



# Mcmap Training Guide

**Department of the Navy**



## **Mcmap Training Guide:**

**Baghdad to Fallujah** Brian Van Gorden, 2024-08-26 This is a Marine infantryman's combat memoir from the Invasion of Iraq to the Battle of Fallujah. It chronicles firsthand accounts of war while serving with the most combat-deployed Marine Corps battalion of the Iraq War, the 3rd Battalion 4th Marines. Initially trained as an infantry platoon radio operator and then as a team leader with a scout sniper platoon, Brian Van Gorden portrays the battles that took place in a complex war and the hardships experienced from repeated combat deployments.

**The Marine Corps Martial Arts Program** United States Marine Corps, Marine Corps Reference Publication MCRP 3 02B. The Marine Corps Martial Arts Program (MCMAP) is designed for Marines to review and study techniques after receiving initial training from a certified Marine Corps martial arts instructor or martial arts instructor trainer. It is not designed as a self-study or independent course. The true value of the Marine Corps Martial Arts Program is enhancement to unit training. A properly implemented program can help instill unit esprit de corps and help foster the mental character and physical development of the individual Marine in the unit. This publication guides individual Marines, unit leaders, and martial arts instructors/instructor trainers in the proper tactics, techniques, and procedures for martial arts training. MCRP 3 02B is not intended to replace supervision by appropriate unit leaders and martial arts instruction by qualified instructors. Its role is to ensure standardized execution of tactics, techniques, and procedures throughout the Marine Corps. Although not directive, this publication is intended for use as a reference by all Marines in developing individual and unit martial arts programs. For policy on conducting martial arts training, refer to Marine Corps Order 1500.59, Marine Corps Martial Arts Program (MCMAP). **WARNING:** Techniques described in this manual can cause serious injury or death. Practical application in the training of these techniques will be conducted in strict adherence with training procedures outlined in this manual as well as by conducting a thorough operational risk assessment for all training.

**A Civilian's Guide to the U.S. Military** Barbara Schading, Richard Schading, 2006-12-08. Attention: Learn more about your military now! Does a corporal have to salute a lieutenant or is it the other way around? What are forward-deployed units? Is an armored cow a type of tank or something soldiers eat? Are Polaris missiles dropped from the air or launched from a submarine? If someone calls you a Cat 4, should you be honored or offended? Do you feel lost when it comes to all things military? Sure, you hear things on the news and maybe you know someone who is in the military, but you probably have a hard time fully grasping the acronyms, equipment, and protocol they discuss. That's where *A Civilian's Guide to the U.S. Military* can help. Author Barbara Schading decodes all things military for you. She discusses each branch: Army, Navy, Marines, Air Force, and the Coast Guard in simple terms you can understand. You'll get the background information, an easy-to-read chart showing rank and insignia, and an explanation of the organization of each branch. In addition, the book has extensive glossaries that cover terms, acronyms, slang, and equipment. You'll find an entire chapter that covers special operations forces like the Green Berets, Force Recon, Army Rangers, and more. You'll learn about their specific training missions and history. The book also covers other important aspects of the

military like flag and saluting etiquette military funerals the Tombs of the Unknown the American Legion USO Veterans of Foreign Wars and other groups military law military academies medals and decorations official military music an explanation of the Geneva Convention and a list of resources to help you find more information So the next time you read the paper or talk with a new recruit you don't have to feel lost Become a knowledgeable civilian with the help of A Civilian's Guide to the U S Military

**Letters from Home** Cary Dufour, 2005-02 Parents of adult children around the world will laugh and cry as they share in this Marine Corp Mom's journey through USMC Boot Camp

*The Marine Corps Martial Arts Program (MCMAP) - Full-Size Edition* US Marine Corps, 2025-03-14

*The Official US Marine Corps Martial Arts Program (MCMAP) - Full-Size Edition* United States. Marine Corps, Us Marine Corps, 2017-07-04

