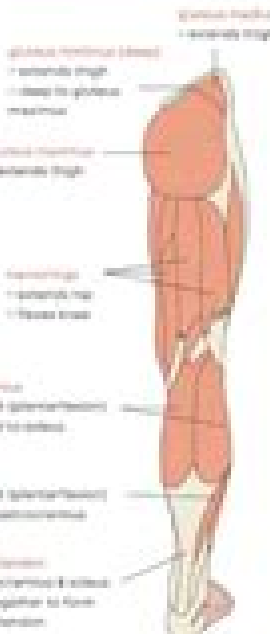
Levator scapulae
 - elevates scapula
 - flexes neck

Lower Limb Muscles

Quick notes:

In correct anatomical terms, "leg" only refers to the region of the lower limb below the knee, while "thigh" refers to the region from the knee to the hip.

POSTERIOR THIGH & LEG MUSCLES



gluteus maximus

gluteus medius

gluteus minimus

gluteus maximus

gluteus medius

gluteus minimus

gluteus maximus

gluteus medius

gluteus minimus

gluteus maximus

gluteus medius

gluteus minimus

gluteus maximus

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gluteus minimus

gluteus maximus

Muscular System Study Guide Answer Sheet

Barbara Herlihy



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