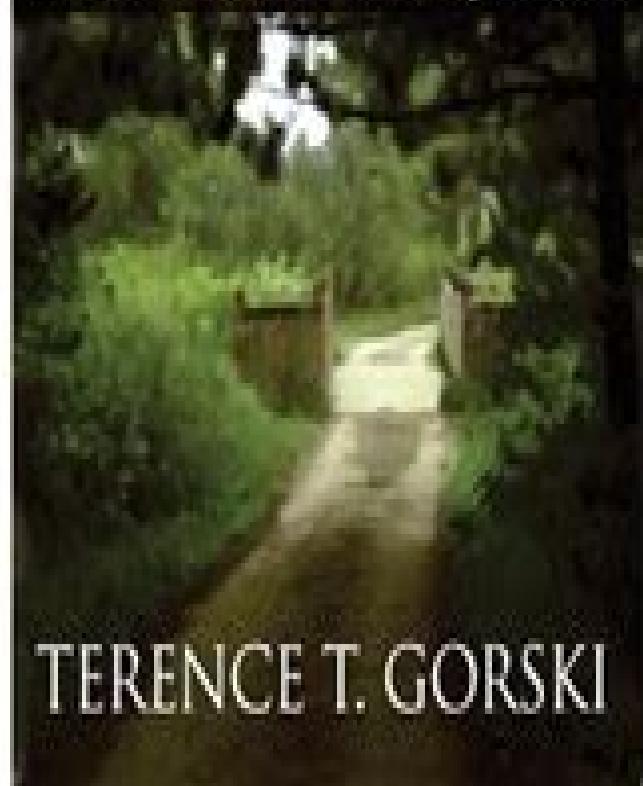


PASSAGES THROUGH RECOVERY

An Action Plan for Preventing Relapse



TERENCE T. GORSKI

Passages Through Recovery An Action Plan For Preventing Relapse

John M. Kelley

Passages Through Recovery An Action Plan For Preventing Relapse:

Passages Through Recovery Terence T Gorski,2009-07-30 Passages through Recovery presents an action plan for preventing relapse one that can help us understand how recovery works and what is needed to move from active addiction to sobriety Abstinence from alcohol and other drugs is only the beginning of sobriety It s the ticket to get into the theater not the movie we are going to see Passages through Recovery One of the most important things we learn in recovery is that there really is a way out of all the misery if we know which way to go But abstinence from alcohol and other drugs is just the beginning of our journey not our destination And that journey can be a rough one if we don t know what lies ahead Based on the experiences of thousands of recovering men and women Passages through Recovery presents an action plan for preventing relapse one that can help us understand how recovery works and what is needed to move from active addiction to sobriety Gorski s pioneering work describes six stages of recovery from chemical dependency and offers sound advice for working through the challenges of each stage challenges that can create frustration and lead to relapse Passages through Recovery clearly demonstrates that sobriety is more than just healing the damage It s a way of thinking acting and relating to others Gorski writes that promotes continued physical psychological social and spiritual health The skills necessary for long term sobriety are all directed at finding meaning and purpose in life Use this book as a compass in your recovery to help you stay on course

The Addiction Treatment Planner Robert R. Perkinson,David J. Berghuis,Timothy J. Bruce,2014-01-28 The bestselling treatment planning system for mental health professionals The Addiction Treatment Planner Fifth Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs managed care companies third party payors and state and federal agencies New edition features empirically supported evidence based treatment interventions Organized around 43 behaviorally based presenting problems including substance use eating disorders schizoid traits and others Over 1 000 prewritten treatment goals objectives and interventions plus space to record your own treatment plan options Easy to use reference format helps locate treatment plan components by behavioral problem Includes a sample treatment plan that conforms to the requirements of most third party payors and accrediting agencies including CARF The Joint Commission TJC COA and the NCQA