FROM BEGINNER TO BLACK BELT Current 2017 edition REPLACES the obsolete Close Combat manuals All new photograph illustrations not the old version with line drawings The ideal foundation for any self defense or close quarters combat CQC training program rigorously designed by the USMC's world class Close Quarters Combat experts to enable anyone of any ability to achieve lethal hand to hand fighting skills easily and rapidly MCMAP takes martial arts from around the world and distills them into an unbeatable combination of core disciplines that will with training repetition and cultivation enable you to defeat any opponent BUILD YOUR WARRIOR ETHOS Full size format BIGGEST edition on Amazon 8.5 x 11 clear detailed print no more tiny text Complete unabridged 270 pages Created trusted by the US Marine Corps fighting troops the tip of the spear in power projection around the world Batteries last hours books last decades Get the print edition ONE MIND ANY WEAPON MCMAP FUNDAMENTALS BREAK FALLS BAYONET TECHNIQUES UPPER BODY STRIKES LOWER BODY STRIKES CHOKES THROWS COUNTERS TO STRIKES COUNTERS TO CHOKES HOLDS UNARMED MANIPULATION ARMED MANIPULATION KNIFE FIGHTING WEAPONS OF OPPORTUNITY GROUND FIGHTING GROUND CHOKES REAP THROWS UNARMED VS HANDHELD WEAPONS FIREARM RETENTION FIREARM DISARMAMENT NECK CRANKS COUNTER PISTOL TECHNIQUES IMPROVISED WEAPONS TRAINING SAFETY WARNING Techniques described in this manual can cause serious injury or death Practical application in the training of these techniques must be conducted in strict adherence with training procedures outlined in this manual PROCEED AT YOUR OWN RISK OVERVIEW The focus of Marine Corps Martial Arts Program MCMAP is the personal development of each Marine in a team framework using a standardized trainable sustainable close combat fighting system As a weapon based system all techniques are integrated with equipment physical challenges and tactics found on the modern battlefield The MCMAP is designed to increase the warfighting capabilities of individual Marines and units enhance Marines self confidence and esprit de corps and foster the warrior ethos in all Marines The MCMAP is a weapon based system rooted in the credo that every Marine is a rifleman and will engage the aggressor from 500 meters to close quarter combat The MCMAP Enhances the Marine Corps capabilities as an elite fighting force Provides basic combative skills for all Marines Applies across the spectrum of violence Strengthens the Marine Corps warrior

ethos The motto of MCMAP best states the essence of the program One mind any weapon This means that every Marine is always armed even without a weapon He is armed with a combat mindset the ability to assess and to act and the knowledge that all Marines can rely on one another The Marine Corps was born during the battles that created this country Drawing upon the experiences of the first Marines we have developed a martial culture unrivaled in the world today This legacy includes not only our fighting prowess but also the character and soul of what makes us unique as Marines Search Amazon for CARLILE MILITARY LIBRARY to find more TOP FLIGHT SQUARED AWAY publications for your professional bookshelf Published in the U S A by CARLILE MEDIA     *2015 MCMAP Publications Combined: USMC Martial Arts Instructor Course Student Outline; Tan, Gray, Green, Brown & Black Belt; Gear List & Log; The High Intensity Tactical Training Methodology & More* ,2019-02-26 Commander s Intent MCMAP is an integrated weapons based system that incorporates the full spectrum of the force continuum on the battlefield and contributes to the mental character and physical development of Marines It is the intent that MCMAP enhances the transformation from civilian to Marine by capitalizing on the zeal of entry level training and developing the Marine ethos in a progressive manner throughout a Marine s career Concept of operations a All Marines regardless of age grade or sex must perform MCMAP qualifications b Commanders shall conduct MCMAP training in accordance with the instructions contained e The prescribed minimum requirements of this Order should not be interpreted as limiting the commander Commanders are encouraged to conduct additional MCMAP training in a progressive safe manner to enhance unit performance and fitness levels of Marines     **Marine Corps Martial Arts Program** Us Marine Corps,2017-07-07 The official USMC Close Quarter Combat handbook Current 2017 edition REPLACES the obsolete Close Combat manuals All new photograph illustrations not the old version with line drawings Operational edition with low profile non reflective cover for use by active service personnel and civilian contractors in the field Full size format biggest edition on Amazon 8 5 x 11 clear detailed print no more tiny text Complete unabridged 270 pages Created and trusted by the US Marine Corps the tip of the spear in power projection around the world Batteries last hours books last decades Get the print edition OVERVIEW The focus of Marine Corps Martial Arts Program MCMAP is the personal development of each Marine in a team framework using a standardized trainable and sustainable close combat fighting system As a weapon based system all techniques are integrated with equipment physical challenges and tactics found on the modern battlefield The MCMAP is designed to increase the warfighting capabilities of individual Marines and units enhance Marines self confidence and esprit de corps and foster the warrior ethos in all Marines The MCMAP is a weapon based system rooted in the credo that every Marine is a rifleman and will engage the aggressor from 500 meters to close quarter combat The MCMAP Enhances the Marine Corps capabilities as an elite fighting force Provides basic combative skills for all Marines Applies across the spectrum of violence Strengthens the Marine Corps warrior ethos The motto of MCMAP best states the essence of the program One mind any weapon This means that every Marine is always armed even without a weapon He is armed with a

