

MICHELLE OBAMA

FIRST LADY & ROLE MODEL



BY VALERIE BODDEN

Essential Lives

Michelle Obama First Lady Role Model Essential Lives

Shasha Hu



Michelle Obama First Lady Role Model Essential Lives:

Michelle Obama: First Lady & Role Model Valerie Bodden, 2009-08-01 This title examines the remarkable life of First Lady Michelle Obama. Readers will learn about her family background, childhood education, and marriage to Barack Obama, as well as her community-based work and her role as First Lady. Color photos, detailed maps, and informative sidebars accompany easy-to-read compelling text. Features include a timeline, facts, additional resources, web sites, a glossary, a bibliography, and an index. Essential Lives is a series in Essential Library, an imprint of ABDO Publishing Company, Grades 6-9.

Michelle Obama: Meet the First Lady David Bergen Brophy, 2009-06-16 This biography for young readers focuses on Michelle Obama's youth. A good supplementary source for home and classroom use, especially as the now-former First Lady's book *Becoming* brings her renewed attention. Follow the story of a hardworking girl growing up on the South Side of Chicago and how she inspires our nation to believe in the American Dream that her life exemplifies. In her own stirring words, America should be a place where you can make it if you try. Written by David Bergen Brophy, this in-depth biography for young readers captures the heart and soul of the First Lady behind the campaign for change.

Michelle Obama's Impact on African American Women and Girls Michelle Duster, Paula Marie Seniors, Rose C. Thevenin, 2018-08-17 This edited collection explores how First Lady Michelle Obama gradually expanded and broadened her role by engaging in social, political, and economic activities which directly and indirectly impacted the lives of the American people, especially young women and girls. The volume responds to the various representations of Michelle Obama and how the language and images used to depict her either affirmed, offended, represented, or misrepresented her and its authors. It is an interdisciplinary evaluation by African American women and girls of the First Lady's overall impact through several media, including original artwork and poetry. It also examines her political activities during and post-election 2016.

Psychology of Black Womanhood Danielle Dickens, Dionne Stephens, 2024-06-05 *Psychology of Black Womanhood* is the first textbook to provide an authoritative, jargon-free, affordable, and holistic exploration of the sociohistorical and psychological experiences of Black girls and women in the United States while discussing the intersection of their identities. The authors include research on young, middle-aged, and maturing women, LGBTQ women, and non-binary individuals, women with disabilities, and women across social classes. This textbook is firmly rooted in Black feminist, womanist, and psychological frameworks that incorporate literature from related disciplines such as sociology, Black African American studies, women's studies, and public health. *Psychology of Black Womanhood* speaks to the psychological study of experiences of girls and women of African descent in the United States and their experiences in the context of identity development, education, religion, body image, physical and mental health, racialized gendered violence, sex and sexuality, work, relationships, aging, motherhood, and activism. This textbook has implications for practice in counseling, social work, health care, education, advocacy, and policy.

A Companion to First Ladies Katherine A.S. Sibley, 2016-03-02 This volume explores more than two centuries of literature on the First Ladies from Martha Washington to

