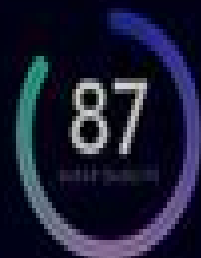


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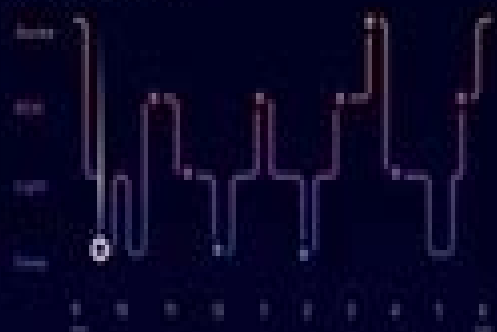


Time asleep 7 h 50 m
Time in bed 10:40 PM
6:30 AM

Your average sleep quality this week is 84

vs compares to last week

Sleep phases



Track Your Sleep



Time asleep 7 h 50 m
Time in bed 10:40 PM
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