combat mindset the ability to assess and to act and the knowledge that all Marines can rely on one another The Marine Corps was born during the battles that created this country Drawing upon the experiences of the first Marines we have developed a martial culture unrivaled in the world today This legacy includes not only our fighting prowess but also the character and soul of what makes us unique as Marines ONE MIND ANY WEAPON MCMAP FUNDAMENTALS BREAK FALLS BAYONET TECHNIQUES UPPER BODY STRIKES LOWER BODY STRIKES CHOKES THROWS COUNTERS TO STRIKES COUNTERS TO CHOKES AND HOLDS UNARMED MANIPULATION ARMED MANIPULATION KNIFE FIGHTING WEAPONS OF OPPORTUNITY GROUND FIGHTING GROUND CHOKES REAP THROWS UNARMED VS HANDHELD WEAPONS FIREARM RETENTION FIREARM DISARMAMENT NECK CRANKS COUNTER PISTOL TECHNIQUES IMPROVISED WEAPONS TRAINING SAFETY This publication supersedes MCRP 3 02B Marine Corps Martial Arts formerly Close Combat dated 18 February 1999 WARNING Techniques described in this manual can cause serious injury or death Practical application in the training of these techniques must be conducted in strict adherence with training procedures outlined in this manual as well as by conducting a thorough operational risk assessment for all training PROCEED AT YOUR OWN RISK Search Amazon for CARLILE MILITARY LIBRARY to find more TOP FLIGHT SQUARED AWAY publications for your professional bookshelf Published in the U S A by CARLILE MEDIA      **Police Psychology and Its Growing Impact on Modern Law**

**Enforcement** Mitchell, Cary L.,Dorian, Edrick H.,2016-09-12 Police psychology has become an integral part of present day police agencies providing support in the areas of personnel assessment individual and organizational intervention consultation and operational assistance Research based resources contribute to those efforts by shedding light on best practices identifying recent research and developments and calling attention to important challenges and growth areas that remain Police Psychology and Its Growing Impact on Modern Law Enforcement emphasizes key elements of police psychology as it relates to current issues and challenges in law enforcement and police agencies Focusing on topics relevant to assessment and evaluation of applicants and incumbent officers clinical intervention and prevention employee wellness and support operational consultation and emerging trends and developments this edited publication is an essential reference source for practicing police psychologists researchers graduate level students and law enforcement executives      The Marine Corps Martial Arts Program United States Marine Corps,2013-06 The focus of Marine Corps Martial Arts Program MCMAP is the personal development of each Marine in a team framework using a standardized trainable and sustainable close combat fighting system As a weapon based system all techniques are integrated with equipment physical challenges and tactics found on the modern battlefield The MCMAP is designed to increase the warfighting capabilities of individual Marines and units enhance Marines self confidence and esprit de corps and foster the warrior ethos in all Marines The MCMAP is a weapon based system rooted in the credo that every Marine is a rifleman and will engage the aggressor from 500 meters to close quarter combat The MCMAP Enhances the Marine Corps capabilities as an elite fighting force Provides