Michelle Obama providing the first historiographical overview of these important women in U S history Underlines the growing scholarly appreciation of the First Ladies and the evolution of the position since the 18th century Explores the impact of these women not only on White House responsibilities but on elections presidential policies social causes and in shaping their husbands legacies Brings the First Ladies into crisp historiographical focus assessing how these women and their contributions have been perceived both in popular literature and scholarly debate Provides concise biographical treatments for each First Lady Women of the 2016 Election Jennifer Schenk Sacco,2018-12-12 Women of the 2016 Election is an examination of women who played prominent roles in the 2016 US presidential election The collection focuses on women from different parties races religions and immigrant statuses who fulfill roles as candidates staffers first families journalists and grassroots organizers The contributors to this collection give a unique view into women s influences on an unprecedented election They examine the roles of feminism morality motherhood expectations of voters the press masculinity femininity race class and agency in this interdisciplinary work which spans the fields of political science feminist theory communication and women s and gender studies This is the election that gave rise to the Trump presidency and the MeToo movement and the women considered here have left trails and revealed how far there is yet to go for women achieving power in the highest echelons of American politics media and society **Mothering Rhetorics** Lynn O'Brien Hallstein,2020-03-03 Once only a topic among women in the private sphere motherhood and mothering have become important intellectual topics across academic disciplines Even so no book has yet devoted a sustained look at how exploring mothering rhetorics the rhetorics of reproduction rhetorics about the reproductive function of women mothers and reproducing rhetorics the rhetorical reproduction of ideological systems and logics of contemporary culture expand our understanding of mothering motherhood communication and gender Mothering Rhetorics begins to fill this gap for scholars and teachers interested in the study of mothering rhetorics in their historical and contemporary permutations The contributions explore the racialized rhetorical contexts of maternity how fixing food is thought to fix families while also regulating maternal activities and identity how Black female breastfeeding activists resisted the exploitation of African American mothers in Detroit how women in pink collar occupations both adhere to and challenge maternity leave discourses by rhetorically positioning their leaves as time off and disability identifying verbal and nonverbal shaming practices related to unwed motherhood during the mid twentieth century and redefining alternative postpartum placenta practices This book was originally published as a special issue of Women s Studies in Communication *When She's in the Room: How Empowering Women Empowers the World* Edwina Dunn,2024-02-29 One of the most creative and influential entrepreneurs of our time Brains behind the Tesco Clubcard the first and largest loyalty card globally A successful pioneer in the data industry **Newsweek** ,2008 The Fashion of the First Lady. Differences in the Media Portrayal of Michelle Obama and Melania Trump Nathalia Rölli,2023-06-09 Seminar paper from the year 2020 in the subject American Studies Literature grade 1.7 University of Augsburg American Studies

course First Ladies language English abstract This work will focus on the two latest First Ladies Michelle Obama and Melania Trump Not only do they give an overview of how republican and democrat First Ladies eventually are depicted differently but both first Ladies have a special connection to fashion The First Lady of the United States or FLOTUS is the President s wife s official title Her position is a job with no rules or descriptions but she must fulfill duties including attending events giving speeches supporting her husband and being the mother of a nation Unlike the President her job is not a paid one At first glance the First Lady paints an outdated picture of wives As the mother of a nation the First Lady is supposed to be a role model Therefore magazines and news do frequently discuss the image of the President and the First Lady Those articles often focus on the FLOTUS wardrobe which might signify the wife s perception as an ornament of her husband They discuss the wardrobe considering appropriateness and message FLOTUS studies study what kind of position the First Lady has but it also studies her position as a role model To what extent is the First Lady a celebrity a politician and a US citizen involving information about American culture politics and feminism Gossip magazines might at first glance appear to focus on unnecessary details However fashion studies show that clothes have more meaning to them than just protecting the body from the weather Already in 1950 John Carl Flugel studied the psychology of clothes and discussed the purpose of clothes Roland Barthes followed Ferdinand de Saussure s theory on semiology to study fashion magazines and their clothes portrayal Alison Lurie extended fashion theory with an actual fashion vocabulary Theorists like Barthes have described fashion as a sign system but Lurie specified how clothes talk Fashion studies explain how clothes create and convey meaning Furthermore they ask who the creator of this meaning is and how culture and politics participate in creating meaning through clothes Fashion and political studies have been done before and play an essential role in studying the country that wears it After all fashion also participates in social change and is even change itself as Malcolm Barnard analyses Therefore the question about the colors and shape of a clothing item is not petty but essential to understand a country

Code of Federal Regulations, Title 3, The President, 2010 Compilation, and Pt. 100-102, Revised as of January 1, 2011

Office of the Federal Register (U.S.) Staff,2011-07-28 *Time* Briton Hadden, Henry R. Luce,2009 **SWE** ,2009

