

Normal Lab Values Cheatsheet

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Glucose Studies

RANGE (SI UNITS)	RANGE (CONVENTIONAL)
Glucose (Random, Casual)	
<11.1 mmol/L	<200 mg/dL
Fasting blood sugar (FBS)	
<5.1 mmol/L	70—110 mg/dL
2-hr postprandial glucose	
<7.7 mmol/L	< 140 mg/dL
Glycosylated hemoglobin (HbA1c)	
Nondiabetic adult:	4%—5.9%
Good diabetic control:	<7%
Fair diabetic control:	8%—9%
Poor diabetic control:	>9%

RANGE (SI UNITS)	RANGE (CONVENTIONAL)
Glucose Tolerance Test (GTT)	
Fasting: <5.1 mmol/L	Fasting: <110 mg/dL
30 minutes: 5.1—9.4 mmol/L	30 minutes: 110—170 mg/dL
1 hour: <10 mmol/L	1 hour: <180 mg/dL
2 hours: <7.8 mmol/L	2 hours: <140 mg/dL
3 hours: <5.4 mmol/L	3 hours: 70—115 mg/dL
4 hours: <5.4 mmol/L	4 hours: 70—115 mg/dL

Lipoprotein Profile

RANGE (SI UNITS)	RANGE (CONVENTIONAL)
Cholesterol	
Adult: <5.20 mmol/L	Adult: <200 mg/dL
Child: 3.1—5.2 mmol/L	Child: 120—200 mg/dL
Infant: 1.8—4.5 mmol/L	Infant: 70—175 mg/dL
Newborn: 1.4—3.5 mmol/L	Newborn: 55—135 mg/dL
Triglycerides (TGs)	
0.45—1.81 mmol/L	40—160 mg/dL
Critical value: >4.5 mmol/L	Critical value: >400 mg/dL

RANGE (SI UNITS)	RANGE (CONVENTIONAL)
High-density lipoprotein (HDL)	
Male: >0.75 mmol/L	Male: >45 mg/dL
Female: >0.91 mmol/L	Female: >55 mg/dL
Low-density lipoprotein (LDL)	
<3.4 mmol/L	<130 mg/dL
Very low-density lipoprotein (VLDL)	
0.18—0.63 mmol/L	7—32 mg/dL

Nutrition Lab Values Interpretation Manual

University of California, Berkeley

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the University of California, Berkeley text.

Nutrition Lab Values Interpretation Manual:

Manual for Nutrition Surveys United States. Interdepartmental Committee on Nutrition for National Defense, 1957

ADA Pocket Guide to Nutrition Assessment Pamela Charney, Ainsley Malone, 2009 **Nutritional Support Handbook**, 1982 **Nutrition Care of the Older Adult: a Handbook for Dietetics Professionals Working Throughout the**

Continuum of Care Kathleen C. Niedert, Becky Dorner, 2004 Completely revised with new chapters and sections covering everything the health care provider needs to know when working with the older adult either at home or in nursing and long term care facilities Chapters cover factors affecting nutrition nutrition and disease nutritional assessment dining challenges and regulatory compliance This scientifically sound and practical resource for new and experienced nutrition professionals includes new forms resources the food guide pyramid for older adults and an index of tales **Handbook of Nutrition and**

Food Carolyn D. Berdanier, Johanna T. Dwyer, Elaine B. Feldman, 2007-08-24 Significantly revised and updated this second edition of the bestselling Handbook of Nutrition and Food welcomes contributions from several new authors including Elaine B Feldman and Johanna Dwyer notable leaders in nutritional science Retaining the high level of scientific research accessible language and attention to detail of the original *Patient Problems in Clinical Nutrition* Mark L. Wahlqvist, Jitka S.

Vobecky, International Union of Nutritional Sciences, 1987 Abstract The objectives of this manual are to provide examples of nutritional problems in clinical medicine to encourage the readers own self assessment of them and to provide critiques of the problems with some sources for further reading The first section of this publication presents a discussion of the definition of clinical nutrition The second section presents 149 case studies of nutritional problems organized geographically Each case study concludes with questions accompanied by full critiques of the recommended answers supported by references to the literature Section III resources in clinical nutrition includes lists of nutrition texts and journals and food and nutrition tables charts and formula Manual of qualitative chemical analysis Karl Remigius Fresenius, 1897 **Nutrition and Human**

Needs United States. Congress. Senate. Select Committee on Nutrition and Human Needs, 1968 Examines extent of hunger and malnutrition problem in U S **Journal of the American Dietetic Association**, 2000 **A Practical Treatise on**

Foundations, Explaining Fully the Principles Involved, Supplemented by Articles on the Use of Concrete in

Foundations William Macfarland Patton, 1893 *Hearings, Reports and Prints of the Senate Select Committee on Nutrition and Human Needs* United States. Congress. Senate. Select Committee on Nutrition and Human Needs, 1969 Clinical

Guide to Laboratory Tests Norbert W. Tietz, 1995 The 3rd edition presents information on common tests as well as rare and highly specialized tests and procedures Biological variables that may affect test results are discussed and a focus is placed on reference ranges diagnostic information clinical interpretation of laboratory data interferences and specimen types Includes a section on molecular pathology and tests have been added in the areas of endocrinology immunochemistry serologic hepatitis testing and more Drug Information Handbook Charles Lacy, 2000 The Farmer's Scientific Manual Georgia.

Department of Agriculture,1878 *Annual Report of the President of the University on Behalf of the Regents to His Excellency the Governor of the State of California* University of California, Berkeley,1886 **Biennial Report of the President of the University on Behalf of the Board of Regents** University of California (System),1884 *Annual Report of the President of the University on Behalf of the Regents* California. University. Regents,1882 **Pocket Guide to Nutritional Care** Mary Courtney Moore,2001 Thoroughly revised and updated POCKET GUIDE TO NUTRITIONAL CARE serves as a complete portable nutritional reference for care givers including nursing students nurses dieticians and other health professionals who need to understand the nutritional aspects of health care delivery Includes updates of information pertaining to US RDA Healthy People 2001 a new Health Weight Standards chart diet drugs alcoholism and nutritional requirements for the elderly Spanish version of 2nd edition also available ISBN 84 8086 083 9 *Nutrition Handbook for Nursing Practice* Susan G. Dudek,1997 Discusses how to incorporate nutrition information into nursing care Presents the fundamentals of nutrition covering such topics as carbohydrates protein lipids energy balance and weight control vitamins minerals and fluid and electrolytes Discusses potential adverse side effects of deficient and excessive intakes consumption trends and future areas of research nutrition during pregnancy infancy and childhood alterations in health e g stress surgery and oncology along with recommended dietary interventions etc New material for this third edition includes the current dietary guidelines for Americans updated ADA exchange lists key terms key concepts and focus on critical thinking a new chapter on digestion absorption and metabolism a new combined chapter on energy balance and weight control and a new combined chapter on cancer and AIDS For use by nursing students and practicing nurses **The A.S.P.E.N. Nutrition Support Practice Manual** Russell Merritt,2005 Back cover This practical how to manual provides the most comprehensive and up to date information on the proper implementation of enteral and parenteral nutrition Its multidisciplinary approach makes it indispensable for all healthcare professionals With an easy to use searchable CD ROM and extensive chapters on AIDS cancer transplantation and long term care this book is the most important manual for enteral and parenteral nutrition in the 21st century

Whispering the Techniques of Language: An Emotional Journey through **Nutrition Lab Values Interpretation Manual**

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Bullet Forums Mar 30, 2013 — I'm no help with the wire diagram, but I just want to say the I've seen the fuse box or central junction box or what ever they call it in the ...