Passages Through Recovery

Terence T. Gorski,1989 This pioneering work describes six stages of recovery from chemical dependency and offers sound advice for working through the challenges of each stage challenges that can create frustrations that may lead to relapse

Learning the Language of Addiction Counseling Geri Miller,2014-09-09 FULLY REVISED COMPREHENSIVE AND PRACTICAL Learning the Language of Addiction Counseling Fourth Edition introduces counselors social workers and students to the field of addiction counseling and helps them acquire the knowledge and develop the skills needed to counsel individuals who are caught in the destructive cycle of addiction Drawing from her years of experience working in the addiction counseling field Geri Miller provides an engaging balanced overview of the major theoretical foundations and

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Substance Abuse Counseling Patricia Stevens,Robert Leonard Smith,2000 This book provides information regarding the enormity of substance abuse problems in the population how to assess the problems and how to treat individuals and families who seek assistance It educates beginning clinicians and counselors about substance abuse by guiding them through the

process of working with substance abuse clients Written in an understandable and easy to grasp manner it covers the basics of substance use and abuse Terminology physiology psychokinetics and psychodynamics Case histories are used in selected chapters to help readers integrate the various approaches by offering a sample of the types of issues presented when working with this population An emphasis on special populations includes minority populations women elderly special needs groups and children youth For substance abuse counselors seeking information on the stages of counseling from assessment and diagnosis through relapse prevention

Essentials of Chemical Dependency Counseling Gary Lawson,Ann W.

Lawson,P. Clayton Rivers,1996 This widely used textbook for chemical dependency counseling programs has been updated and thoroughly revised New chapters cover after care and relapse prevention as well as ethics and legal issues The book retains its popular practical features and tools on intake case planning paperwork supervision and referrals Group and family counseling are introduced An instructor s manual is now available to accompany the text

Clinical Practice Guidelines

Alliance for Children and Families,2001 Mental Health Nursing in the Community Nancy K. Worley,1997 The only psychiatric nursing reference with a community focus MENTAL HEALTH NURSING IN THE COMMUNITY arms psychiatric nurses with information they need when they re in the field Throughout it provides nursing inter ventions specific to treatment modalities settings and at risk populations All information is dispensed in a practical realistic manner with numerous real world clinical examples that apply the principles to practice Eleven quick reference appendixes offer instant access to everything from assessment scales to DSM IV classifications

Addictions Judith A. Lewis,1994 This unique new

resource explores the views of dozens of leading exper ts in the addictions field It combines current theory and innovative practice for treating and preventing a broad spectrum of addictive beh aviors including alcohol abuse drug abuse tobacco abuse eating dis orders and gambling Using a family centered approach Addictions offe rs in depth coverage of exciting new ideas and strategies currently be ing used in practice

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Portland OR Double Bind Caryl Trotter,1992 *To be Continued--* Charles Bishop,Bill Pittman,1994 Handbook of

Alcoholism Treatment Approaches Reid K. Hester,William R. Miller,2003 The accomplished author team of Reid Hester and William Miller provides a comprehensive results based guide to alcohol treatment methods Along with the contributions of notable practitioners if the field this text serves as an aid to graduate students and professionals The authors stress the necessity of choosing different treatment protocols based on scientific research and a client s needs This text also offers an

up to date review of the treatment outcome literature which illustrates that there are a number of treatments that are consistently supported by research The subsequent chapters provide mini treatment manuals for approaches with the most scientific support with sections on matching clients to particular treatment and descriptions on how to utilize each particular treatment plan The authors have consolidated the information necessary to develop individualized multidimensional treatment that can meet the needs of a diverse client population Back cover Out of the Fog John M. Kelley,1992

Constructions of Food, Eating and Weight Change Among Men in Recovery from Substance Addiction Jennifer Areen Cowan,2006 **Forthcoming Books** Rose Arny,2001 The Publishers Weekly ,1997 **Basics of Addiction Counseling** ,1999

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