

PCT Cheat Sheet

Login Instructions

- PCC (Point Click Care)
- Home
- Clinical
 - Modules
 - Emar
- TAR

To edit assignment:

- Select shift time
- Assignment location
Prescott S1 = Odds; S2 = Evens



Don't Do

- Pack wounds
- PMU
- Pain & norton
- Medications
- Can do blood sugar (nurses typically do)
 - No insulin
- Tracheostomy care
 - No suctioning
 - Only can assess neck area
- Skilled notes
 - Instead take vitals
- I & O's (CNA take)
 - Record from book
- A & D (CNAs apply)
- Don't forget to hit SAVE

Other

Abbreviations & Notes

- ABD pad = combine pad
- BID = two times a day
- Binax test = 3/4 inch, 5 circles each nostril, 15 minutes
- Bladder retraining = bathroom every 2 hours
- Bowel sounds = inspection, auscultation, percussion, and palpation (four quadrants)
- CSM = circulation sensation movement
- Fall ez mats = foam mats for floor
- Foam border = mepilex
- Foley catheter care = warm soapy water clean catheter and peri area
- I & O's = input & outputs
- NS = normal saline
- NWB = non weight bearing
- REF = Refused
- Respiratory assessment = observe respiratory rate for one full minute, listen to lungs anterior then posterior, obtain O2, note room air or number of liters of oxygen & assess SOB
 - Crackles = Fine, short, interrupted cracking
 - Diminished = difficult to hear (common with COPD)
 - Normal = sound like air
 - Rhonchi = low-pitched, coarse, gurgling, harsh
 - Stridor = harsh, vibratory sound
 - Wheeze = high-pitched, squeaky musical sounds
- Skilled notes = vitals
- SOB = shortness of breath
- Split sponge for tracheostomy or g tube = trach drain sponge
- S/S = signs/ symptoms
- Thick = thickened liquids
- TOL = tolerate
- OOB = out of bed
- WBAT = weight barring as tolerated

Pct Study Guide And Answer Sheet

N Colangelo

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- Chapter 1: Introduction to Pct Study Guide And Answer Sheet
- Chapter 2: Essential Elements of Pct Study Guide And Answer Sheet
- Chapter 3: Pct Study Guide And Answer Sheet in Everyday Life
- Chapter 4: Pct Study Guide And Answer Sheet in Specific Contexts
- Chapter 5: Conclusion

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