

Top Hacks For Rejuvenating Sleep



Sleep Hacks Top Tutorial

Karen Misuraca

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On High School Teaching: A Guide for the New and Relatively Clueless Joseph Miller, 2012-07-29 A clear well written level headed guide that will help a new or aspiring teacher get off to a solid start in his or her career The author taught high school for 33 years and was honored for his teaching several times including his favorite honor being voted the best veteran teacher in the school by the student body

Hacking and Penetration Testing with Low Power Devices Philip

Polstra, 2014-09-02 Hacking and Penetration Testing with Low Power Devices shows you how to perform penetration tests using small low powered devices that are easily hidden and may be battery powered It shows how to use an army of devices costing less than you might spend on a laptop from distances of a mile or more Hacking and Penetration Testing with Low Power Devices shows how to use devices running a version of The Deck a full featured penetration testing and forensics Linux distribution and can run for days or weeks on batteries due to their low power consumption Author Philip Polstra shows how to use various configurations including a device the size of a deck of cards that can easily be attached to the back of a computer While each device running The Deck is a full featured pen testing platform connecting systems together via 802 15 3 networking gives you even more power and flexibility This reference teaches you how to construct and power these devices install operating systems and fill out your toolbox of small low power devices with hundreds of tools and scripts from the book s companion website Hacking and Pen Testing with Low Power Devices puts all these tools into your hands and will help keep you at the top of your game performing cutting edge pen tests from anywhere in the world Understand how to plan and execute an effective penetration test using an army of low power devices Learn how to configure and use open source tools and easy to construct low power devices Leverage IEEE 802 15 4 networking to perform penetration tests from up to a mile away or use 802 15 4 gateways to perform pen tests from anywhere in the world Access penetration testing operating systems with hundreds of tools and scripts on the book s companion web site

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