

DOG WALKER RESUME

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Summary

High-energy, reliable individual with 5+ years' experience as a Dog Walker. Proven a solid background in establishing rapport with clients and building trustworthy relationships with furry friends. Offer a strong commitment to delivering high-quality customer service, patience, communication, organization, empathy, and knowledge of animal care. Recognized for maintaining an ethical and responsible demeanor.

Professional Experience

Head Dog Walker / Office Manager

August 2020 - Present

SUPREME'S PAWS OF JOY DOG WALKING SERVICE, Los Angeles, CA

- Perform basic office activities, contact clients to schedule dog-walking appointments, collect on-delivery payments, and manage and process payments worth over \$2,500 per month
- Maintain a portfolio of approximately 20 clients per week and communicate with owners regarding their dogs' behaviors and emotional responses to daily walks
- Walk, cleaning, feed, and administer medication for 20-25 dogs for clients twice a day for 5 consecutive days per week
- Promptly respond to email and text messages from clients and business owners to ensure walking activities are accurately coordinated and special requests are addressed
- Always ensure the physical safety of dog clients and other animals and humans during walks

Dog Walker

July 2017 - August 2020

WEST LOS ANGELES ANIMAL SHELTER, Los Angeles, CA

- Facilitated adoption and foster visits for available animals, matched and accepted animals, and provided information and education to the public
- Scheduled up to 240 walking sessions per week for 100+ dogs of all types of breeds for full-time and part-time dog walkers
- Walked 15-25 dogs per day as needed for their regular exercise and care, monitoring and reporting their behaviors to the shelter's head veterinarian
- Adhered to all local leash and curb ordinances, and reported potential violations and situations to the shelter's manager or lead coordinator
- Maintained discipline in cleaning up after dogs in the facility and during walks, and assisted with answering phones and handling as needed

Education

Associate in Science in Veterinary Technology

May 2022

(GPA: 3.8/4.0)

Los Angeles Pierce College, Los Angeles, CA

Certificate by the International Association of Professional Dog Walkers

Jan 2020

IAP Career College (Online 6-Week Course)

Additional Skills

- Animal first aid, animal CPR, office management, record management, animal behavior modification, fluent in English and Spanish

Resume Template Walking Workout This Month

Elaine LaLanne, Richard Benyo



Resume Template Walking Workout This Month:

Client-Centered Exercise Prescription John C. Griffin, 2015-01-21 *Client Centered Exercise Prescription Third Edition* With Web Resource emphasizes a personalized approach to exercise in which unique programs meet the interests and needs of individual clients. This resource will help you to prescribe exercise and guide clients in adopting enjoying and maintaining active lifestyles. *Client Centered Exercise Prescription Third Edition* expands the role of the fitness professional from simple exercise prescription to include activity counseling design modification exercise demonstration functionally integrated exercise injury prevention and follow up monitoring for a variety of clients. Central to the book are seven client centered models for each major fitness component that serve as a template of options for each decision in the prescription process: activity counseling, musculoskeletal exercise design, exercise demonstration, cardiovascular exercise prescription, resistance training prescription, muscle balance and flexibility prescription, and weight management prescription. The text explains the vital role that functionally integrated exercise plays in improving performance and maintaining musculoskeletal health and teaches how to recognize muscle imbalance and prevent complications. Fitness professionals will learn to make informed client centered decisions and address the following issues: Establishing rapport and increasing adherence by prescribing exercise programs that match clients' desires, needs, and lifestyles; Understanding clients' unique psychological needs and using that information to keep them motivated; Monitoring clients' needs both as they are originally presented and as they evolve over time; Applying strategies for treating and preventing overuse injuries so that clients avoid injury and frustration thereby avoiding withdrawal from the program; Addressing the unique considerations of aging clients including musculoskeletal conditions and functional mobility. The third edition of *Client Centered Exercise Prescription* retains the client centered approach of previous editions, offering simulated initial interviews with clients, teaching cues for demonstration, sample sessions, and sample counseling dialogue. The text also features numerous updates: More than 40 reproducible forms included in the text and duplicated in printable format in the web resource that can be shared with clients; Applied exercise prescription worksheets that facilitate the flow from the prescription models to the prescription card; Three new chapters on exercise prescription for aging adults that offer specific exercise recommendations for this growing demographic; Expanded sections on applied nutrition, reliable field tests, safety, and referrals; and a unique biomechanical approach to exercise modifications and functional progressions. Five new case studies and other updated case studies that allow you to grasp how the material may be used in practice. Theory to Application sidebars, numerous photos, and chapter summaries that will engage you and help you find the most relevant information. Using reliable field tests, practical nutrition guidelines, and applied exercise physiology concepts, this text will help both professionals and students better serve their current and future clients. Candidates preparing for certification exams including the Canadian Society for Exercise Physiology Certified Personal Trainer (CSEP CPT) exam will find comprehensive treatment of the theory and applications.

covering the competencies required before entering the field Practical examples applied models and scientific knowledge also make the text accessible to undergraduate students in fitness exercise science and health promotion programs

