

Bipolar Disorder Nursing Care Plan

Definition

Bipolar Disorder is a chronic mental health condition characterized by extreme mood swings that include emotional highs (mania or hypomania) and lows (depression), affecting a person's energy, activity levels, and ability to function.

Nursing Diagnosis

Risk for Injury related to impaired judgment during manic episodes as evidenced by increased psychomotor activity and engaging in high-risk behaviors.

Risk Factors/Causes

- Genetic predisposition and family history
- Chemical imbalances in the brain
- Environmental stressors and trauma
- Sleep disturbances and circadian rhythm disruption

Nursing Interventions and Rationales:

Monitor medication compliance and assess for side effects

- **Rationale:** Ensures therapeutic effectiveness of mood stabilizers and early detection of adverse reactions

Establish and maintain consistent daily routines

- **Rationale:** Helps stabilize circadian rhythms and provides structure that can prevent mood episodes

Assess for suicidal ideation and safety risks regularly

- **Rationale:** Enables early intervention during depressive episodes and prevents self-harm behaviors

Provide education about triggers and early warning signs

- **Rationale:** Empowers patient to recognize and respond to mood changes before they become severe
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Desired Outcomes:

Patient will maintain stable mood and demonstrate effective management of symptoms through medication compliance, healthy coping strategies, and appropriate use of support systems within 30 days.

Nursing Diagnosis For Bipolar Disorder

Lynda Juall Carpenito



Nursing Diagnosis For Bipolar Disorder:

Lippincott's Manual of Psychiatric Nursing Care Plans Judith M. Schultz, Sheila L. Videbeck, 2009 Accompanying CD ROM has nursing care plans a customizable psychosocial assessment tool and monographs about psychotropic drugs **Nursing Diagnosis** Lynda Juall Carpenito-Moyet, 2008 Explains the role of nursing diagnosis in clinical practice provides information on definitions characteristics related factors and interventions for nursing diagnoses and offers information on collaborative problems **Handbook of Nursing Diagnosis** Lynda Juall Carpenito-Moyet, 2006 The newly revised Eleventh Edition of this best selling handbook is an easy to carry accessible guide to the latest NANDA approved nursing diagnoses Section 1 contains all nursing diagnoses including definitions characteristics related factors outcomes and interventions Section 2 contains Diagnostic Clusters with a collaborative focus Features include Author's Notes key concepts interventions with rationales focus assessment criteria and outcome criteria This edition includes listings of associated NIC Nursing Interventions Classifications and NOC Nursing Outcomes Classifications for every NANDA diagnosis New diagnoses added and modified in accordance with the latest NANDA meeting are in an appendix for easy access *Manual of Psychiatric Nursing Care Planning - E-Book* Elizabeth M. Varcarolis, 2010-02-22 A pocket sized clinical companion Manual of Psychiatric Nursing Care Planning 4th Edition helps you assess psychiatric nursing clients formulate nursing diagnoses and design psychiatric nursing care plans It offers quick and easy access to information on care in a range of settings including the inpatient unit home care or community mental health setting Expert author Elizabeth M Varcarolis RN MA provides a clinically based focus with the latest guidelines to psychiatric nursing care Designed to accompany Foundations of Mental Health Nursing this book is a perfect reference for creating care plans and for clinical use Current coverage includes the latest diagnoses assessment and treatment strategies and psychotropic drug information relevant to nursing care of patients with psychiatric disorders Clinically based information helps you provide patient care in a range of environments including the inpatient unit community mental health setting or home care setting Coverage of all major disorders includes those commonly encountered in a clinical setting A consistent format for each care plan includes a nursing diagnosis etiology assessment findings diagnostic cues outcome criteria long term goals short term goals and interventions and rationales Assessment tools such as tables charts and questionnaires are provided in an appendix for quick reference A Major Psychotropic Interventions and Client and Family Teaching chapter describes the uses and workings of psychotropic agents The latest diagnostic information includes the DSM IV TR taxonomy with diagnostic criteria for mental disorders to enable accurate assessment and diagnosis of patients Current psychiatric nursing guidelines are based on ANA's 2007 Psychiatric Mental Health Nursing Scope and Standards of Practice Updated 2009 2011 NANDA I nursing diagnoses assist with accurate diagnoses by including the latest nursing diagnoses related to psychiatric nursing Updated drug information includes the latest on medications used with psychiatric patients for optimal drug therapy **Nursing Diagnosis Handbook - E-Book**

