

# one simple idea

HOW POSITIVE THINKING  
RESHAPE MODERN LIFE

MITCH HOROWITZ



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# One Simple Idea How Positive Thinking Reshaped Modern Life

**Mitch Horowitz**



## **One Simple Idea How Positive Thinking Reshaped Modern Life:**

**One Simple Idea** Mitch Horowitz, 2014-01-07 From the millions strong audiences of Oprah and The Secret to the mass media ministries of evangelical figures like Joel Osteen and T D Jakes to the motivational bestsellers and New Age seminars to the twelve step programs and support groups of the recovery movement and to the rise of positive psychology and stress reduction therapies this idea to think positively is metaphysics morphed into mass belief This is the biography of that belief No one has yet written a serious and broad ranging treatment and history of the positive thinking movement Until now For all its influence across popular culture religion politics and medicine this psycho spiritual movement remains a maligned and misunderstood force in modern life Its roots are unseen and its long range impact is unacknowledged It is often considered a cotton candy theology for New Agers and self help junkies In response One Simple Idea corrects several historical

misconceptions about the positive thinking movement and introduces us to a number of colorful and dramatic personalities including Napoleon Hill and Norman Vincent Peale whose books and influence have touched the lives of tens of millions across the world **The Power Of Positivity** Davies Guttman, 2014-06-04 Do you think you can make a difference to your own life just by changing the way you think Your answer to this might just tell you something about your own view of the world and your receptiveness to positive thinking But it is a topic worth keeping an open mind on and it does warrant further investigation and scrutiny There is a large body of published work on the subject and this collection draws on some it and point up a lot of other ideas and sources It also views the scientific evidence for the principles and the practical outcomes that some people appear to have extracted from using the concept You can make your own mind up on how useful and genuine this all is If you feel your life is going nowhere what have you got to lose

The Success Bible Sun Tzu, Henry David Thoreau, Ralph Waldo Emerson, Napoleon Hill, Florence Scovel Shinn, Niccolò Machiavelli, Khalil Gibran, Dale Carnegie, Wallace D. Wattles, James Allen, Norman Vincent Peale, 2025-07-08 SUCCESS IS NOT WHAT HAPPENS TO YOU IT IS THE MEANING AND EXCELLENCE YOU BRING TO EACH TASK In this vivifying omnibus historian and popular voice of esoteric spirituality Mitch Horowitz abridges and introduces nearly forty world classics of inspiration motivation and successful living From The Art of War and The Prince to The Power of Your Subconscious Mind and The Magic of Believing readers will discover time hallowed methods of powerful living that honor traits of nobility and selfhood versus sneakiness and avarice The many books in this collection each introduced by Mitch offer not sentimentality or myopia but hard won and realistic guidance for life as it is not as we idealize it Mitch opens the collection with his provocative 101 Rules of Effective Living each worthy of a chapter in itself I have no idea whether nice guys finish first last or not at all Mitch writes in the preface But I do know that honor is what builds powerful not forceful individuals and sound communities and companies without which nothing can thrive I believe this book places the motivated querent on the path to both Features Joseph Murphy Neville Goddard Norman Vincent Peale James Allen Sun Tzu Niccol Machiavelli Henry David Thoreau Ralph Waldo Emerson Napoleon Hill Florence

