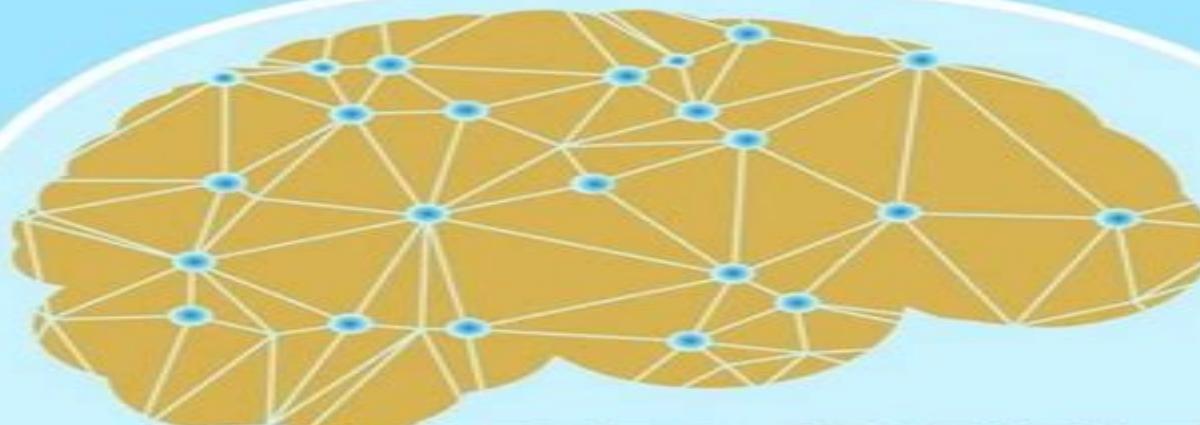


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Psychology Catherine A. Sanderson, Karen R. Huffman, 2024-11-13 A comprehensive college level introduction to the field of psychology Real World Psychology Applications of Psychological Science provides a well balanced survey of the field with emphasis on scientific thinking and practical applications of psychological science that can expand enhance and change students experience of the world around them Every chapter engages students through illustrative examples and cases thought provoking questions and real psychological research Updated with recent research that underscores the importance and power of psychology in everyday life the fourth edition of Real World Psychology invites curiosity in a Why focused framework of special features Why Scientific Thinking Matters develops scientific thinking skills through examination of a hot topic or common belief and the research supporting or disproving different perspectives Why DEI Matters explores important topics in diversity equity and inclusion highlighting current research and its applications in effecting a more equitable society and Why Positive Psychology Matters demonstrates how psychological science helps identify the strengths and assets that contribute to health and a flourishing life Throughout this edition the authors pay careful and deliberate attention to issues of diversity equity and inclusion to ensure the representation of multiple perspectives and experiences so that all readers can find respect and a sense of belonging AN INTERACTIVE MULTIMEDIA LEARNING EXPERIENCE This textbook includes access to an interactive multimedia e text Icons throughout the print book signal corresponding digital content in the e text Videos and Animations Real World Psychology integrates abundant video content developed to complement the text and engage readers more deeply with the fascinating field of psychological science Chapter Introduction Videos feature author Catherine Sanderson's casual and lively introduction to the chapter that piques readers curiosity and gives practical everyday context Reading Companion Videos support every learning objective of every module in every chapter These short videos serve as both a preview and a review of the most important concepts discussed in the reading Topical Videos often presented by Catherine Sanderson or Karen Huffman use a documentary style to explore key topics in depth In The Classroom Videos feature short segments of Catherine Sanderson lecturing in her own classroom or a moderated student discussion of selected chapter topics Animations A variety of animations illustrate difficult to learn concepts from a real world and sometimes humorous perspective Interactive Figures Charts Tables Appearing throughout

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more Each chapter in Part II will give you examples of each technique as well as some exercises to try out what you ve learned and to jumpstart or expand your learning objectives Written conversationally in a clear easy to follow voice you ll see your brain a little bit differently after reading LEARN FASTER How to Improve Yourself and Master Your Memory with Advanced Learning Strategies This book is sure to get you on your way to bettering your memory becoming a stronger student and reigniting your love of learning This book is not a small guide that helps you memorize the grocery list but it is an advanced guide for workers and students who want to improve and speed up their learning Don t wait any longer start reading this book and achieve all your goals Scroll up and click the BUY NOW button **Maximising Your Memory** Peter Marshall, Dr,2012-09-01 This popular book by an expert who has had years of experience in memory research now in its second edition explains clearly how you can maximise your memory in order to achieve your academic professional and personal goals **Improve Your Memory** Mark Channon,2015 **Maximising Your Memory** Peter Marshall,1998

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How to Improve Your Memory

Benjamin Carlos, 2020-10-22

Just a minute before you leave home you are busy in searching for your car keys or you forgot where you last time keep your pen. Do you often face these types of circumstances? Do you forget names, telephone numbers or digits? This happens because of weak memory. We forgot things. Human memory is an organ used to save, recall and remember information. Everybody wants to have a photographic memory and people want to learn things quickly. In this competitive world people face a shortage of time. People want to do more things in less time to achieve their goals quickly. You can now solve your memory problems with the help of this guidebook. You can improve your memory by applying simple tricks and techniques mentioned in this book. After reading this book you will know:

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Memory Improvement

Tony White, 2019-04-07

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- How to memorize speeches that last for hours
- How to remember numbers, codes and passwords easily
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