


YOUR NERVOUS SYSTEM

Your nervous system is the master control system of your body. Through your nervous system you coordinate all your body's functions and movements, adapt to stress, sense the world, think, feel and express emotion. Your nervous system keeps you alive and healthy.


YOUR NERVOUS SYSTEM IS:




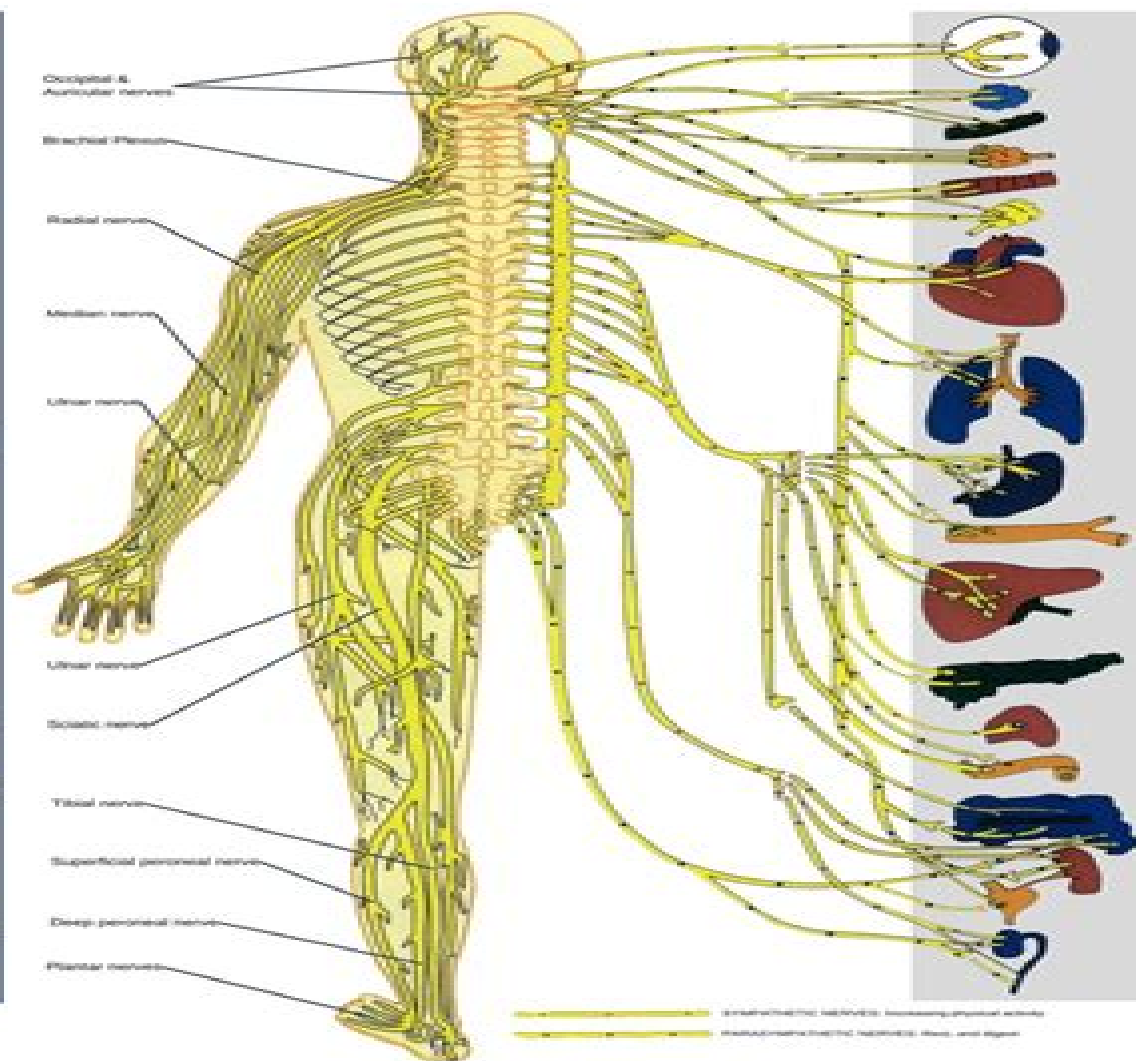
Subluxations:

 are areas of tension, altered motion, or spinal misalignment that can interfere with nervous system function.

 they can affect the functions of your body well before spinal pain or discomfort is noticed.

 research indicates that pressure equal to the weight of a 10c piece can alter the information flow along a nerve by up to 50%.