Scovel Shinn Khalil Gibran Dale Carnegie Wallace D Wattles James Allen Andrew Carnegie and more **Awaken the Power Within** Albert Amao,2018-06-05 The 12 billion self help industry is under constant attack for pedaling false miracles to duped believers But sociologist Albert Amao demonstrates that Americans eagerly support self help books seminars and programs because under the right conditions these things work Sociologist Albert Amao analyzes the accuracy of self help and positive thinking claims in this groundbreaking and wholly unexpected exploration of what works what doesn't and why Regarding my personal experience Amao writes I can testify that positive thinking and positive action have worked wonderfully for me Born in a poor Latin American country into a very impoverished family with both parents practically illiterate I was the oldest of five children I started working when I was six years old shining shoes and selling newspapers to help my family Nobody then would have believed that I would be able to finish high school Nevertheless I was able to do it going to night school which allowed me to be admitted at the San Marcos University in Lima to get my Ph D in sociology All these things were possible because when I was teenager I had access to New Thought or positive thinking philosophy Contrary to the critics who blithely dismiss self help methods or the New Age gurus who sell it them as miracles Amao writing with sobriety scholarship and drawing on deep personal experience explores the conditions under which self help is authentic **The Power of Faith (Condensed Classics)** Norman Vincent Peale,Mitch Horowitz,2020-03-24 A condensation of one of the most psychologically penetrating books by the world famous author of The Power of Positive Thinking Spiritual scholar Mitch Horowitz condenses Peale's 1940 work to its essentials and provides a new historical introduction that highlights the bestselling minister's contributions to modern life Selfie Will Storr,2017-06-15 Fascinating Guardian Brilliant Evening Standard Electrifying Financial Times So interesting I literally couldn't put it down Sunday Times We are living in an age of heightened individualism Success is a personal responsibility Our culture tells us that to succeed is to be slim rich happy extroverted popular flawless The pressure to conform to this ideal has changed who we are We have become self obsessed And our expectation of perfection comes at a cost Millions are suffering under the torture of this impossible fantasy It was not always like this To explain how we got here Will Storr takes us on a journey across continents and centuries Full of thrilling and unexpected connections between history psychology economics neuroscience and more Selfie is an unforgettable book that makes sense of who we have become **A Modern Approach to Think and Grow Rich** Mitch Horowitz,2021-01-06 Maybe you're familiar with Napoleon Hill's legendary success program Think and Grow Rich but never read the book Or maybe you've read the book and still feel as though you have questions that need answers In this short penetrating work Mitch Horowitz demonstrates exactly how this program and its techniques can serve as agents for radical improvement and seismic change in your life As a chronicler of metaphysical experience Mitch explores the foundational ideas behind Think and Grow Rich in a very systematic way He examines how to maximize the program's impact and put its ideas into immediate and lifelong practice for a more enriching and meaningful existence If Hill's program hasn't

worked for you before Mitch's tools will help you succeed And if you're new to it this book will open you up to the program's highest possibilities In partnership with the Napoleon Hill Foundation      *The Art of Power* Mitch Horowitz, 2022-04-12 The Art of Power presents 9 life-changing lessons from timeless classics abridged and introduced by PEN Award-winning historian and New Thought scholar Mitch Horowitz The Prince by Niccol Machiavelli Find immortal lessons in this history's greatest guide to Leadership and Power The Gospel of Wealth by Andrew Carnegie The definitive classic on how wealth is won and rightly used The Magic Ladder to Success by Napoleon Hill Here is the ladder to your dreams take the first step The Master Key to Riches by Napoleon Hill Within you is a master key that solves every problem and leads to Incredible achievement The Million Dollar Secret Hidden in Your Mind by Anthony Norvell Simple but profound secrets to self-mastery a magnetic personality and attaining your dreams Power Wealth by Ralph Waldo Emerson Classic meditations on attaining power and money through self-directed living and empowerment The Richest Man in Babylon by George S Clason This guide to financial success will revolutionize your personal finances and earning ability and show you how to make money work for you Think Your Way to Wealth by Napoleon Hill Experience the Life Changing Insights of Two Masters of Money when Napoleon Hill met Andrew Carnegie and learned the importance of studying the principles of wealth found in the lives of high achievers The Magic Story by Frederick Van Rensselaer Dey Discover the mysterious You who cannot fail in one of the most intriguing and powerful works of inspiration ever written      **The Miracle of a Definite Chief Aim** Mitch Horowitz, 2019-01-23 What do you want most out of life If you can answer that question with complete integrity and clarity you are at the starting point of greatness In his classic guides Think and Grow Rich and The Law of Success motivational pioneer Napoleon Hill taught that finding your Definite Chief Aim is the most decisive and important step you can take in life In this compelling and eminently practical master class acclaimed historian and New Thought author Mitch Horowitz takes you for a deep dive inside Napoleon Hill's most urgent principle Through concrete techniques and examples Mitch shows you how to identify your true aim refine and act on it and overcome setbacks One of today's most literate voices in self-help MITCH HOROWITZ is a PEN Award-winning historian and the author of books including Occult America The Miracle Club How Thoughts Become Reality and One Simple Idea How Positive Thinking Reshaped Modern Life Mitch has written on everything from the war on witches to the secret life of Ronald Reagan for The New York Times The Wall Street Journal Salon and Time The Washington Post says Mitch treats esoteric ideas and movements with an even-handed intellectual studiousness that is too often lost in today's raised voice discussions Mitch is a monthly columnist for Science of Mind magazine and the voice of audio books including Alcoholics Anonymous and The Jefferson Bible      *Mind As Builder* Mitch Horowitz, 2019-09-16 GAIN A WHOLE NEW PERSPECTIVE ON THE CORE PRINCIPLE THAT MIND IS THE BUILDER UPDATED AND EXPANDED In this electrifying and practical book PEN Award-winning historian and popular voice of esoteric spirituality Mitch Horowitz explores the inner meaning of Edgar Cayce's positive mind principles and how to use

