



**30-DAY
MEAL PLAN**

Featuring Over 200 Delicious,
Easy and Stress Free Recipes
With 30 Day Meal Plan

The Complete New

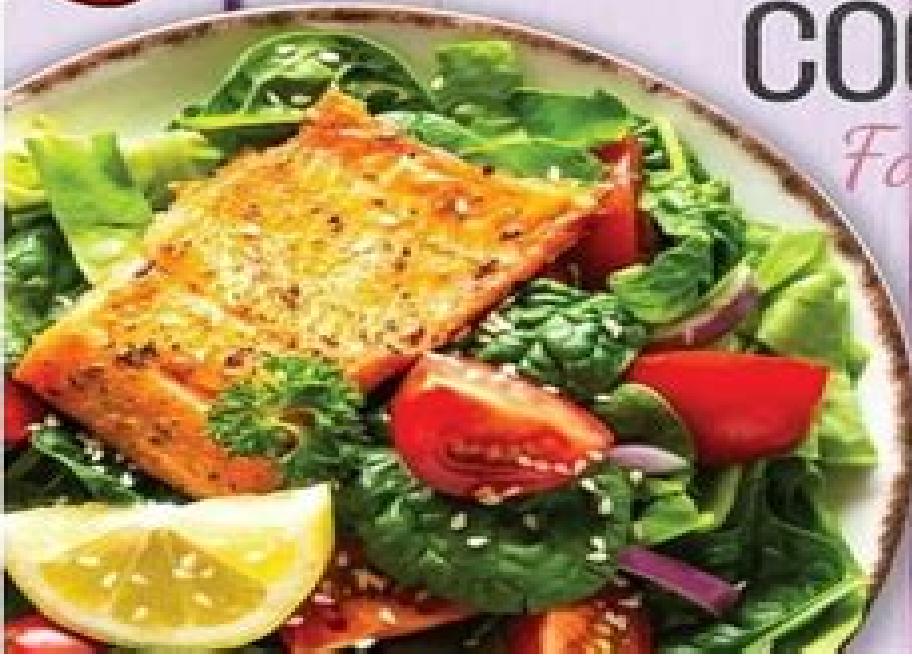
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2024 DIET

COOKBOOK

For Beginners



**2000
DAYS RECIPES**



Katherine Miller

Mediterranean Diet Cookbook For Dummies

Clifford Lane

Mediterranean Diet Cookbook For Dummies:

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