 Your spine, when moving well, free from subluxations, is central to the optimum health and wellbeing of your body and mind.



EYES
LACRIMAL GLAND
NASAL MUCOSA
SUBMANDIBULAR & SUBLINGUAL GLANDS
ORAL MUCOSA
PAROTID GLAND
HEART
LUNGS
STOMACH
AORTA
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GALL BLADDER
PANCREAS
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SMALL INTESTINE
LARGE INTESTINE
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REPRODUCTIVE ORGANS

Nervous System For Dummies

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Nervous System For Dummies:

Neurobiology For Dummies Frank Amthor, Anne B. Theibert, 2024-08-06 An essential guide to help you demystify the complex topic of neurobiology and jump into this fascinating scientific field Neurobiology is a notoriously difficult subject but *Neurobiology For Dummies* explains the essentials in terms anyone can understand This fun and accessible book covers the fundamentals covering the anatomy physiology and pathology of the nervous system Students in fields like neuroscience and pharmacology will get a complete overview of the molecular and cellular mechanisms of the nervous system making it easier to complete coursework and pass exams in introductory neurobiology courses In this updated edition fresh examples highlight the latest research so you'll be prepared with a current understanding of the science Whatever your ultimate career destination this *Dummies* guide will help you get neurobiology under your belt Get easy to understand explanations of complex topics in neurobiology Understand the latest breakthroughs in neurological disease treatments Learn about the fascinating ways that the brain and body are interconnected Supplement your neurobiology textbook and prepare for your exam This is the perfect resource for students majoring in neuroscience biology cognitive science medicine and beyond With *Neurobiology For Dummies* as a supplement you can sail through any introductory neurobiology course

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deliver real results Start your journey to better health with the vagus nerve for beginners and discover how this remarkable neural pathway can transform your physical and emotional wellbeing **Neurobiology For Dummies** Frank

Amthor,2014-04-14 The approachable comprehensive guide to neurobiology Neurobiology rolls the anatomy physiology and pathology of the nervous system into one complex area of study Neurobiology For Dummies breaks down the specifics of the topic in a fun easy to understand manner The book is perfect for students in a variety of scientific fields ranging from neuroscience and biology to pharmacology health science and more With a complete overview of the molecular and cellular mechanisms of the nervous system this complete resource makes short work of the ins and outs of neurobiology so you can understand the details quickly Dive into this fascinating guide to an even more fascinating subject which takes a step by step approach that naturally builds an understanding of how the nervous system ties into the very essence of human beings and what that means for those working and studying in the field of neuroscience The book includes a complete introduction to the subject of neurobiology Gives you an overview of the human nervous system along with a discussion of how it s similar to that of other animals Discusses various neurological disorders such as strokes Alzheimer s disease Parkinson s disease and schizophrenia Leads you through a point by point approach to describe the science of perception including how we think learn and remember Neurobiology For Dummies is your key to mastering this complex topic and will propel you to a greater understanding that can form the basis of your academic and career success *Neuroscience For Dummies* Frank

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when it comes to knowing what to do They will need to make major decisions while under considerable stress and often in the absence of information This of course is never a winning combination When my big one came it wasn't entirely unexpected I'd had some warning signs but doctors weren't able to predict when or if it would occur One day I was living the life of an international consultant just as likely to find myself in Nairobi as in Washington or Ottawa the next day I was flat on my back in the IC room of the local general hospital I had no idea that this was the first day of my new life or that I would spend the next year of my life in hospital But while my life has completely changed I wouldn't want you to think that it's been only for the worse Far from it I had my stroke twenty years ago and I know that things are better now but I'm not sure that they've improved that much I was fortunate in that I had a very resourceful family but in spite of this I know that they had a great deal of difficulty finding useful information There was a need then and I believe there is a need now for information to be centralized and accessible At the time of my stroke a reasonable amount of medical information was available but it was spread all over the map The amount of available information on stroke recovery however was only minimal Unless one of your caregivers or friends was the sort of person who was curious and went out of his or her way to become involved in your rehabilitation program you were left swimming in a sea of ignorance

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