Therapeutic Exercise for Children with Developmental Disabilities Barbara H. Connolly, Patricia Montgomery, 2024-06-01 Therapeutic Exercise for Children With Developmental Disabilities has been expanded and updated to include everything a student or professional needs to know when working with children with developmental disabilities Continuing the emphasis on evidence based practice from the previous editions this comprehensive Fourth Edition enhances critical thinking and evaluation skills Throughout the course of the text Drs Barbara H Connolly and Patricia C Montgomery present case studies of 5 children with various developmental disabilities to bring a problem solving approach to each individual chapter topic The case studies include 2 two children with cerebral palsy GMFCS Levels I and V a child with myelomeningocele a child with Down syndrome and a child with developmental coordination disorder and attention deficit hyperactivity disorder Each chapter s examination evaluation and intervention recommendations are accompanied by specific treatment objectives and therapeutic activities plus a companion website with 17 videos which contains 90 minutes of content to illustrate concepts Recent research and clinical recommendations as well as related references are also provided in each chapter This Fourth Edition utilizes the American Physical Therapy Association s Guide to Physical Therapist Practice 3 0 and the World Health Organization s International Classification of Functioning Disability and Health Children and Youth as its framework The focus of the chapters is on children s participation and empowerment rather than body function and structure Examples of new and updated topics in the Fourth Edition Practice in the NICU Early mobility strategies Communication strategies with children and families Aquatic therapy Upper extremity constraint induced therapy Mirror therapy Lower extremity treadmill training With helpful videos informative figures and compelling case studies Therapeutic Exercise for Children With Developmental Disabilities Fourth Edition is the perfect resource for both students and practicing clinicians

Life Skills Curriculum: ARISE Four Wheel Drive for the Mind, Book 3: Networking, Jobs & Money (Instructor's Manual) ARISE Foundation Staff, 2011-07 ARISE Four Wheel Drive Networking Jobs and Money is brimming with old fashioned budgeting skills that help students practice making sound financial decisions Topics include opening a bank account building a support system networking interviewing finding a job and many more **Running Times** , 2008-05 Running Times magazine explores training from the perspective of top athletes coaches and scientists rates and profiles elite runners and provides stories and commentary reflecting the dedicated runner s worldview **The Monthly C.T.C. Gazette' and Official Record** , 1896 **Runner's World** , 2006-11 Runner s World magazine aims to help runners achieve their personal health fitness and performance goals and to inspire them with vivid memorable storytelling *The North-western Monthly* , 1897 **Life of Man on the High Alps** Angelo Mosso, 1898 Analyse Chapter 23 The new observatory and alpine station on Monte Rosa Regina Margherita **Kanza Spirit** , 2002 Running for Fitness Sebastian

Coe, Peter Coe, 1983 **Good Words and Sunday Magazine** Norman Macleod, Donald Macleod, Hartley Aspden, 1879

The Health-lift Reduced to a Science Health-Lift Company (New York, N.Y.), 1876 **Dynastride!** Elaine LaLanne, Richard Benyo, 1988 Walking is one of the easiest most beneficial forms of exercise Now you can follow the author's program specifically designed for people over 50 Transactions of the American Orthopedic Association American Orthopaedic Association, 1894 Nursing Interventions Gloria M. Bulechek, Joanne McCloskey Dochterman, 1999 The new edition of this AJN Book of the Year provides in depth research based discussions of the major interventions from the Nursing Interventions Classification NIC along with the associated NANDA Diagnoses and Nursing Outcomes Classification NOC for each intervention Mind and Body, 1900 **The Poultry Monthly**, 1880 **Outlook** Alfred Emanuel Smith, Francis Walton, 1879 **Geriatric Physical Therapy** Andrew A. Guccione, 2000 This valued resource for physical therapists provides a comprehensive overview of geriatric physical therapy for physical therapy students as well as practitioners Thoroughly revised and updated it provides the latest information on geriatric health care such as managed care Medicare Medicaid reimbursement issues conservative pain management techniques pharmacology and new material on home care osteoarthritis nutrition and family issues It includes five new chapters Ventilation and Respiratory Dysfunction in the Older Adult Strength Training in the Elderly Functional Training in the Community Incontinence and Prosthetics Shows application of concepts and encourage critical thinking by blending theory with real case examples Ensures compatibility of the text with the typical educational experience of the physical therapist and prepares the physical therapist for practice by using standard APTA terminology as expressed in the APTA document A Description of Physical Therapist Patient Management Parts I and II Gives student and clinician enough depth to understand processes and procedures with its scientific approach and extensive referencing *Ainslie's Complete Guide to Thoroughbred Racing* Tom Ainslie, 1979

Unveiling the Power of Verbal Beauty: An Emotional Sojourn through **Resume Template Walking Workout This Month**

In a global inundated with displays and the cacophony of immediate interaction, the profound energy and emotional resonance of verbal art usually diminish in to obscurity, eclipsed by the regular onslaught of sound and distractions. Yet, located within the lyrical pages of **Resume Template Walking Workout This Month**, a interesting work of literary brilliance that pulses with organic feelings, lies an memorable trip waiting to be embarked upon. Composed by a virtuoso wordsmith, that enchanting opus books viewers on a psychological odyssey, softly revealing the latent potential and profound influence stuck within the delicate internet of language. Within the heart-wrenching expanse with this evocative evaluation, we will embark upon an introspective exploration of the book is central subjects, dissect their captivating publishing style, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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