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web apr 29 2020 forward converter in a forward converter the choke carries the current when the transistor is conducting as well as when it s not the diode carries the current during the off period of the transistor therefore energy flows into the load during both the periods

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web the figure given below represents the functional block diagram of smps initially the unregulated ac input signal from the source is provided to the input rectifier and filter circuit here the ac input signal is rectified to generate a dc signal and further smoothened to remove high frequency noise component from it

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web smps regulates the output power by varying the on to off time using minimum voltage so that efficiency is very high compared to the linear power supply what is inside a smps fig 1 simple block diagram showing diffrent function of smps

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web 1 answer sorted by 1 you got part of the answer in the comments because mains frequency is lower than the operating frequency of the power supply up to a point the higher the frequency the smaller the magnetics can be typical mains frequencies are well below that point