them in your life Mitch combines history and hands on instruction to open a new window on power of thought the ways that current science is validating metaphysics and how to use positive mind philosophy to improve your life This edition includes a new essay Edgar Cayce Ordinary Man Extraordinary Messenger WHAT CRITICS ARE SAYING ABOUT MITCH HOROWITZ WASHINGTON POST Treats esoteric ideas and movements with an even handed intellectual studiousness that is too often lost in today s raised voice discussions BOINGBOING Horowitz comes across as the real deal he is an authentic adept mind and he knows his stuff SCIENCE OF MIND One of the few figures to break through into mainstream and national media as a voice of esoteric ideas LA REVIEW OF BOOKS An expert on esoteric religious thought in American life GUIDEPOSTS Mitch Horowitz practices what he preaches

**The Power of the Master Mind** Mitch Horowitz, 2019-03-04 Millions read the works of Napoleon Hill and are catapulted to their dreams Others say they get nowhere Why The difference between success and failure lies in the use of the Master Mind The Master Mind Hill taught is the pooling of intellectual intuitive and creative mental resources which occurs when two or more people enter a supportive pact to assist one another s aims A Master Mind group multiplies the mental powers of all its participants This is the secret ingredient Hill insisted that delivers lasting success Now acclaimed historian and New Thought author MITCH HOROWITZ shows you step by step how and why the Master Mind works and how truly easy it is to form and maintain your own Master Mind group If you love the motivational lessons of Napoleon Hill you cannot afford to be without the Napoleon Hill Success Course on the Master Mind Great power Hill wrote can be accumulated through no other principle

*The Secret of Think and Grow Rich* Mitch Horowitz, 2019-05-16 The Secret Revealed Napoleon Hill promises that there is a secret encoded in Think and Grow Rich Hill writes that the secret appears hundreds of times in his book but is never directly stated Now New Thought scholar and historian Mitch Horowitz reveals to you the master s secret and explores exactly how to apply it in your life In The Secret of Think and Grow Rich Mitch also explores Hill s four most powerful steps including the intriguing and widely misunderstood question of sex transmutation In this short book Mitch supplies the clearest and most actionable chapter ever written on Hill s method of sex transmutation a tremendously powerful and under appreciated part of his wealth building program After reading The Secret of Think and Grow Rich you will experience Hill s work in a whole new way Your practice will grow more effective and dynamic and you will experience positive and radical change This is the book s promise Discover it today

**The Magic of Believing Action Plan (Master Class Series)** Mitch Horowitz, 2020-06-05 You Will Never Doubt Yourself Again PEN Award winning historian and popular New Thought voice Mitch Horowitz teaches how to harness and maximize the tools of The Magic of Believing one of the most effective works of mind power ever written In Mitch s five lessons you will experience Claude M Bristol s The Magic of Believing in a whole new way and you will also experience as though for the first time and for all time the extraordinary powers within you Join Mitch to discover How to effectively program your mind The links between performance and self image Why writing down symbols aims and wishes brings you special power How to develop

charisma The correspondences between current ESP research and Bristol's ideas Much of today's writing about spirituality is loaded with nonsense Often it consists of little more than wild speculation shoddy reasoning and the repetition of a few stale truisms A very small number of writers and editors have climbed above this morass to combine spiritual depth with intellectual acumen and literary polish Mitch Horowitz is one of them Richard Smoley New Dawn Magazine

