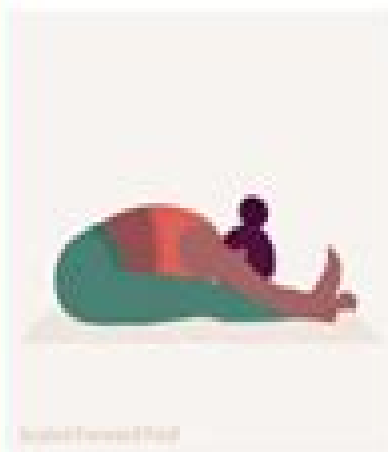
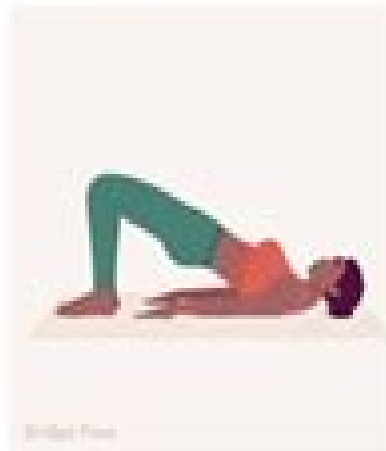
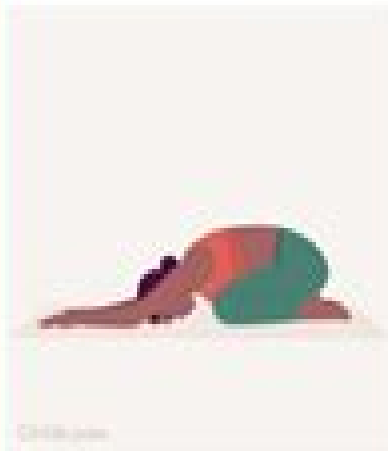
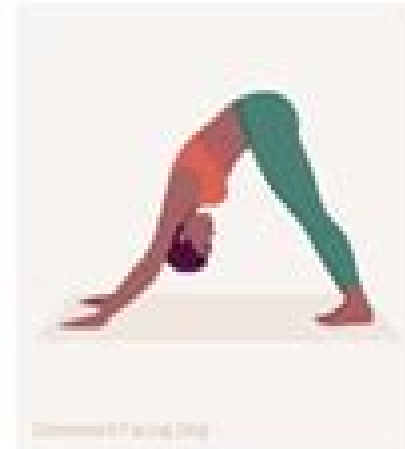
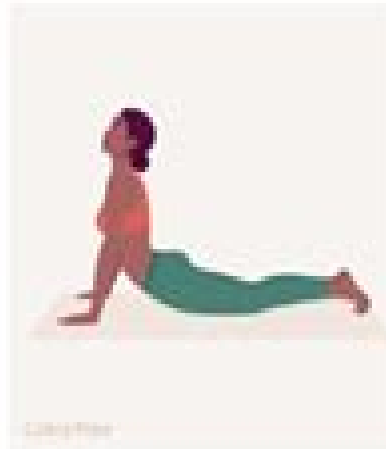


How to Learn Yoga Poses

13 Tips for Beginners



Yoga For Beginners Ideas

**Geoffrey Grigson, Charles Harvard
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