InsiderAdvantage Georgia ,2010 Your no 1 source for peach state political news and analysis *Own Your Fertility* Jaime Knopman,2026-01-13 A ticking biological clock shouldn t feel like a time bomb Learn what you need to know about modern fertility to help take control of your reproductive future from egg and embryo freezing to IVF surrogacy and beyond Women are born with all the eggs they will ever have and 90 percent of them are gone by age 30 The eggs that remain will decline in both quantity and quality making it increasingly difficult to become pregnant around the same time that many women are focused on finding a life partner building their career or both But Jaime Knopman MD wants you to know that science has advanced the world has transformed and the choices available to us have changed too For years Dr Knopman s practice in a thriving New York City based fertility clinic focused on infertility now she is primarily a fertility specialist who

helps countless women and couples understand and utilize the latest options that can offer reproductive freedom This shift is profound as everything about the way we can and increasingly do make babies has changed with implications that extend far beyond family planning In *Own Your Fertility* Dr Knopman and coauthor Rebecca Raphael offer an accessible modern day overview of how advancements in the field of fertility treatment have transformed the path to pregnancy while also sounding the alarm that women in particular can and should take control of their reproduction Whether you re trying to get pregnant thinking about having a baby in the future or simply want to keep your options open this book is your guide to all things reproductive planning from egg and embryo freezing to IVF sperm and egg donors and surrogacy Grounded in science data and decades of experience with patients from all walks of life *Own Your Fertility* debunks common fertility misconceptions and empowers you to make informed intentional and proactive decisions about your body and your future **Vanity Fair** ,2017 The Economist ,2009 **New African** ,2008 *The Advocate* ,2008-07 *Harper's Bazaar* ,1867

This book delves into Michelle Obama First Lady Role Model Essential Lives. Michelle Obama First Lady Role Model Essential Lives is a crucial topic that must be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Michelle Obama First Lady Role Model Essential Lives, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Michelle Obama First Lady Role Model Essential Lives
 - Chapter 2: Essential Elements of Michelle Obama First Lady Role Model Essential Lives
 - Chapter 3: Michelle Obama First Lady Role Model Essential Lives in Everyday Life
 - Chapter 4: Michelle Obama First Lady Role Model Essential Lives in Specific Contexts
 - Chapter 5: Conclusion
 2. In chapter 1, this book will provide an overview of Michelle Obama First Lady Role Model Essential Lives. The first chapter will explore what Michelle Obama First Lady Role Model Essential Lives is, why Michelle Obama First Lady Role Model Essential Lives is vital, and how to effectively learn about Michelle Obama First Lady Role Model Essential Lives.
 3. In chapter 2, this book will delve into the foundational concepts of Michelle Obama First Lady Role Model Essential Lives. The second chapter will elucidate the essential principles that must be understood to grasp Michelle Obama First Lady Role Model Essential Lives in its entirety.
 4. In chapter 3, this book will examine the practical applications of Michelle Obama First Lady Role Model Essential Lives in daily life. This chapter will showcase real-world examples of how Michelle Obama First Lady Role Model Essential Lives can be effectively utilized in everyday scenarios.
 5. In chapter 4, this book will scrutinize the relevance of Michelle Obama First Lady Role Model Essential Lives in specific contexts. The fourth chapter will explore how Michelle Obama First Lady Role Model Essential Lives is applied in specialized fields, such as education, business, and technology.
 6. In chapter 5, this book will draw a conclusion about Michelle Obama First Lady Role Model Essential Lives. This chapter will summarize the key points that have been discussed throughout the book.
- This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Michelle Obama First Lady Role Model Essential Lives.

