

Neff CircoTherm® Oven - Roasting Chart



Meat	Oven Temp °C (CircoTherm® oven)	Cooking time (approximate, see below*)	Special instructions
Beef	160°C	Rare 20 mins per 0.5kg Medium 25 mins per 0.5kg Well done 30 mins per 0.5kg	Roast uncovered. Do not add extra fat. Dry roast tender cuts only. For tougher cuts: pot roast.
Beef Fillet	180°C	Medium rare 12 - 15 mins per 0.5kg	Roast uncovered.
Lamb	160°C	Medium 25 mins per 0.5kg Well done 30 mins per 0.5kg	Roast uncovered.
Pork	160°C increase to 190°C	30 - 35 mins per 0.5kg	Rub skin with oil. Sprinkle with salt. Increase temperature for the last 20 minutes.  Or use Circo-Roast for last 20 minutes.
Chicken	160°C	25 mins per 0.5kg	If stuffed, add weight of stuffing to the weight of bird to calculate time. Insert skewer between thigh and breast to ensure juices run clear.
Pheasant	170°C	30 - 35 mins per 0.5kg	Place bacon on breasts to prevent drying. Remove bacon for the last 10 minutes to brown the top.
Turkey not stuffed	160°C	2 to 4kg cook as chicken 4.5 to 7kg 18 mins per 0.5kg 7.5 to 12kg 15 mins per 0.5kg	Brush with melted butter if desired. Once brown cover with foil. Uncover for the last half hour. Insert skewer in the thickest part of the thigh to insure the juices run clear. If stuffed, add weight of stuffing to the weight of bird to determine cooking time.
Duck and Goose	160°C	25 - 30 mins per 0.5kg	Roast uncovered. Pierce skin during roasting to allow fat to run off. Brush with water, sprinkle with salt.

GENERAL INSTRUCTIONS:

When roasting place the meat on the wire shelf over the roasting pan — as one unit in an appropriate shelf position.

*Extra thick joints may take longer to cook than long thin joints. All times given above are for meats that are at room temperature. Times given above are meant as a guide only and may vary according to personal taste.

All meats should be rested for 5 to 10 minutes before serving. This allows juices to settle.

During this time the internal temperature will increase slightly.

Neff Guide

Mool C. Gupta, John Ballato

Neff Guide:

The Handbook of Photonics Mool C. Gupta, John Ballato, 2018-10-03 Reflecting changes in the field in the ten years since the publication of the first edition **The Handbook of Photonics Second Edition** explores recent advances that have affected this technology. In this new updated second edition editor Mool Gupta is joined by John Ballato strengthening the handbook with their combined knowledge and the continued contributions of world class researchers. New in the Second Edition: Information on optical fiber technology and the economic impact of photonics; Coverage of emerging technologies in nanotechnology; Sections on optical amplifiers and polymeric optical materials. The book covers photonics materials, devices and systems respectively. An introductory chapter new to this edition provides an overview of photonics technology, innovation and economic development. Resting firmly on the foundation set by the first edition, this new edition continues to serve as a source for introductory material and a collection of published data for research and training in this field, making it the reference of first resort.

Business Franchise Guide Commerce Clearing House, 1980

An Insider's Guide to the Year's Best Stocks and Mutual Funds Kirk Kazanjian, 1996 At last Wall Street's most revered names have come together in one book to bring you timely advice and recommendations sure to pump up your investment profits. You'll find out which stocks and mutual funds the best in the business are buying right now, get tips for putting together your own winning portfolio and discover little known ways the masters manage to continually stay ahead of the market. Written by one of America's foremost investment advisers and financial writers, this book will give you the information you need to succeed and prosper in today's volatile markets.

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Catalog of Copyright Entries. Third Series Library of Congress. Copyright Office, 1963 Includes Part 1 Number 1 Books and Pamphlets Including Serials and Contributions to Periodicals January-June

A Handbook for Travellers in France ... John Murray (Firm), 1878

Electro-optical System Design, Simulation, Testing, and Training Richard M. Wasserman, Scott Lawrence DeVore, 2002 The past few years have seen an upsurge in the numbers of known Neolithic settlements in Ireland. Many of these sites have been excavated by archaeologists based in field units but few are well known to the wider archaeological community. The papers in this volume were presented at a conference held at Queen's University Belfast in 2001 which provided a forum for a discussion of the new Neolithic material from Ireland in its wider geographical context. Although the bulk of the emerging Irish settlement evidence relates to substantial houses many of these papers consider wider themes including issues of contact and communication along the sea routes and coastal margins of north west Europe, questions of diversity and regional patterns of sedentism and mobility and variations in regional food production strategies.

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