

SAMPLE CASE STUDY BASED ON ACTUAL PATIENT

International Academy of Medical Acupuncture Case Studies

Case Number: 14

Patient Initials: JSW

Initial Date of Patient Consult/Treatment: January 13th, 2004

Patient Age: 43 **Gender:** Female **Occupation:** Office Manager

Subjective Patient Complaints: Adult onset asthma. Dyspnea, cough and occasional wheezing symptoms upon increased physical exertion/exercise or "stress" situations.

Onset: Three years ago insidiously, although after thorough questioning of the patient she revealed that she had lost a beloved pet and experienced much grief.

What palliates/provokes the symptoms? Provoked by exercise, emotional/physical Stress, cigarette smoke, mold, and also worse with seasonal respiratory allergies. Acute dyspnea and asthma symptoms temporarily eased with prescription bronchial inhaler medication.

Quality of symptoms: Bronchial spasm creating difficult expiration; a sensation of tightness in the chest, occasional wheezing symptoms. This patient states that on a scale of 1-10, where 10 is the best, she rates her symptoms as a three, due to the amount of interruption and disturbance to her normal daily routine.

Is there any radiation of symptoms? The dyspnea, wheezing and cough often causes neck and upper back soreness and stiffness, "tightness" sensation in chest, and occasional sore throat from the forceful coughing.

Describe the site of symptomatology: Bronchial, Lung, Chest/ Thoracic region

Time of day/ duration of symptoms: Daily episodes of dyspnea. Symptoms often worse @3-6 AM causing patient to awake coughing. Patient reports having to use medication (bronchial inhaler) at least 3-4 times a day typically associated with the above mentioned stressors.

Prior contributory health history: 1) Seasonal upper respiratory allergies, primarily Spring and Fall. 2) Occasional episodes of mild eczema (dermatitis) over the last few years on hands and forearms in times of extreme grief/stress. 3) Occasional loose stools when under stress. 4) Reports a history of being healthy, aside from this recent asthma problem, and athletic, involved in recreational sports. She enjoys caring for and riding her two horses but now finds difficulty exercising aerobically due to the dyspnea.

Characteristics of symptoms based upon Five Element Theory: a) Emotion of grief associated with the Lung meridian and skin conditions, as in this patient's eczema. b) Patient's stress often causes loose stool, indicative of the coupled meridian association of Lung/ Large Intestine. C) The white pallored skin hue is also associated with the metal element (lung and large intestine).

Patient Case Example

G Psacharopoulos

Patient Case Example:

An Electronic Patient Referral Application: A Case Study from Zambia Niamh Darcy, Chris Kelley, Eileen Reynolds, Gordon Cressman, Wm. Perry Killam, 2010-03-30 Electronic medical records EMRs benefit health systems especially in low income developing countries EMR systems can give medical personnel access to patients records and can reduce time needed for data management and record keeping The report discusses the design implementation and results of an installed electronic perinatal patient referral system supporting health personnel who referred patients through a closed network Web based system in the Lusaka health district in Zambia It demonstrates how the patient referral module laid the groundwork for a larger EMR system

Semantic Perception Theory Kekang He, 2019-11-26 Based on an in depth study of children s language development theory this book puts forward the original proposition that semantic perception is the human sixth sense Presenting a detailed complete and scientific argumentation it asserts that the innateness of semantic perception has a physiological basis and that language acquisition is based on semantic perception and proposes the idea of a critical period of nurture and language growth To this end the book not only contrasts children s language acquisition processes and the process of adult speech generation and comprehension but also discusses the ability to read and write describing this important stage of children s language development and analyzing semantic perception Focusing on education and psychology it also discusses the use of semantic perception theory to instruct teaching and learning This book is a valuable resource for teachers researchers practitioners and graduate students in the fields of educational technology child development and language learning as well as anyone interested in children s language development

Clinical Supervision In The Medical Profession: Structured Reflective Practice Owen, David, Shohet, Robin, 2012-10-01 Doctors reading this book will not only be convinced of the need for medical supervision for all doctors even pathologists and coroners they will also be given a handy smorgasbord of different types of medical supervision from which to choose There may not be many ways of rekindling the spark of compassion and loving kindness that made us want to become health professionals at the start of our careers but Owen and Shohet have demonstrated that empathic supervision whether this is from fellow professionals or from peers is certainly one way of achieving this Brian Kaplan MD With a foreword by Iona Heath President of the Royal College of General Practitioners This book helps trainee and practicing doctors to develop a broader understanding of supervision Written by doctors and other medical specialists experienced in clinical supervision it gives the reader the means to enable structure and develop their reflective practice It provides practical tools to engage positively with regulatory challenges increase satisfaction at work and improve quality of care Clinical Supervision in the Medical Profession considers the reasons for clinical supervision and how it can support doctors and even transform how they engage with challenging issues The authors outline a range of ways that they have put clinical supervision into practice and how it has benefitted their work

Contributors Christine Dunkley Helen Halpern Anita Houghton Sue Morrison David Owen Patricia Ridsdale Paul Sackin John