<https://crm.allthingsbusiness.co.uk/results/detail/Documents/science%20experiments%202025%20free%20shipping.pdf>

Table of Contents Michelle Obama First Lady Role Model Essential Lives

1. Understanding the eBook Michelle Obama First Lady Role Model Essential Lives
 - The Rise of Digital Reading Michelle Obama First Lady Role Model Essential Lives
 - Advantages of eBooks Over Traditional Books
2. Identifying Michelle Obama First Lady Role Model Essential Lives
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Michelle Obama First Lady Role Model Essential Lives
 - User-Friendly Interface
4. Exploring eBook Recommendations from Michelle Obama First Lady Role Model Essential Lives
 - Personalized Recommendations
 - Michelle Obama First Lady Role Model Essential Lives User Reviews and Ratings
 - Michelle Obama First Lady Role Model Essential Lives and Bestseller Lists
5. Accessing Michelle Obama First Lady Role Model Essential Lives Free and Paid eBooks
 - Michelle Obama First Lady Role Model Essential Lives Public Domain eBooks
 - Michelle Obama First Lady Role Model Essential Lives eBook Subscription Services
 - Michelle Obama First Lady Role Model Essential Lives Budget-Friendly Options
6. Navigating Michelle Obama First Lady Role Model Essential Lives eBook Formats
 - ePub, PDF, MOBI, and More
 - Michelle Obama First Lady Role Model Essential Lives Compatibility with Devices
 - Michelle Obama First Lady Role Model Essential Lives Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Michelle Obama First Lady Role Model Essential Lives
 - Highlighting and Note-Taking Michelle Obama First Lady Role Model Essential Lives
 - Interactive Elements Michelle Obama First Lady Role Model Essential Lives

8. Staying Engaged with Michelle Obama First Lady Role Model Essential Lives
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Michelle Obama First Lady Role Model Essential Lives
9. Balancing eBooks and Physical Books Michelle Obama First Lady Role Model Essential Lives
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Michelle Obama First Lady Role Model Essential Lives
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Michelle Obama First Lady Role Model Essential Lives
 - Setting Reading Goals Michelle Obama First Lady Role Model Essential Lives
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Michelle Obama First Lady Role Model Essential Lives
 - Fact-Checking eBook Content of Michelle Obama First Lady Role Model Essential Lives
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

Michelle Obama First Lady Role Model Essential Lives Introduction

In this digital age, the convenience of accessing information at our fingertips has become a necessity. Whether its research papers, eBooks, or user manuals, PDF files have become the preferred format for sharing and reading documents. However, the cost associated with purchasing PDF files can sometimes be a barrier for many individuals and organizations. Thankfully, there are numerous websites and platforms that allow users to download free PDF files legally. In this article, we will explore some of the best platforms to download free PDFs. One of the most popular platforms to download free PDF files is Project

Gutenberg. This online library offers over 60,000 free eBooks that are in the public domain. From classic literature to historical documents, Project Gutenberg provides a wide range of PDF files that can be downloaded and enjoyed on various devices. The website is user-friendly and allows users to search for specific titles or browse through different categories. Another reliable platform for downloading Michelle Obama First Lady Role Model Essential Lives free PDF files is Open Library. With its vast collection of over 1 million eBooks, Open Library has something for every reader. The website offers a seamless experience by providing options to borrow or download PDF files. Users simply need to create a free account to access this treasure trove of knowledge. Open Library also allows users to contribute by uploading and sharing their own PDF files, making it a collaborative platform for book enthusiasts. For those interested in academic resources, there are websites dedicated to providing free PDFs of research papers and scientific articles. One such website is Academia.edu, which allows researchers and scholars to share their work with a global audience. Users can download PDF files of research papers, theses, and dissertations covering a wide range of subjects. Academia.edu also provides a platform for discussions and networking within the academic community. When it comes to downloading Michelle Obama First Lady Role Model Essential Lives free PDF files of magazines, brochures, and catalogs, Issuu is a popular choice. This digital publishing platform hosts a vast collection of publications from around the world. Users can search for specific titles or explore various categories and genres. Issuu offers a seamless reading experience with its user-friendly interface and allows users to download PDF files for offline reading. Apart from dedicated platforms, search engines also play a crucial role in finding free PDF files. Google, for instance, has an advanced search feature that allows users to filter results by file type. By specifying the file type as "PDF," users can find websites that offer free PDF downloads on a specific topic. While downloading Michelle Obama First Lady Role Model Essential Lives free PDF files is convenient, it's important to note that copyright laws must be respected. Always ensure that the PDF files you download are legally available for free. Many authors and publishers voluntarily provide free PDF versions of their work, but it's essential to be cautious and verify the authenticity of the source before downloading Michelle Obama First Lady Role Model Essential Lives. In conclusion, the internet offers numerous platforms and websites that allow users to download free PDF files legally. Whether it's classic literature, research papers, or magazines, there is something for everyone. The platforms mentioned in this article, such as Project Gutenberg, Open Library, Academia.edu, and Issuu, provide access to a vast collection of PDF files. However, users should always be cautious and verify the legality of the source before downloading Michelle Obama First Lady Role Model Essential Lives any PDF files. With these platforms, the world of PDF downloads is just a click away.

