

The background of the cover is a dark, deep purple. It features several bright, horizontal streaks of light that appear to be moving from left to right. These streaks are primarily white and light purple, with some orange and red hues. The streaks are blurred, giving a sense of motion and speed. In the upper left, there are two small, bright, star-like points of light. The overall effect is one of dynamic energy and forward movement.

MENTALIZATION-BASED GROUP THERAPY (MBT-G)

A theoretical, clinical, and research manual

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