

History of Anxiety Clearance Letter

Patient Name

Date

The driver named above visited our office for a DOT medical certificate to operate a commercial motor vehicle. According to FMCSA medical guidelines, we need your assistance to confirm the driver is safe to operate a commercial vehicle and meets the FMCSA standards for drivers with a history of anxiety.

Guidelines:

1. No required waiting period.
2. Medical treatment must be shown to be adequate, safe, and effective.
3. The driver must not have symptoms from their condition or treatment side effects that interfere with the safe operation of a commercial vehicle.
4. The driver must not use sedating anxiolytics, except for Buspirone (Buspar) if necessary.
5. If using sedative hypnotics, the driver must only use the lowest possible dose, short-acting (half-life of less than 5 hours), and for a maximum duration of 2 weeks.

Based on the criteria listed above you

do not recommend that this driver is safe to operate a CMV per the FMCSA medical standards
 do recommend that this driver is safe to operate a CMV per the FMCSA medical standards

Signature of provider

Date

Print name or affix stamp

Address

Please return this letter to our office by fax to _____

Anxiety Relief Update Clearance

PT Brinkman

Anxiety Relief Update Clearance:

The Management of Stress and Anxiety in Medical Disorders David I. Mostofsky,David H. Barlow,2000 In integrating the concepts of stress and anxiety with primary care diagnosis and treatment this book offers unique insights on previously unexplained physical symptoms as well as ways in which anxiety can co exist with bona fide medical illness and alter its presentation course and treatment response This is a critical resource for clinicians in interpreting somatic symptoms and co occurring medical disorders With its unifying theme of stress and anxiety and broad range of topics the compilation of writings provides clinicians with a unique comprehensive understanding of mental health concepts and intervention strategies within the context of non medical health disorders Such an understanding will contribute to better interdisciplinary research and professional practice as well as to improved patient care and cost effective medical

management **Medical World News** ,1986 **The History of the Highland Clearances** Alexander Mackenzie,1883 The tragedy of the Clearances brought about by cynical often absentee landlords is a black page in Scotland s history Written while the effects it describes were still unfolding Mackenzie s history brings the distress before the reader Rehabilitation Nursing Shirley P. Hoeman,2008-01-01 Providing a solid foundation of concepts and principles this book maintains the fundamental focus of rehabilitation nursing holistic care of the rehabilitation client to achieve maximum potential outcomes in functional and lifestyle independence **Psychiatric Annals** ,1989 **The American Journal of Psychiatry** ,1993-05

Hospital Practice ,1989 **Railroad Gazette** ,1890 **Contemporary Ob/gyn** ,1981 **The Journal of Clinical Psychiatry** ,1989 **High Acuity Nursing** Pamela Stinson Kidd,1997 This reference contains 26 free standing learning modules on multiple system problems that can be taught in the classroom or used as independent assignments Each module contains a pre test and post test with answers learning objectives glossary abbreviations and review questions and answers The modules progress from simple to complex and include nursing diagnoses The use of reality based learning strategies including case studies aids students in their preparation for practice in todays health care settings **The Journal of the Kentucky Medical Association** Kentucky Medical Association,1981 December issue consists of a digest of the Association s proceedings Its constitution and by laws and its directory of the House of Delegates **VA Practitioner** ,1986-07

Modern Medicine ,1988-05 **Hospital Medicine** ,1989 **Medical Economics** ,1989 Emergency Medicine ,1989
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