Betty J. Ackley, Gail B. Ladwig, 2013-01-20 The 10th edition of the Nursing Diagnosis Handbook makes formulating nursing diagnoses and creating individualized care plans a breeze Updated with the most recent NANDA I approved nursing diagnoses this convenient reference shows you how to build customized care plans in three easy steps assess diagnose plan Authors Elizabeth Ackley and Gail Ladwig use Nursing Outcomes Classification NOC and Nursing Interventions Classification NIC to guide you in creating care plans that include desired outcomes interventions patient teaching and evidence based rationales Unique Care Plan Constructor on the companion Evolve website offers hands on practice creating customized plans of care Alphabetical thumb tabs allow quick access to specific symptoms and nursing diagnoses Suggested NIC interventions and NOC outcomes in each care plan Recent and classic research examples promote evidence based interventions and rationales NEW 4 Color text NEW Includes updated 2012 2014 NANDA I approved nursing diagnoses NEW Provides the latest NIC NOC interventions and rationales for every care plan NEW QSEN Safety interventions and rationales NEW 100 NCLEX exam style review questions are available on the companion Evolve website NEW Root Cause Thinking and Motivational Interviewing appendixes on the companion Evolve website

Nursing Diagnoses in Psychiatric Nursing Mary C Townsend, 2010-10-27 It's really 2 books in 1 The first half provides the diagnostic information needed to create a care plan the second half covers the safe administration of psychotropic medications And the concepts can be applied to a variety of healthcare settings from inpatient hospitalization through the outpatient clinic to home health and private practice

Manual of Psychiatric Nursing Care Plans Elizabeth M. Varcarolis, 2004 This handy pocket guide is designed to assist in the assessment of psychiatric nursing clients the formulation of nursing diagnoses and the design of psychiatric nursing care plans The book contains practical clinically oriented information students can carry with them as they visit the inpatient unit community mental health setting or home care setting It is also an excellent resource for the new graduate and or practicing nurse Effectively covers all major disorders commonly encountered in the clinical setting Includes assessment guidelines with signs and symptoms assessment tools and questions nurses should ask clients for each disorder Each care plan begins with a nursing diagnosis and includes Related To Etiology As Evidenced By Assessment Findings Diagnostic Cues Outcome Criteria Long Term Goals Short Term Goals and Interventions and Rationales Integrates psychopharmacology information for each disorder Features Client and Family Teaching boxes for easy reference and to ensure clear communication of the required care regimen Nurse Client and Family Resources include website addresses association information and additional resources for client teaching material medication information and support groups The new two color design improves readability and overall design Revised chapter design presents sections consistently and makes essential information easier to identify Includes the most recent information in the field including the DSM IV TR taxonomy and 2003 2004 NANDA nursing diagnoses A new chapter Major Psychotropic Interventions and Client Family Teaching provides coverage of psychopharmacology in addition to the content found in each disorder chapter Drug tables in

select chapters provide rapid access to psychotropic drug information DSM IV TR headings highlight medical diagnosis Revised and expanded client outcome sections include additional outcome criteria long term goals and short term goals for each diagnosis Additional content on forensic issues in psychiatric nursing is integrated throughout where appropriate Assessment tools are now grouped in Appendix D for easier reference Assessment tools are referred to in the text where appropriate A helpful appendix of drug monographs features the most commonly prescribed psychiatric medications Focuses on practical clinical information for providing client care in the inpatient unit community mental health setting or home care setting User friendly format allows for quick and easy access to information