**Training Standards (ITS) System for the Marine Corps Martial Arts Program (MCMAP)** Department of the Navy, 2013-05-16 The references establish the system used to publish all training standards provide policy and assign training responsibilities especially as applied to the Systems Approach to Training SAT ITSs establish the training requirements for all Marines in the same occupational field OccFld Military Occupational Specialty MOS or billet They provide a foundation upon which unit commanders Functional Learning Center FLC directors and distance learning DL developers build training packages for individual Marines as part of unit training plans or formal courses of instruction ITSs represent the skills that contribute to the unit mission as expressed in the Mission Performance Standards MPS Changes to doctrine or force structure or the introduction of new weapons or equipment may necessitate revision of this Order The order further defines the program s Mental and Character Skills and their interdependence with the Physical Skills and provides the basis for standardized instruction The Order also ties the three disciplines together and reinforces the Marine Corps Core Values through repetition and discussion The qualifications for Black Belt Second Degree through Black Belt Sixth Degree are identified for the first time in this Order Martial Arts Instructor MAI and Martial Arts Instructor Trainer MAIT skills include additional tasks that will improve instructor capabilities addressing ORM and other instructional techniques

McRp 3-02b Marine Corps Martial Arts Program (McMap) Headquarters United States Marine Corps, 2017-09-02 The Marine Corps Martial Arts Program MCMAP is a combat system developed by the United States Marine Corps to combine existing and new hand to hand and close quarters combat techniques with morale and team building functions and instruction in the Warrior Ethos The program which began in 2001 trains Marines and U S Navy personnel attached to Marine units in unarmed combat edged weapons weapons of opportunity and rifle and bayonet techniques It also stresses mental and character development including the responsible use of force leadership and teamwork Marine Corps Reference Publication MCRP 3 02B Marine Corps Martial Arts Program MCMAP is designed for Marines to review and study techniques A fully implemented MCMAP program can help instill esprit de corps and help foster the mental character and physical development of the individual Marine in the unit This publication guides individual Marines team leaders and martial arts

instructors instructor trainers in the proper tactics techniques and procedures for US Marine Corps martial arts training

**The Marine Corps Martial Arts Program** UNKNOWN.,2022-11-21 The Marine Corps Martial Arts Program MCMAP is a combat system developed by the United States Marine Corps to combine existing and new hand to hand and close quarters combat techniques with morale and team building functions and instruction in the Warrior Ethos The program which began in 2001 trains Marines and U S Navy personnel attached to Marine units in unarmed combat edged weapons weapons of opportunity and rifle and bayonet techniques It also stresses mental and character development including the responsible use of force leadership and teamwork The program uses an advancement system of colored belts similar to that of most martial arts The different levels of belts are Tan belt the lowest color belt and conducted during entry level training signifies the basic understanding of the mental physical and character disciplines It is the minimum requirement of all Marines with a training time of 27 5 hours and has no prerequisites Recruits receive these belts after completion of a practical application test on all of the basic techniques of the Tan Belt Gray belt is the second belt attained after 25 hours of training It signifies an intermediate understanding of the basic disciplines The Marine must complete the Leading Marines course from the Marine Corps Institute and most instructors will require a report be completed on the Marine Raiders Green belt is the third belt requiring 25 hours of training This belt signifies understanding of the intermediate fundamentals of the different disciplines This is the first belt level in which one can become an instructor which allows him or her to teach tan grey and green belt techniques with the power to award the appropriate belt The prerequisites for this belt include a recommendation from reporting senior Brown belt is the fourth belt level requiring 33 hours of training It introduces Marines to the advanced fundamentals of each discipline In addition as with green belts they may be certified as MAIs and teach tan through brown techniques Prerequisites for this belt include recommendation of reporting senior Black belt 1st degree is the highest belt color and requires 40 hours of supervised training It signifies knowledge of the advanced fundamentals of the different disciplines A 1st degree black belt instructor may teach fundamentals from tan to black belt and award the appropriate belt

