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Jianjun Gao

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Naval Military Personnel Manual United States. Bureau of Naval Personnel,1991 Naval Military Personnel Manual United States. Naval Military Personnel Command,1990 *Assessing Readiness in Military Women* Committee on Body Composition, Nutrition, and Health of Military Women,Food and Nutrition Board,Institute of Medicine,1998-01-15 U S military personnel are required to adhere to standards of body composition fitness and appearance to achieve and maintain readiness that is the maintenance of optimum health and performance so they are ready for deployment at any moment In 1992 the Committee on Military Nutrition Research reviewed the existing standards and found among other things that the standards for body composition required for women to achieve an appearance goal seemed to conflict with those necessary to ensure the ability to perform many types of military tasks This report addresses that conflict and reviews and makes recommendations about current policies governing body composition and fitness as well as postpartum return to duty standards Military Recommended Dietary Allowances and physical activity and nutritional practices of military women to determine their individual and collective impact on the health fitness and readiness of active duty women *Officers Physical Training Manual*, Eleventh Naval District, San Diego, California United States. Navy. Naval District, 11th,1946

The Bluejackets' Manual ,1946 *Sensitivity and Specificity of Selected Methods of Assessing Body Composition* Gina Long,1997 **The Bluejackets' Manual** Ridley McLean,1944 **Military Medicine** ,1998 **Military Law Reporter** ,1991 **Journal of Health, Physical Education, Recreation** ,1943 Government Reference Books ,1990 **The Journal of Health and Physical Education** ,1944 *U.S. Naval Aerospace Physiologist's Manual* Vita R. West,1972 **The United States Government manual 1993/94** ,1973 *The Physical Educator* ,1940 *Government Reports Annual Index* ,1986 *The United States Government manual 1994/95* ,1973 *The United States Government manual 1991/92 | publ. 1991* ,1973 **Administration & Management** ,1986 **The United States Government Manual, 1992-93** National Office Of The Federal Reg,United States,1992-10

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