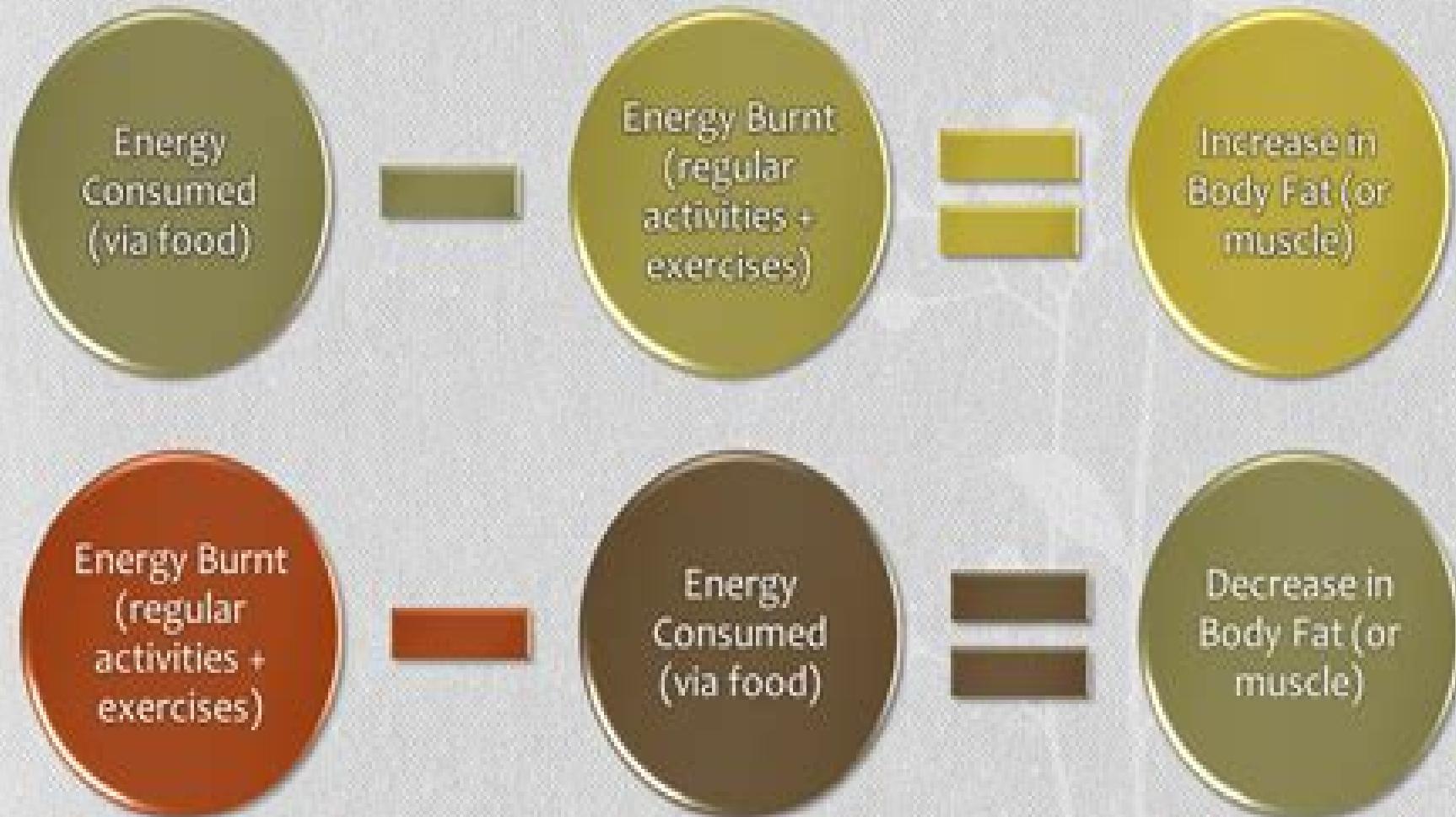


Intermittent Fasting – Science behind (1/2)

Energy Balance - Equation



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