Handbook of Nursing Diagnosis Lynda Juall Carpenito, 2002 This handbook is a quick reference to nursing diagnosis Suitable as a supplement to any nursing diagnosis text this handbook has a two section organization Section I contains all nursing diagnoses including definitions characteristics related factors outcomes and interventions Section II contains diagnostic clusters with collaborative focus to show how nursing diagnoses are used in all clinical areas Features include author notes key concepts interventions with rationale focus assessment and outcome criteria This edition includes the addition of new diagnoses and a section on Errors in Diagnostic Statements

Manual of Psychiatric Nursing Care Planning - E-Book Elizabeth M. Varcarolis, 2014-05-15 A pocket sized clinical companion Manual of Psychiatric Nursing Care Planning 5th Edition supplies you with the latest diagnostic information available including the DSM 5 for accurate assessment and diagnosis of patients It offers quick and easy access to plans of care for a range of settings including the inpatient unit home care or community mental health setting Expert author Elizabeth Varcarolis provides a clinically based focus with the latest guidelines to psychiatric nursing care Designed to accompany Foundations of Mental Health Nursing this book is a perfect reference for creating care plans and for clinical use The latest diagnoses assessment and treatment strategies and psychotropic drug information keep you up to date with the most current information Care plans containing nursing diagnosis etiology assessment findings diagnostic cues outcome criteria long and short term goals and interventions and rationales offer plans of care for a wide range of psychiatric nursing diagnoses A focus on clinical information furnishes you with information on providing patient care in a range of settings Assessment Guides including tables charts and questionnaires facilitate patient diagnosis and care A chapter on Major Psychotropic Interventions and Patient and Family Teaching in addition to the content found in each disorder chapter helps you better understand the uses and workings of the psychotropic agents Coverage of major disorders exposes you to a wide range of disorders within psychiatric nursing The latest diagnostic information includes the DSM 5 taxonomy due to publish May 2013 with diagnostic criteria for mental disorders to enable accurate assessment and diagnosis of patients Current psychiatric nursing guidelines are based on ANA's 2007 Psychiatric Mental Health Nursing Scope and Standards of Practice Updated 2009 2011 NANDA I nursing diagnoses assist with accurate diagnoses by including the latest nursing diagnoses related to psychiatric nursing Updated drug information includes the latest on medications used with psychiatric

patients for optimal drug therapy **Nursing Diagnosis Handbook** Betty J. Ackley, Gail B. Ladwig, 2006 This bestselling reference helps users make nursing diagnoses and write care plans with ease and confidence It helps nurses correlate nursing diagnoses with known information about clients on the basis of assessment findings established medical or psychiatric diagnoses and the current treatment plan This extensively revised and updated edition presents the most up to date information on all 2005 2006 NANDA approved nursing diagnoses You ll also appreciate the handbook s integration of both the NIC and NOC taxonomies evidence based nursing interventions home care client family teaching and multicultural geriatric and pediatric considerations Instructor resources are available contact your sales representative for details Helps users understand how to make a nursing diagnosis and plan care using the nursing process and evidence based nursing research The practical step by step format helps users make diagnoses and write care plans with ease and confidence Integrates both NIC and NOC interventions and outcomes in each care plan Features essential home care client family teaching multicultural pediatric and geriatric considerations relevant to today s nursing students Helps users easily create customized plans of care using the Ackley Ladwig Care Plan Constructor on the Evolve website This edition has been extensively revised and updated to include the most up to date information on all 2005 2006 NANDA approved nursing diagnoses The new alphabetical thumb tabs offer easy access to specific nursing diagnosis care plans Features a helpful explanation of how to use the Guide to Nursing Diagnoses and Guide to Planning Care sections Features many enhancements to the accompanying Evolve website see Ancillaries for details Includes more detailed information about NOC and its use in nursing care planning Guide to Nursing Diagnoses section features more emotional spiritual elements and now includes coverage of Mad Cow E Coli West Nile Foodborne Illnesses and Pesticide Contamination Guide to Planning Care section now offers updated and expanded multicultural pediatric and evidence based interventions rationales An appendix now includes Gordon s Functional Health Patterns as adapted by the authors **Nursing Diagnoses and Process in Psychiatric Mental Health Nursing** Gertrude K. McFarland, Evelyn L. Wasli, Elizabeth Kelchner Gerety, 1992 *Nursing Diagnosis & Intervention* Gertrude K. McFarland, Elizabeth A. McFarlane, 1997 This book provides thorough coverage of both theory and practice of nursing diagnosis It uses a narrative rather than a list format to explain nursing diagnosis The book details the formulation of a nursing diagnosis and writing a care plan as well as providing a resource to clear assessment parameters and planning care **Nursing Diagnosis Handbook with NIC Interventions and NOC Outcomes** Judith M. Wilkinson, 2000 This easy to use guide provides instant access to information needed to write thorough individualized care plans based on the most recent NANDA approved nursing diagnoses **Nursing Diagnoses and Process in Psychiatric Mental Health Nursing** Gertrude K. McFarland, Evelyn L. Wasli, Elizabeth Kelchner Gerety, 1997 **Psychiatric-mental Health Nursing** Barbara Schoen Johnson, 1989 **Psychiatric Nursing Diagnosis Care Plans for DMS-III-R** Mary Paquette, Margo Creighton Neal, Christine Rodemich, 1991 **Psychiatric Nursing Care Plans** Katherine M.