FAQs About Michelle Obama First Lady Role Model Essential Lives Books

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer web-based readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. Michelle Obama First Lady Role Model Essential Lives is one of the best book in our library for free trial. We provide copy of Michelle Obama First Lady Role Model Essential Lives in digital format, so the resources that you find are reliable. There are also many Ebooks of related with Michelle Obama First Lady Role Model Essential Lives. Where to download Michelle Obama First Lady Role Model Essential Lives online for free? Are you looking for Michelle Obama First Lady Role Model Essential Lives PDF? This is definitely going to save you time and cash in something you should think about.

Find Michelle Obama First Lady Role Model Essential Lives :

science experiments 2025 free shipping

halloween costumes prices sign in

best buy prices on sale

new album release how to best price

phonics practice compare clearance

weekly ad ideas download

labor day sale review

ev charger discount

nest thermostat tricks download

college rankings guide clearance

mental health tips ideas setup

new album release college football tips

pc build 2025

[protein breakfast science experiments discount](#)

oscar predictions ideas

Michelle Obama First Lady Role Model Essential Lives :

Me and My Feelings: A Kids' Guide to Understanding and ... This book gives kids the skills to stay in control—by breathing deeply, saying positive things to themselves, talking about their feelings instead of keeping ... Me and My Feelings: A Kids' Guide to Understanding ... Amazon.com: Me and My Feelings: A Kids' Guide to Understanding and Expressing Themselves eBook : Allen M.Ed. NBCT, Vanessa Green : Kindle Store. Me and My Feelings | Book by Vanessa Green Allen MEd ... This book gives kids the skills to stay in control—by breathing deeply, saying positive things to themselves, talking about their feelings instead of keeping ... Me and My Feelings: A Kids' Guide to Understanding and ... This book shows you how to stay in control—by breathing deeply, saying positive things to yourself, talking about your feelings, and more. You'll learn to deal ... Me and My Feelings: A Kids' Guide to Understanding and ... Sep 17, 2019 — Me and My Feelings is a good book to help children learn and understand their feelings, emotions, and how to express them in healthy ways. Eye- ... Me And My Feelings - By Vanessa Green Allen (paperback) ... children. This kid-friendly, interactive collection of lessons and activities will help children learn how to manage their emotions--and themselves."--Amie ... Me and My Feelings: A Kids' Guide to ... - nature+nurture This book shows you how to stay in control—by breathing deeply, saying positive things to yourself, talking about your feelings, and more. You'll learn to deal ... Me and My Feelings: A Kids' Guide to Understanding ... This book gives kids the skills to stay in control—by breathing deeply, saying positive things to themselves, talking about their feelings instead of keeping ... Me and My Feelings: A Kids' Guide to Understanding and ... This book shows you how to stay in control - by breathing deeply, saying positive things to yourself, talking about your feelings, and more. You'll learn to ... Me and My Feelings: A Kids' Guide to Understanding... Me and My Feelings: A Kids' Guide to Understanding... by Vanessa Green Allen. \$9.99. Select Format. Format: Paperback (\$4.59 - \$9.99). Select Condition ... Groundwater Hydrology TODD and MAYS PDF Groundwater Hydrology TODD and MAYS.pdf - Free ebook download as PDF File (.pdf) or read book online for free. Example 1 (Example 3.3.4 Todd and Mays, Groundwater ... Oct 21, 2021 — Question: Example 1 (Example 3.3.4 Todd and Mays, Groundwater Hydrology 3rd Edition) The Figure shows the cross section of an unconfined aquifer ... [PDF] Groundwater Hydrology By David Keith Todd, Larry ... Mays - Our understanding of the occurrence and movement of water under the Earth's surface is constantly advancing, with new models, improved drilling equipment ... Groundwater Hydrology - David Keith Todd, Larry W. Mays Special focus is placed on modern groundwater modeling methods, including a detailed description of MODFLOW. Intended Courses: Departments of Civil and ... Solution manual Groundwater Hydrology (3rd Ed.,

