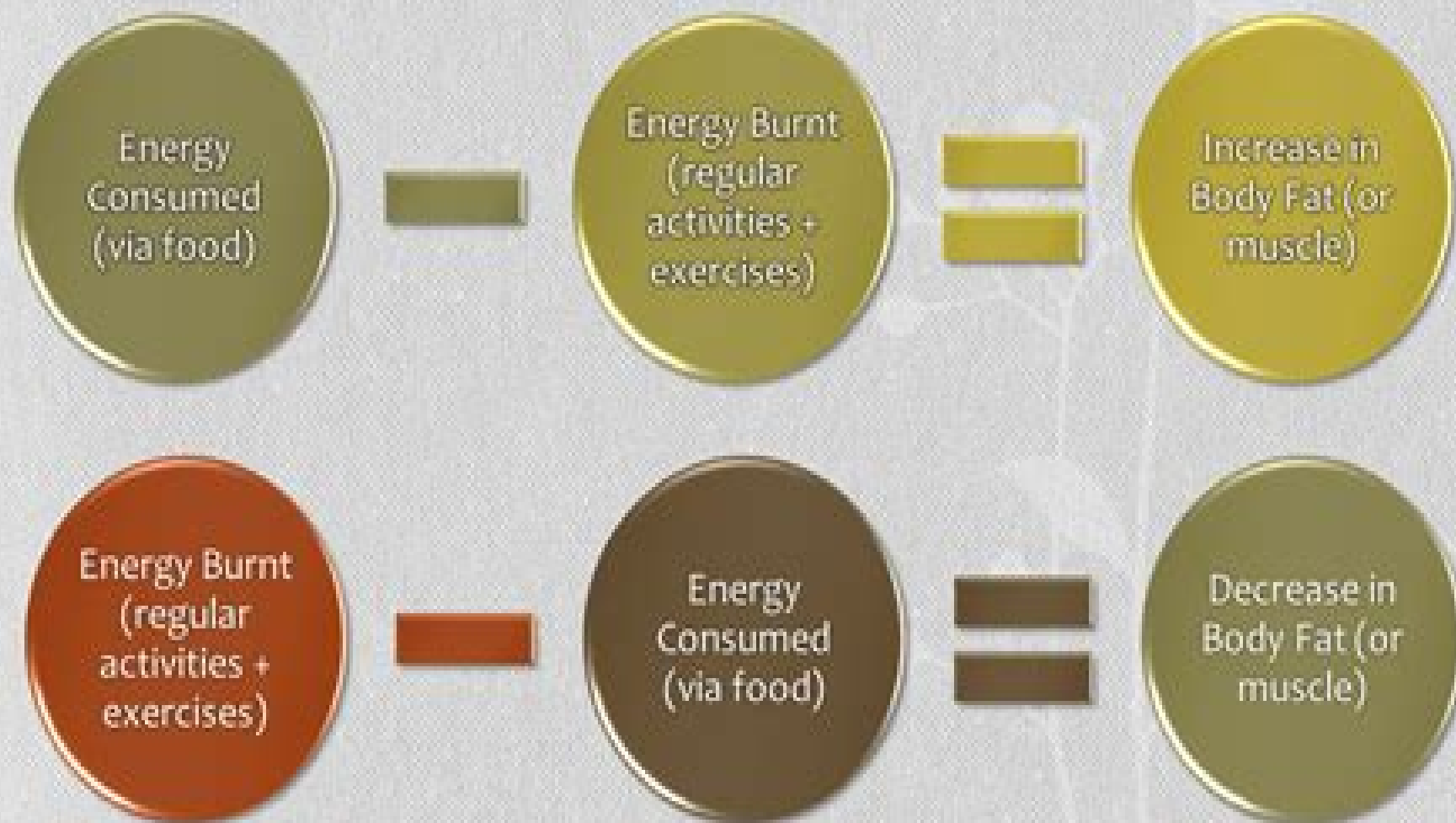


# Intermittent Fasting – Science behind (1/2)

## Energy Balance - Equation



# Intermittent Fasting Science Experiments Guide

**H Kauffman**



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