

The Muscular System

6 page study note

Axial Muscles

MUSCLES OF THE THORAX

Internal intercostals
 - lie deep, posterior to external intercostals
 - flexes ribs posteriorly & inferiorly
 - inspiration

External intercostals
 - most superficial intercostal muscle
 - flexes ribs anteriorly & inferiorly
 - expiring between ribs
 - rib inspiration

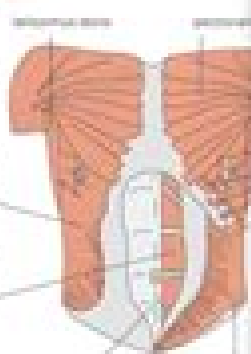


MUSCLES OF THE ABDOMEN

External oblique
 - most superficial of anterolateral abdominal wall
 - flexes ribs anteriorly & inferiorly
 - lateral flexion
 - flexes vertebral column & compresses abdominal wall used in forced expiration

Internal oblique
 - deep to external oblique
 - flexes ribs anteriorly & inferiorly
 - lateral flexion
 - flexes vertebral column & compresses abdominal wall used in forced expiration

Rectus abdominis
 - lies on either side of linea alba
 - separated by tendinous intersections
 - functions to flex trunk & aids in forced expiration



Axial Muscles

Masseter
 - elevates & protrudes lower jaw
 - elevates & protrudes lower jaw

Temporalis
 - elevates & protrudes lower jaw
 - elevates & protrudes lower jaw

Mylohyoid
 - elevates & protrudes lower jaw
 - elevates & protrudes lower jaw

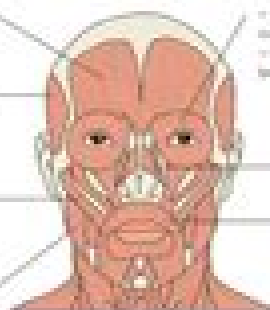
Digastric
 - elevates & protrudes lower jaw
 - elevates & protrudes lower jaw

Geniohyoid
 - elevates & protrudes lower jaw
 - elevates & protrudes lower jaw

Genioglossus
 - elevates & protrudes lower jaw
 - elevates & protrudes lower jaw

Stylohyoid
 - elevates & protrudes lower jaw
 - elevates & protrudes lower jaw

FACIAL & NECK MUSCLES

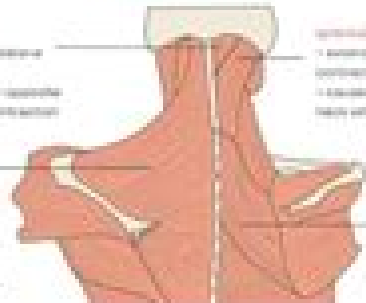


Orbicularis oris
 - surrounds mouth
 - forcibly closes lips when contracted
 - originates on mental & maxillary foramina

Orbicularis oculi
 - surrounds eye
 - closes eyelids

Orbicularis oris
 - surrounds mouth
 - forcibly closes lips when contracted
 - originates on mental & maxillary foramina

NECK & BACK MUSCLES



Levator scapulae
 - elevates scapula
 - elevates scapula

Rhomboid
 - retracts the scapula
 - retracts the scapula

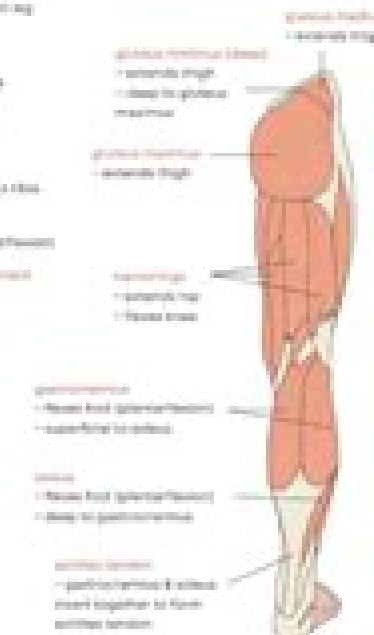
Trapezius
 - retracts the scapula
 - retracts the scapula

Lower Limb Muscles

Quick notes:

In correct anatomical terms, "leg" only refers to the region of the lower limb below the knee, while "thigh" refers to the region from the knee to the hip.

POSTERIOR THIGH & LEG MUSCLES



Biceps femoris
 - extends thigh
 - deep to gluteus maximus

Semitendinosus
 - extends thigh
 - deep to gluteus maximus

Semimembranosus
 - extends thigh
 - deep to gluteus maximus

Gastrocnemius
 - flexes foot
 - plantar flexion

Soleus
 - flexes foot
 - plantar flexion

Plantaris
 - flexes foot
 - plantar flexion

Peroneus
 - flexes foot
 - plantar flexion

Tibialis anterior
 - flexes foot
 - plantar flexion

Gastrocnemius
 - flexes foot
 - plantar flexion

Muscular System Study Guide Answers

Thomas C. Campbell, Robert G. Fuller



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