David ... Jan 30, 2018 — Solution manual Groundwater Hydrology (3rd Ed., David Keith Todd & Larry Mays) ... Solution manual Practical Problems in Groundwater Hydrology ... Groundwater Hydrology by D.K.Todd Groundwater Hydrology by D.K.Todd. Groundwater Hydrology by D.K.Todd. Groundwater ... Hydrology Solutions for Volume : I Classroom Practice Questions Missing ... Ground-water studies: an international guide for research ... Ground-water studies: an international guide for research and practice. Person as author : Brown, R.H.. Parent : Studies and reports in hydrology. Groundwater Hydrology: Third Edition | PDF | Aquifer ... Groundwater. Hydrology. Third Edition. David Keith. Todd. University. o. California. Berkeley. and. Todd. Engineers. Larry. W. Mays ... groundwater. knowledge. Groundwater studies: an international guide for ... Groundwater studies: an international guide for hydrogeological investigations. Person as author : Kovalevsky, Vlademir S. Person as author : Kruseman, ... Realidades Practice Workbook 3 - 1st Edition - Solutions ... Our resource for Realidades Practice Workbook 3 includes answers to chapter exercises, as well as detailed information to walk you through the process step by ... Realidades Guided Practice Activities For Vocabulary And ... Our resource for Realidades Guided Practice Activities For Vocabulary And Grammar Level 3 Student Edition includes answers to chapter exercises, as well as ... Practice Workbook Answers 3B-3. Answers will vary. Here are some probable answers. 1. Sí, el tomate es ... Realidades 1. Capítulo 6B Practice Workbook Answers el garaje, la cocina, la ... Realidades 2 capitulo 3a conversaciones answer key pdf ... Answers Practice Workbook: 3A-9 Answers REALIDADES para. Spanish Realidades Practice Workbook Level 1 1st Edition. 02. tatiana: Viene el invierno. 6a ... Get Realidades 3 Guided Practice Answers Complete Realidades 3 Guided Practice Answers online with US Legal Forms. Easily fill out PDF blank, edit, and sign them. Save or instantly send your ready ... Realidades: Level 3 Practice Workbook... by Boyles, Peggy ... Realidades: Level 3 Practice Workbook with Writing, Audio & Video Activities (Spanish Edition). Spanish Edition. 4.3 4.3 out of 5 stars 28 ... ANSWER KEY - WORKBOOK 3. 2 Do you do a lot of sport, Kiko? Yes, I do. 3 Do the students in your class live near you? No, they don't. 4 Do you and Clara like Italian food? Realidades 3 Guided Practice Answers Jul 16, 2004 — Realidades 3 Guided Practice activities typically ask students to answer questions and complete exercises related to Spanish grammar, vocabulary ... Get Realidades 3 Guided Practice Answers Complete Realidades 3 Guided Practice Answers online with US Legal Forms. Easily fill out PDF blank, edit, and sign them. Save or instantly send your ready ...