Fortinash, Patricia A. Holoday-Worret, 1999 Logical organization clear presentation consistent use of nursing process correlation of nursing and medical diagnoses it all adds up to the highly esteemed new third edition of this practical reference Using a practice oriented problem solving approach it gives you 48 comprehensive up to date care plans on disorders such as sexual dysfunction eating disorders dissociative identity disorder and more *Nursing Diagnoses in Psychiatric Nursing* Mary C. Townsend, 2001 This new edition combines Townsend's Pocket Guide and selected drug classifications with the associated drug data from Townsend's Drug Guide into one accessible reference Discusses seven major psychotropic drug classifications that cover antianxiety agents antidepressants antimanic agents antipsychotics antiparkinsonian drugs sedative hypnotics and central nervous system stimulants Five chapters added that cover HIV disease homelessness psychiatric home nursing care forensic nursing and complementary therapies Each chapter covers a specific group of DSM IV disorders including definition predisposing factors and symptomatology Each nursing diagnosis includes the definition etiologies defining characteristics goals objectives interventions with selected rationales and desired patient outcomes discharge criteria Each drug class includes general pharmacologic data representative drugs from a given drug class nursing diagnoses and nursing implications *Principles and Practice of Psychiatric Nursing* Gail Wiscarz Stuart, Sandra J. Sundeen, 1987 Principles and Practice of Psychiatric Nursing 8th Edition provides comprehensive coverage of psychiatric nursing Beginning with fundamental coverage of all key psychiatric nursing principles it goes on to address the complete continuum of care including mental health promotion and illness prevention crisis intervention and psychiatric rehabilitation and recovery The book then applies psychiatric nursing principles to specific clinical disorders based on adaptive maladaptive coping responses the six step nursing process and DSM IV TR and NANDA diagnoses Subsequent chapters describe various modalities of treatment psychopharmacology somatic therapies cognitive and behavioral therapies managing aggressive behavior and more hospital based and community based care and treatment of special populations

Nursing Diagnosis Lynda Juall Carpenito, 2002 Revised in its Ninth Edition this popular text reference continues to set the standard for learning key elements of nursing diagnosis its role in the nursing process and applications to clinical practice Emphasis is on diagnosis practical application assessment intervention and rationale including summaries and outcome criteria Features include the Author's Notes plus guidelines and keys that focus on assessment data concepts differentiating nursing diagnoses developing care plans and controversies surrounding diagnosis and critical care pathways Also includes a special section on Collaborative Problems and Diagnosis Clusters An overall change in design including the addition of a second color makes the text easier to read and enhances its appearance Connection Website connection LWW com go carpenito

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