

*"A hopeful,  
helpful guide to  
transforming our  
most intimate  
bond"*

—JOHN BRADSHAW—

# OPEN HEARTS

Renewing Relationships & With  
Recovery, Romance & Reality

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# Open Hearts Renewing Relationships With Recovery Romance And Reality

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Laaser**



## **Open Hearts Renewing Relationships With Recovery Romance And Reality:**

*Thirty Days to Hope & Freedom from Sexual Addiction* Milton S. Magness, 2010-12 A concise thirty day guide to healing from sexual addiction

*Mending a Shattered Heart* Stefanie Ph.D. Carnes, 2014-08-12 When your partner betrays what are the first steps to picking up the pieces of your shattered heart Many unsuspecting people wake up every day to discover their loved one the one person whom they are supposed to trust completely has been living a life of lies and deceit because they suffer from a disease sex addiction This is a disease shrouded in secrecy and shame This is your go to guide for what to do when you discover your partner is a sex addict Each chapter is based on frequently asked questions by partners such as Should I Stay or Should I Go Is This Going to Get Better How Do I Set Boundaries and Keep Myself Safe and What Should I Tell the Kids

*Open Hearts* Patrick Carnes, Debra Laaser, Mark Laaser, 1999 Hopeful and helpful guidance on transforming one's most intimate bonds

**Pure Heart** Shellie R. Warren, 2010-09-01 Our culture has twisted and perverted God's most intimate gift sex and sexuality And men are not the only ones who struggle with sexual sin In this frank and disarming book Shellie Warren helps female readers understand and embrace the true purpose and role of sex in their lives Whether single or married women must cope with issues surrounding body image lust adultery sexual addiction porn and more This honest treatment of a hush hush issue will free women to experience forgiveness and renewal Includes a foreword and afterword from XXXchurch founder Craig Gross

**Sex Addiction** Barry Reay, Nina Attwood, Claire Gooder, 2015-08-06 The concept of sex addiction took hold in the 1980s as a product of cultural anxiety Yet despite being essentially mythical sex addiction has to be taken seriously as a phenomenon Its success as a purported malady lay with its medicalization both as a self help movement in terms of self diagnosis and as a rapidly growing industry of therapists treating the new disease The media played a role in its history first with TV the tabloids and the case histories of claimed celebrity victims all helping to popularize the concept and then with the impact of the Internet This book is a critical history of an archetypically modern sexual syndrome Reay Attwood and Gooder argue that this strange history of social opportunism diagnostic amorphism therapeutic self interest and popular cultural endorsement is marked by an essential social conservatism sex addiction has become a convenient term to describe disapproved sex It is a label without explanatory force This book will be essential reading for those interested in sexuality studies contemporary history psychology psychiatry sociology media studies and studies of the Internet It will also be of interest to doctors and therapists currently working in this and related fields

**A Gentle Path Through the 12 Steps and 12 Principles Bundle** Patrick J. Carnes, 2012-07-17 Two book bundle Essential Twelve Step Recovery Guides from renowned author Patrick Carnes Ph.D. It was out of his reverence and respect for the wisdom and therapeutic value of the Twelve Steps that author Patrick Carnes wrote *A Gentle Path through the Twelve Steps* now a recovery classic and self help staple for anyone looking for guidance for life's hardest challenges Hundreds of thousands of people have found in this book a personal portal to the wisdom of the Twelve Steps With updated and expanded

concepts and a focus on the spiritual principles that lead to lifelong growth and fulfillment Carnes new edition invites a fresh generation of readers to the healing and rewarding experience of Twelve Step recovery A Gentle Path through the Twelve Principles outlines twelve guiding principles to help those in recovery These principles have existed among fellowships as a hidden curriculum of fundamental truths about recovery for decade but never before have them been distilled into a succinct set of values that when practiced help each of us to develop an essential skill set for life The principles such universal touchstones for human self realization as acceptance awareness responsibility openness and honesty are concepts that enable a deep inner study and focus to make a new life happen in recovery

**The Unauthorized Guide to Sex and the Church** Carmen Renee Berry,2005 Is it possible to be a Christian and a sexual being Berry traces sexual attitudes and practices in Hebrew culture as presented in the Old Testament through the current issues that confront the church today

A Gentle Path Through the Twelve Principles Patrick Carnes,2012-05-31 A Gentle Path through the Twelve Principles

**Out of the Shadows** Patrick J Carnes,2009-06-21 With the revised information and up to date research Out of the Shadows is the premier work on sex addiction written by a pioneer in its treatment Sex is at the core of our identities And when it becomes a compulsion it can unravel our lives Out of the Shadows is the premier work on this disorder written by a pioneer in its treatment Revised and updated to include the latest research and to address the exploding phenomenon of cybersex addiction this third edition identifies the danger signs explains the dynamics and describes the consequences of sexual addiction and dependency With practical wisdom and spiritual clarity it points the way out of the shadows of sexual compulsion and back into the light and fullness of life

Addicted to Love Stephen Arterburn,2001-08-01

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