



Intermittent Fasting Finance Plan



Now let's try the opposite.



Sure, here is a seven-day personal finance challenge inspired by indulgence and maximalist practices:

Day 1: Treat yourself. Go out and buy something you have been wanting for a long time, whether it's a new pair of shoes, a piece of jewelry, or a gadget. This is your chance to indulge and enjoy the feeling of getting something new.



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