**Awakened Mind (Master Class Series)** Mitch Horowitz, 2019-01-11 UNLOCK THE POWERS OF YOUR MIND IN THIS CONCISE ENJOYABLE COURSE In 10 simple and straightforward lessons PEN Award winning historian and explorer of alternate realms Mitch Horowitz surveys the most persuasive ideas and techniques from within the positive mind tradition and shows how to use them in your life This succinct course teaches you How to change your thoughts in 30 days The seven daily practices that make a difference in your life How to use affirmations effectively How to turn the Golden Rule into a source of power Why your thoughts make things happen MITCH HOROWITZ One of today's most literate voices in self help is a PEN Award winning historian and the author of books including Occult America The Miracle Club How Thoughts Become Reality and One Simple Idea How Positive Thinking Reshaped Modern Life Mitch has written on everything from the war on witches to the secret life of Ronald Reagan for The New York Times The Wall Street Journal Salon and Time The Washington Post says Mitch treats esoteric ideas and movements with an even handed intellectual studiousness that is too often lost in today's raised voice discussions Mitch is a monthly columnist for Science of Mind magazine Visit him at [www.MitchHorowitz.com](http://www.MitchHorowitz.com) and [MitchHorowitz.com](http://MitchHorowitz.com)

*The Art of Self-Mastery* Mitch Horowitz, 2022-04-12 The Art of Self Mastery presents 11 timeless classics and the greatest inspirational works of our time condensed and introduced by PEN Award winning historian and New Thought Scholar Mitch Horowitz The Art of War by Sun Tzu This key to power and victory is the most important book ever written on overcoming obstacles and defeating your foes As a Man Thinketh by James Allen This meditation on the power of thought transforms failure and indirection into power and purpose Atom Smashing Power of Mind by Charles Fillmore Discover how your thoughts are the most powerful force In the universe In Tune with The Infinite by Ralph Waldo Trine One of the most significant works of mind power teaches you how to tap the creative faculties of higher thought Magic of Faith by Joseph Murphy Unlock your hidden power and reach your epic potential The Master Mind by Theron Q Dumont Master your thoughts and you'll master your destiny The Power of Awareness by Neville Goddard See how your perception Is your destiny The Power of Concentration by Theron Q Dumont Enter a new world of personal magnetism success and effectiveness The Power of Faith by Norman Vincent Peale One of the most profoundly practical works to come from the author of The Power of Positive Thinking The Prophet by Khalil Gibran A timeless message for meaningful living is one of the greatest inspirational works of our time Walden by Henry David Thoreau This classic work provides you with stirring ideas in its celebration of simple living self sufficiency and following your own inner compass

**The Master Key to Power (Condensed Classics)** Mitch Horowitz, 2020-03-24 DISCOVER THE GREATEST SOURCE OF POWER IN YOUR LIFE Newly abridged and introduced

by PEN Award winning historian and New Thought writer Mitch Horowitz these five condensed classics provide you with all the elements and principles of power which you can put into use right now to create a better more dynamic self THE POWER OF FAITH is one of the most profoundly practical works by REV NORMAN VINCENT PEALE who describes in simple terms how to harness the remarkable energies of prayer reflection faith and religious insight to revolutionize your life in the areas of relationships business self image healing guilt peace of mind and purpose THE POWER OF AWARENESS is an extraordinary book by mystic NEVILLE GODDARD This elegant yet easy to understand work teaches that your sense of self image wields complete control over your life and Neville instructs you on how to alter it for the better THE POWER OF CONCENTRATION may be the most life changing book you ever encounter THERON Q DUMONT author of the legendary work The Kybalion demonstrates how proper concentration can bring you into an entirely new world of personal magnetism success and effectiveness In the essays POWER AND WEALTH Discover what RALPH WALDO EMERSON one of the greatest philosophical minds of the modern era taught about how you can lead a productive wealthy and powerful existence today ATOM SMASHING POWER OF MIND shows how your thoughts are the most powerful force in the universe In this profoundly engaging and memorable book New Thought visionary CHARLES FILLMORE demonstrates how your thoughts at this very instant possess greater power than any other force ever known FIND YOUR POWER NOW