Salinsky Robin Shohet Maggie Stanton Guy Undrill and Sonya Wallbank *A Prospective Reimbursement System Based on Patient Case-mix for New Jersey Hospitals ...* New Jersey. State Department of Health, 1981 Contemporary Drug Information Claude J. Gaebelein, Brenda L. Gleason, 2008 This innovative textbook teaches the basics of drug information literature evaluation and biostatistics and relates these topics to evidence based pharmaceutical care Readers will learn what to look for in studies how to critique them and how to apply them in clinical pharmacy practice A major focus is critical appraisal of evidence derived from different types of studies cases cohorts surveys randomized controlled clinical trials pharmaco-economic studies and systematic reviews Concluding chapters discuss clinical decision making using evidence from studies

Pilbeam's Mechanical Ventilation E-Book James M. Cairo, 2019-09-05 Ensure you understand one of the most sophisticated areas of respiratory care with Pilbeam's Mechanical Ventilation Physiological and Clinical Applications 7th Edition Known for its simple explanations and in depth coverage of patient ventilator management this evidence based text walks you through the most fundamental and advanced concepts surrounding mechanical ventilation and helps you understand how to properly apply these principles to patient care This new edition is an excellent reference for all critical care practitioners and features coverage of the physiological effects of mechanical ventilation on different cross sections of the population Additionally student friendly features promote critical thinking and clinical application such as key points AARC clinical practice guidelines critical care concepts updated learning objectives which address ACCS exam topics and are currently mandated by the NBRC for the RRT ACCS credential Brief patient case studies list important assessment data and pose a critical thinking question to you Critical Care Concepts are presented in short questions to help you apply knowledge to difficult concepts UNIQUE Chapter on ventilator associated pneumonia provides in depth comprehensive coverage of this challenging issue Clinical scenarios cover patient presentation assessment data and treatment options to acquaint you with different clinical situations Key Point boxes highlight need to know information Logical chapter sequence builds on previously learned concepts and information Bulleted end of chapter summaries help you to review and assess your comprehension Excerpts of Clinical Practice Guidelines developed by the AARC American Association for Respiratory Care make it easy to access important information regarding indications contraindications hazards and complications assessment of need assessment of outcome and monitoring Chapter outlines show the big picture of each chapter's content Glossary of mechanical ventilation terminology includes definitions to highlighted key terms in each chapter NBRC exam style assessment questions at the end of each chapter offer practice for the certification exam NEW Interprofessional education and practice concepts integrated throughout text and within respective chapters NEW Enhanced content on the physiological effects of mechanical ventilation application provides in depth coverage of patient concerns UPDATED Content on ventilator modes in Selecting the Ventilator Mode and Initial Ventilator Settings chapters NEW Revised Basic Concepts of Noninvasive Positive Pressure Ventilation chapter includes the latest practices in this area of respiratory care NEW Learning Objectives

and end of chapter Review Questions reflect the updated content and the latest NBRC RRT ACCS exam topics National Hospital Rate-setting Study: Case study of prospective reimbursement in New Jersey ,1980 A Prospective Reimbursement System Based on Patient Case-mix for New Jersey Hospitals, 1976-1981 New Jersey. State Department of Health,1979

Clinical Manual for the Study of Medical Cases James Finlayson (M.D.),1878 Complications in Vascular Interventional Therapy: Case-Based Solutions Stefan Müller-Hülsbeck,Thomas Jahnke,2016-08-03 Learn to avoid and manage complications from actual endovascular cases Complications in Vascular Interventional Therapy Case Based Solutions provides a systematic review of potential complications that may occur during endovascular procedures This compendium features 106 cases from daily interventional practice that highlight the most common and important complications that can arise Each case presents a concise account of patient history initial treatment problems encountered and resulting complication potential solutions for managing the complication discussion and analysis of the final course of action and valuable tips and take home messages for complication prevention Key Features Covers thrombosis arterial hemorrhage vessel perforation distal embolization device malfunction access related complications and much more A total of 106 real life cases with 540 images to engage the reader and enhance problem solving skills A wealth of information and advice for optimizing patient safety before during and after interventional therapy Take home messages at the end of each case provide vital prevention strategies Further Reading and References for exploring topics of interest Complications in Vascular Interventional Therapy Case Based Solutions is an invaluable sourcebook for novice and experienced interventional radiologists vascular surgeons angiologists and cardiologists The clinical cases and practical details found in this book will help all physicians who perform peripheral vascular interventions prepare for the myriad complications they may encounter during endovascular procedures

Clinical Companion Study Guide for Mosby's Dental Hygiene Susan J. Daniel,Bonnie Francis,Sherry A. Harfst,Rebecca Wilder,Shannon H. Mitchell,2007 This study guide companion to Mosby's Dental Hygiene Concepts Cases and Competencies 2nd Edition draws the student in using a friendly question and answer format that explains how s what s where s and why s of the content The answers to these questions tie into features from the main text including the Insight Statement Learning Outcomes Case Studies and Case Applications Review Questions and answers as well as Critical Thinking Activity Worksheets encourage students to practice their knowledge and skills after reading the text chapter and to prepare for exams Follows a format consistent with the main text and allows students to become familiar with the pattern and focus on learning the content A conversational question and answer format makes material less intimidating and immediately demonstrates the benefits of working on the exercises Frequent references to main text content such as Insight Statement Learning Outcomes and Case Study help student retain the information better through repetition Critical Thinking Activities help students practice application of concepts to everyday life and reach a better understanding of the dental hygienist s role Topics to Debate feature challenges students to consider the ethics and proper application of dental hygienist

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The Lancet ,1880

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