**McO 1500.59a Marine Corps Martial Arts Program (McMap)** Commandant Marine Corps,Luc Boudreaux,2022-08-08 The mental moral and physical resiliency of the Marine Corps warfighters will be of utmost importance to the Marine Corps winning battles in future conflicts As a supporting effort to the Marine Corps Physical Fitness Program MCPFP in reference a Marine Corps Martial Arts Program MCMAP aims to strengthen the mental and moral resiliency of individual Marines through realistic combative training warrior ethos studies and physical hardening This Order establishes procedures for effective management of MCMAP More content available at [doguedebordeauxsurvival.com](http://doguedebordeauxsurvival.com)

**Publications Combined: Marine Corps Expeditionary Combat Skills Training (MCECST)** , Marine Corps Expeditionary Combat Skills Training MCECST was originally Chaplain and Religious Program Specialist Expeditionary Skills Training CREST RP and was established in October 1996 at the Field Medical Service School Marine Corps Base Camp



Lejeune renamed Field Medical Training Battalion in 2007 The purpose of MCECST is to train Navy Occupational Specialty NOS B720 in the skills essential for combat survival delivery of religious program support in an expeditionary environment and the several associated technical military tactical and defensive techniques required for duty with the Marine Corps operating forces CONTENT ANNEX A USMC Orientation MCRD HIST 1001 02 03 Marine Corps History MCRD HIST 1004 Rank Structure of the USMC MCRD LDR 1015 Marine Corps Leadership MCRD MGTF 1001 2 3 Mission Organization of USMC MCRD UNIF 1001 02 05 06 Marine Corps Uniforms MCRD UNIF 1003 04 Civilian Attire and Personal Appearance ANNEX B Marine Corps Martial Arts Program MCRD TAN 1001 Apply the Fundamentals of MCMAP MCRD TAN 1002 Execute Punches MCRD TAN 1003 Execute Falls MCRD TAN 1004 Execute Bayonet Techniques MCRD TAN 1005 Execute Upper Body Strikes MCRD TAN 1006 Lower Body Strikes MCRD TAN 1007 Execute Chokes MCRD TAN 1008 Execute Legs Sweeps MCRD TAN 1009 Execute Counters to Strikes MCRD TAN 1010 Counters to Chokes and Holds MCRD TAN 1011 Unarmed Manipulations MCRD TAN 1012 Execute Armed Manipulations MCRD TAN 1013 Execute Knife Techniques ANNEX C Combat Life Saver MCRD MED 1013 14 Treat Heat or Cold Injury ANNEX D Ministry In Combat 2401 ADMN 2002 Manage a Marine Corps Command Religious Program CRP 2401 ADMN 2003 Religions Practices Brief 2401 MED 2005 Religious Ministry Support in a Mass Casualty 2401 OPS 2001 Facilitate Religious Ministry in an Expeditionary Environment 2401 OPS 2002 Memorial Ceremony 2401 PAT 2001 Religious Ministry Team Force Protection MCRD LDR 1001 Personal Assistance MCRD LDR 1007 Operational Culture MCRD LDR 1016 17 19 Combat Leadership MCRD LDR 1018 Combat Operational Stress Control MCRD LDR 1021 22 23 Code of Conduct and Your Rights and Obligations as a Prisoner of War ANNEX E USMC Combat Skills MCRD CBRN 1001 Employ the Field Protective Mask FPM MCRD COMM 1001 Hand and Arm Signals MCRD IND 1002 Camouflage Self and Equipment MCRD IND 1003 Field Sanitation MCRD IND 1004 March Under an Assault Load MCRD PAT 1002 3 Introduction to Basic Map Reading the Lensatic Compass Land Navigation MCRD PAT 1005 Individual Movement Techniques MCT CMBH 1001 02 03 04 Combat Hunter MCT COMM 1002 Limited Visibility Devices MCT COMM 1003 04 Radio Communications MCT DEF 1001 2 Defensive Fundamentals MCT IED 1001 2 Improvised Explosive Devices IED MCT IND 1004 Maintain Sleep Hygiene MCT MOUT 1001 Military Operations on Urban Terrain MCT PAT 1001 3 4 5 Patrolling Fundamentals ANNEX G Rifle Familiarization Marine Corps Reference Publication 3 01A Rifle Marksmanship

