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Mastering Bach Flower Therapies Mechthild Scheffer, 1996-07 A practical guide to administering Bach flower therapy

Bach Flower Therapy Mechthild Scheffer, 1990 Dr Edward Bach discovered 38 flower remedies e g heather gentian elm crab apple etc which when taken work on both the emotional and physical level [Bach Flowers for Crisis Care](#) Mechthild Scheffer, 2009-10-09 Bach Flower remedies for managing psychological and emotional crises Presents 50 case studies of common crisis situations from divorce to losing one's job or the death of a loved one and the Bach Flower remedies used to provide relief Shows how Bach Flower remedies offer a means to transform a crisis into an opportunity for growth The fast paced tempo of modern life has eroded many of the traditional support systems used by our ancestors for aid in a crisis Individuals are often left feeling powerless in such highly stressful situations as divorce moving generation gap issues losing one's job and the death of a loved one In Bach Flowers for Crisis Care Mechthild Scheffer examines 50 common life crises and how the 38 Bach Flower remedies can be used to turn these situations into opportunities for growth Bach Flowers create a therapeutic connection between the material and the spiritual domains of life helping us access the inner guidance needed to navigate through a crisis Each of the 38 flower remedies supports a different aspect of the psychic potential of human nature Gentian the belief flower promotes optimism Holly the heart opening flower promotes an understanding of others Honeysuckle the past flower helps us move forward without holding on to the past White Chestnut the thought flower promotes clear thinking Each remedy offers its own spiritual orientation and guidance as well as healing for the body In the

detailed appendix that lists the strengths and benefits of each flower the author shows you how to create personalized remedies that address your current condition for maximum self treatment and transform a crisis into a real opportunity for growth **The Healing Bouquet** Vinton McCabe,2009-05-12 In **The Healing Bouquet** Vinton McCabe restores Edward Bach to his rightful position as a practitioner of homeopathic philosophy and writes about the remedies and their uses from the context of homeopathic medicine This comprehensive book offers its readers an in depth understanding of the nature of Bach s remedies and their myriad uses More important he gives a colorful character portrait for each of the remedies portraits created with insight humor and an understanding of human emotions and behaviors that will allow you to identify yourself your family friends and co workers within its pages ***The Healing Bouquet (Volume 2 of 2) (EasyRead Comfort Edition)*** ,

The Healing Bouquet (Volume 4 of 4) (EasyRead Super Large 24pt Edition) , ***Keys to the Soul*** Mechthild Scheffer,1998 Mechthild Scheffer is an internationally renowned expert on Bach flower therapy and her work has helped to make Bach flower therapy more suitable for doctors therapists and lay use alike ***All Women Are Healers*** Diane Stein,2011-03-02 By the study experimentation and practice of natural healing women are changing and charting the future of health care Despite heavy resistance or lack of recognition from patriarchal medicine they are nevertheless making positive changes that will continue and increase Women s emphasis on one to one work practiced in mutual agreement and participation is very different from mechanized and big money medicine and has results and successes far beyond expectations The emphasis on self healing returns health care to the consumer to women s lives and bodies for the first time in centuries The medical system cannot control a movement held in the hands of women though it may try Women are taking control again of healing our daughter right for the first time since the matriarchies and the Inquisition from the Introduction

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