

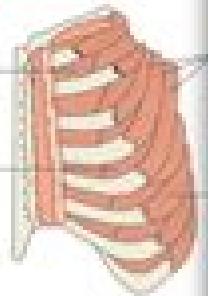
# The Muscular System

6 page study note

## Axial Muscles

### MUSCLES OF THE THORAX

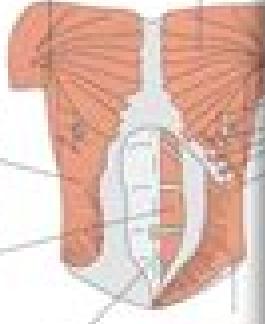
- Intercostal muscles
- External intercostal
- Internal intercostal
- Diaphragm
- External intercostal muscles
- Internal intercostal & external intercostal muscles
- Diaphragm contracts & shortening movement of the rib muscles



### MUSCLES OF THE ABDOMEN

- External oblique
- Rectus abdominis
- Internal oblique
- Transversus abdominis

External oblique



External oblique

- External oblique
- Rectus abdominis
- Internal oblique
- Transversus abdominis

## Axial Muscles

### FRONT & SIDE THORACIC MUSCLES

- Intercostal muscles
- External intercostal

Intercostal muscles

- External intercostal
- Internal intercostal
- Diaphragm
- External intercostal muscles
- Internal intercostal muscles

Intercostal muscles

- External intercostal
- Internal intercostal

External intercostal

- External intercostal
- Internal intercostal
- Diaphragm
- External intercostal muscles
- Internal intercostal muscles

### FRONT & SIDE BACK MUSCLES

- Intercostal muscles
- External intercostal

External intercostal

- External intercostal
- Internal intercostal

External intercostal

- External intercostal
- Internal intercostal
- Diaphragm
- External intercostal muscles
- Internal intercostal muscles

### FRONT & SIDE HEAD & NECK MUSCLES

- Intercostal muscles
- External intercostal

External intercostal

- External intercostal
- Internal intercostal
- Diaphragm
- External intercostal muscles
- Internal intercostal muscles

### FRONT & SIDE HEAD & NECK MUSCLES

- Intercostal muscles
- External intercostal

External intercostal

- External intercostal
- Internal intercostal

External intercostal

- External intercostal
- Internal intercostal
- Diaphragm
- External intercostal muscles
- Internal intercostal muscles

## Lower Limb Muscles

### Quick notes:

In context anatomical terms, "leg" only refers to the region of the lower limb below the knee, while "thigh" refers to the region from the knee to the hip.

### POSTERIOR THIGH & LEG MUSCLES

- Gluteus maximus
- Gluteus medius

Gluteus maximus

- Gluteus medius
- Gluteus minimus

Gluteus minimus

- Tensor fasciae latae

Tensor fasciae latae

- Vastus lateralis
- Vastus medialis

Vastus lateralis

- Vastus medialis
- Vastus intermedius

Vastus intermedius

- Vastus lateralis
- Vastus medialis

Vastus lateralis

- Vastus medialis
- Vastus intermedius

Vastus medialis

Vastus intermedius

Vastus lateralis

Vastus lateralis

Vastus medialis

Vastus medialis

Vastus intermedius

Vastus intermedius

Vastus lateralis

Vastus medialis

Vastus lateralis

Vastus medialis

Vastus intermedius

### FRONT & SIDE THIGH & LEG MUSCLES

- Intercostal muscles
- External intercostal

External intercostal

- External intercostal
- Internal intercostal

External intercostal

- External intercostal
- Internal intercostal
- Diaphragm
- External intercostal muscles
- Internal intercostal muscles

# Muscular System Study Guide Answer Sheet

**Barbara Herlihy**

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