

Our Bodies, Ourselves

TRANSFORMED WORLDWIDE

A Collection of Prefaces from
Culturally Adapted Translations of
Our Bodies, Ourselves



Compiled by Ayesha Chatterjee

Our Bodies Ourselves

**Boston Women's Health Book
Collective**



Our Bodies Ourselves:

The Making of Our Bodies, Ourselves Kathy Davis, 2007-09-03 The story of how the feminist classic *Our Bodies Ourselves* has been adapted and reworked by women of different cultures around the world *Our Bodies, Ourselves* Boston Women's Health Book Collective, 1973 Chapter on lesbians by lesbians Misha Schutt *Our Bodies, Ourselves* Boston Women's Health Book Collective, Judy Norsigian, 2011-10-04 THE BESTSELLING WOMEN'S HEALTH CLASSIC INFORMING AND INSPIRING WOMEN ACROSS GENERATIONS Hailed by The New York Times as a feminist classic this comprehensive guide to all aspects of women's sexuality and reproductive health including menopause birth control childbirth sexual health sexual orientation gender identity mental health and overall wellbeing changed the women's health movement around the world and remains as important and relevant as ever Providing detailed and empowering information on women's reproductive health and sexuality this latest edition of *Our Bodies Ourselves* shows how to find and access health information and offers additional resources and stories to educate women about health care injustices and inspires them to work collectively to address them Including the latest vital information on Changes in the health care system especially how health care reform affects women and how to get the care you need Safer sex how to engage in pleasurable satisfying sexual experiences while protecting your health and the health of your partner Environmental health risks including minimizing exposure to everyday pollutants that endanger reproductive health Body image resisting negative media stereotypes and embracing healthier approaches to looking and feeling good Local and global activism using social media and organizing tactics to build community and advocate for policies that improve women's lives As well as crucial information about gender identity sexual orientation birth control abortion pregnancy and birth perimenopause and sexuality and sexual health as we age Together with its companion website OurBodiesOurselves.org *Our Bodies Ourselves* is a one stop resource that belongs on the bookshelves of women of all ages *Our Bodies, Ourselves* Boston Women's Health Book Collective, 1971 *Our Bodies, Ourselves and the Work of Writing* Susan Wells, 2010-01-21 *Our Bodies Ourselves* first published by a mainstream press in 1973 is now in its eighth major edition It has been translated into twenty nine languages has generated a number of related projects and with over four million copies sold is as popular as ever This study tells the story of the first two decades of the pioneering best seller a collectively produced guide to women's health from its earliest most experimental and revolutionary years when it sought to construct a new female public sphere to its 1984 revision when some of the problems it first posed were resolved and the book took the form it has held to this day Wells undertakes a rhetorical and sociological analysis of the best seller and of the work of the Boston Women's Health Book Collective that produced it In the 1960s and 1970s as social movements were on the rise and many women entered higher education new writing practices came into existence In the pages of *Our Bodies Ourselves* matters that had been private became public Readers encouraged to trust their own experiences began to participate in a conversation about health and medicine The writers of *Our Bodies Ourselves*

researched medical texts and presented them in colloquial language. Drafting and revising in groups they invented new ways of organizing the task of writing. Above all they presented medical information by telling stories. We learn here how these stories were organized and how the writers drew readers into investigating both their own bodies and the global organization of medical care. Extensive archival research and interviews with the members of the authorial collective shed light on a grassroots undertaking that revolutionized the writing of health books and forever changed the relationship between health experts and ordinary women.

Our bodies, ourselves The Boston Women's Health Book Collective, 1973

The New Our Bodies, Ourselves Boston Women's Health Book Collective, 1984 Discusses women's health care issues

Our Bodies, Ourselves: Pregnancy and Birth Boston Women's Health Book Collective, Judy Norsigian, 2008-03-04

The trusted editors of *Our Bodies Ourselves* called a feminist classic by The New York Times present a comprehensive guide to pregnancy and childbirth from prenatal care and emotional well being to how to handle the pain of childbirth. Pregnancy and birth are as ordinary and extraordinary as breathing, thinking or loving. But as soon as you announce you're expecting you may be bombarded with advice from every angle: well-meaning friends, relatives, medical professionals, even strangers want to weigh in on what you should or shouldn't do, and it's easy to feel overwhelmed by their conflicting recommendations. *Our Bodies Ourselves: Pregnancy and Birth* will help you sort fact from fiction, giving you the most accurate research up to date information and the firsthand experiences of numerous women who have been exactly where you are today. You'll get the tools you need to take care of yourself and your baby during and after your pregnancy, from tips on eating well during pregnancy to strategies for coping with stress and depression. Learn everything you need to know about: Choosing a good health care provider. Selecting a place of birth. Understanding prenatal testing. Coping with labor pain. Speeding your physical recovery. Adjusting to life as a new mother. *Our Bodies Ourselves: Pregnancy and Birth* is an essential resource for women that will guide you through the many decisions ahead.