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*30 Day Mental Challenge* Mitch Horowitz, 2023-02-07 What Would You Give to Lead a Bold Satisfying and Successful Life Author Mitch Horowitz solid gold David Lynch asks you to give one thing your mental focus for just 30 days In The 30 Day Mental Challenge Mitch guides you through one simple exercise so simple in fact that you may not believe it can change anything But like thousands who have tried you will be surprised You are to direct your thoughts for 30 days toward what is productive forwarding and promising and to believe that every reasonable ambition is within your reach That's it Simple as it sounds however this exercise places you in front of tremendous and unforeseen challenges Hence Mitch guides you with realism bluntness and authentic ideals through each day to help you stay on track contend with pitfalls which are many and witness concrete results Effort is all it takes Will you try Many have said yes only to drop off Many others have stayed on Their testimonies appear in the book including I always dismissed the positive thought movement as something somehow beneath me preferring complicated and arduous meditation and nuanced esoteric rituals for my own self improvement journey These meditations have been a lifesaver during a very challenging time No lie This has been transformative beyond expectation The 30 day challenge has helped me overcome so



many obstacles and I feel so grateful Magick is real and man it is such a beautiful positive thing Your time is now Join The 30 Day Mental Challenge

**The Power of Awareness** Neville Goddard, Mitch. Horowitz, 2021-12 ONE OF THE GREATEST SELF IMPROVEMENT BOOKS OF THE CENTURY rThe Power of Awareness is undoubtedly one of the greatest self improvement books of the last hundred years The advice in this manifesting guide is stunningly clear and unlike anything that came after it Read it and you will discover one of the most extraordinary and practical books by mystic Neville Goddard who teaches that your sense of self image wields complete control over your life and he instructs you on how to alter it for the better A leader in the New Thought movement Neville Goddard 1905 1972 was one of the most remarkable mystical thinkers of the past century In more than ten books and thousands of lectures Neville expanded on one core principle the human imagination is God He was a compelling presence at metaphysical churches spiritual centers and auditoriums Neville was not widely known during his lifetime but today his books and lectures have attained new popularity His principles have influenced several major spiritual writers including Carlos Castaneda and Joseph Murphy In this beautifully designed deluxe edition you benefit not only from Neville s radical statement but also from a comprehensive and enthralling analysis and biography of Neville Chariot of Fire by spiritual thinker Mitch Horowitz who is considered the most powerful interpreter of Neville s ideas today Mitch s comprehensive essay is a spiritual and historical journey in itself This edition is rounded out with Mitch s timeline of Neville s life Here is a resource book that you will turn to again and again

**Feeling is The Secret** Neville Goddard, Mitch Horowitz, 2020-12-17 One of Neville s Most Transformative Works With a Major Biography and Timeline Written in 1944 Feeling Is the Secret resounds with the full power of Neville Goddard s mystical vision With total persuasiveness Neville writing at the peak of his abilities demonstrates how the world without reflects your world within What s more the mystical visionary explains exactly how to use his system of mental creativity through the methods of prayer sleep and assumption Feeling Is the Secret is one of the most revolutionary works of practical spirituality ever written It promises a turning point in your life In this beautifully designed deluxe edition you benefit not only from Neville s radical statement but also from a comprehensive and enthralling analysis and biography of Neville Chariot of Fire by spiritual thinker Mitch Horowitz who is considered the most powerful interpreter of Neville s ideas today Mitch s comprehensive essay is a spiritual and historical journey in itself This edition is rounded out with Mitch s timeline of Neville s life Here is a resource book that you will turn to again and again

NEVILLE GODDARD 1905 1972 was one of the most remarkable mystical thinkers of the past century In more than ten books and thousands of lectures Neville expanded on one core principle the human imagination is God He was a compelling presence at metaphysical churches spiritual centers and auditoriums Neville was not widely known during his lifetime but today his books and lectures have attained new popularity His principles have influenced several major spiritual writers including Carlos Castaneda and Joseph Murphy

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