

Morning Routine



hydrate



self care



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detox juice



healthy breakfast



10 minute stretch



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go out for fresh air

Morning Routine Update

William J. O'Neil, Matthew Galgani

Morning Routine Update:

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Anyone Can Learn to Invest Wisely With This Bestselling Investment System Through every type of market William J O'Neil's national bestseller How to Make Money in Stocks has shown over 2 million investors the secrets to successful investing O'Neil's powerful CAN SLIM Investing System a proven seven step process for minimizing risk and maximizing gains has influenced generations of investors Based on a major study of all the greatest stock market winners from 1880 to 2009 this expanded edition gives you Proven techniques for building stocks before they make big price gains Tips on picking the best stocks mutual funds and ETFs to maximize your gains 100 new charts to help you spot today's profitable trends Strategies to help you avoid the most common investor mistakes The CAN SLIM Investing System The American Association of Individual Investors 12 year study of over 50 leading investment strategies found O'Neil's CAN SLIM System to be the top performing strategy CAN SLIM produced 2 763 3% over the 12

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