The New Our Bodies, Ourselves, 1992 Discusses women's health care issues

The New Our Bodies, Ourselves, 1976

The Making of Our Bodies, Ourselves Kathy Davis, 2007-09-03

The story of how the feminist classic *Our Bodies Ourselves* has been adapted and reworked by women of different cultures around the world.

New Our Bodies, Ourselves Angela Phillips, Jill Rakusen, Boston's Women's Health Book Collective Staff, 1989-11

The New Our Bodies, Ourselves Boston Women's Health Book Collective, Boston Women's Health Book Collective Staff, 1996-01-01

Our Bodies, Ourselves for the New Century Boston Women's Health Book Collective, 1998

Addresses a variety of women's health issues including body image, illness, pregnancy, childbirth, AIDS, growing older, nutrition, sexuality and other related topics.

Our Bodies, Ourselves Boston Women's Health Book Collective, 2009-07-01

An informative reference that thoroughly details women's health issues.

Our Bodies, Ourselves Boston Women's Health Book Collective, Judy Norsigian, 2005-04-19

Our Bodies, Ourselves: Menopause Boston Women's Health Book Collective, Judy Norsigian, 2008-06-16

FROM THE EDITORS OF THE CLASSIC BIBLE OF WOMEN'S HEALTH A TRUSTWORTHY UP TO

DATE GUIDE TO HELP EVERY WOMAN NAVIGATE THE MENOPAUSE TRANSITION For decades millions of women have relied on *Our Bodies Ourselves* to provide the most comprehensive honest and accurate information on women's health Now in *Our Bodies Ourselves Menopause* the editors of the classic guide discuss the transition of menopause With a preface by Vivian Pinn M D the director of the Office of Research on Women's Health at the National Institutes of Health *Our Bodies Ourselves Menopause* includes definitive information from the latest research and personal stories from a diverse group of women *Our Bodies Ourselves Menopause* provides an in depth look at subjects such as hormone therapy and sexuality as well as proven strategies for coping with challenges like hot flashes mood swings and night sweats In clear accessible language the book dispels menopause myths and provides crucial information that women can use to take control of their own health and get the best care possible *Our Bodies Ourselves Menopause* is an essential resource for women who are experiencing or expecting menopause

Our Bodies Ourselves, 2005 This companion site to the 2005 edition of the book *Our bodies ourselves* includes excerpts from each chapter as well as supplementary content web sites and other recommended resources related to the material in the chapter There are Health Headlines and links to women's health news There is also a link to the Boston Women's Health Book Collective's Latina Health Initiative Finally there is plenty of information about the Collective itself including its history and any job openings and internships that are available

Our Bodies Ourselves *Our bodies Ourselves*, 200? **Our Bodies, Ourselves** Boston Women's Health Course Collective, 1973

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Table of Contents Our Bodies Ourselves

1. Understanding the eBook Our Bodies Ourselves
 - The Rise of Digital Reading Our Bodies Ourselves
 - Advantages of eBooks Over Traditional Books
2. Identifying Our Bodies Ourselves
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Our Bodies Ourselves
 - User-Friendly Interface
4. Exploring eBook Recommendations from Our Bodies Ourselves
 - Personalized Recommendations
 - Our Bodies Ourselves User Reviews and Ratings
 - Our Bodies Ourselves and Bestseller Lists
5. Accessing Our Bodies Ourselves Free and Paid eBooks

- Our Bodies Ourselves Public Domain eBooks
- Our Bodies Ourselves eBook Subscription Services
- Our Bodies Ourselves Budget-Friendly Options
- 6. Navigating Our Bodies Ourselves eBook Formats
 - ePub, PDF, MOBI, and More
 - Our Bodies Ourselves Compatibility with Devices
 - Our Bodies Ourselves Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Our Bodies Ourselves
 - Highlighting and Note-Taking Our Bodies Ourselves
 - Interactive Elements Our Bodies Ourselves
- 8. Staying Engaged with Our Bodies Ourselves
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Our Bodies Ourselves
- 9. Balancing eBooks and Physical Books Our Bodies Ourselves
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Our Bodies Ourselves
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Our Bodies Ourselves
 - Setting Reading Goals Our Bodies Ourselves
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Our Bodies Ourselves
 - Fact-Checking eBook Content of Our Bodies Ourselves
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

Our Bodies Ourselves Introduction

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