**McMap Marine Corps Martial Arts Program** Usmc,2013-12 The Marine Corps Martial Arts Program MCMAP is a combat system developed by the United States Marine Corps to combine existing and new hand to hand and close quarters combat CQC techniques with morale and team building functions and instruction in the Warrior Ethos The program which began in 2001 trains Marines and U S Navy personnel attached to Marine units in unarmed combat edged weapons weapons of opportunity and rifle and bayonet techniques It also stresses mental and character development including the responsible use of force leadership and teamwork The techniques used by MCMAP vary in degrees of lethality

allowing the user to select the most appropriate usually the least amount of force For example a Marine facing a nonviolent but noncompliant subject can use an unarmed restraint to force compliance with minimal damage and pain A more aggressive subject could be met with a choke hold or a strike Lethal force can be used on a subject as a last resort The majority of techniques can be defensive or offensive in use with or without a weapon allowing Marines flexibility in combat and operations other than war such as civil control or humanitarian missions as well as self defense

**Sustaining the Marine Corps Martial Arts Program**, 2005 Close combat is vital to the Marine Corps a service that prides itself on being able to locate close with and destroy the enemy The Marine Corps has adopted many programs designed to dispatch the enemy at close range Unfortunately programs like Close Combat Instruction CCI and the Linear In fighting Neurological override Engagement LINE system did not completely satisfy the Marine Corps needs and were virtually incompatible with other Marine Corps training programs due to their limited focus on unarmed combat only Therefore the Marine Corps Martial Arts Program MCMAP was implemented in the summer of 2000 under the direction of General James L Jones 32nd Commandant of the Marine Corps MCMAP is an integrated synergistic fighting system incorporating mental character and physical disciplines that apply across the entire spectrum of violence MCMAP is a program that offers added value to the Marine Corps both on and off the battlefield It mirrors the Marine Corps ethos and arms Marines with skills knowledge and values that will continue to be useful to them throughout their careers and lives The Martial Arts Center of Excellence should constantly sell the program whether it is to the potential recruit the gunnery sergeant with 15 years of service or the Commandant himself The leaders of the Corps at all levels must be the primary target audience and recognize the value that MCMAP brings to the table Moreover they must require MCMAP participation of themselves and all their Marines Ultimately the Marine Corps needs to reinforce its commitment to this program by implementing requirements that place the program on equal footing as other established programs such as professional military education rifle range and the PFT MCMAP may be short lived unless the Marine Corps does a better job of selling the program to all Marines establishes and enforces overdue requirements and receives the support of senior leadership

**Marine Battle Skills Training (MBST) Handbook**, 1999 **How to Conduct Training - MCTP 8-10B (Formerly MCRP 3-0B)** Us Marine Corps, 2018-09-17

Marine Corps Reference Publication MCRP 3 0B How to Conduct Training provides guidance to assist units on how to conduct Marine Corps training This publication deals primarily with training s implementation phase It also explains how to carry out the fundamental procedures of the unit training program and how to control a period of training using performance to test training methods It is to be used in conjunction with MCRP 3 0A Unit Training Management Guide The appendices are examples of supporting training documents that are used throughout the Marine Corps This publication has been prepared primarily for trainers officers staff NCOs and NCOs at the company level and lower throughout the operating forces It reflects the techniques and procedures that have been developed over the years to improve the overall training effort in the

Marine Corps It may also be used as a reference for instruction in training the trainers

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