

Paint In Your Pyjamas!



Every Woman's guide
to finding your
life purpose
through Art

Cindy Wider

Paint Your Pyjamas Finding Purpose

Mrs Cindy Wider

Paint Your Pyjamas Finding Purpose:

Living Life in Your PJs Dr. East Phillips DAOM,2025-12-29 Are you Living Life in Your PJs or out of them Life often pulls us in directions that leave us tired misaligned or disconnected from our true selves Living Life in Your PJs is an inspiring guide to help you realign with what really matters your Purpose Passion and Joy and uncover the often overlooked S that completes the equation Through uplifting stories spiritual insights and practical tools Dr East Phillips shows you how to reconnect with your authentic self listen to life s nudges and live from the inside out This book is your invitation to slow down remember who you are and step back into the life you were always meant to live joyful purposeful and fully aligned Paint in Your Pyjamas Mrs Cindy Wider,2015-12-09 Inspirational art instructor award winning artist and author Cindy has personally helped hundreds of women begin their journey of learning how to paint how to draw and finding their life purpose through art This book will become your best friend as you take your first steps towards a new and exciting future Paint in your Pyjamas includes step by step illustrated beginners art course to help you get started with learning how to draw and paint You ll also discover Cindy Wider s inspirational autobiographical story of how she set out on a journey of self discovery and changed her life forever by painting in her pyjamas Have you been asking yourself Who am I and what do I really want out of life Perhaps you ve been selflessly dedicating all your energy to your children or partner to help them fulfil their dreams and goals Maybe you re working hard just to earn a living but now you feel the time has come to do something for yourself Or do you just simply want to know how to draw and paint and are seeking a little extra inspiration to get started If so this book is just for you Paint In Your Pyjamas includes The true life stories of women who have changed their lives through learning how to draw and how to paint A step by step illustrated beginners art course to help you get started with learning how to draw and paint Cindy Wider s inspirational autobiographical story of how she set out on a journey of self discovery and changed her life forever by painting in her pyjamas telling of how she overcame chronic fatigue syndrome and a near death experience then met her soul mate and gave birth to a soul mate baby along the journey of finding her life purpose Practical advice to help you reclaim your pyjama time even on the busiest days so you can begin to use painting drawing and art to help you discover your own unique life purpose Jam packed with practical down to earth advice this book can help you find your life purpose in your pyjama time by being ready to use small blocks of time creatively rather than waiting for the big blocks of time that never seem to come Bonus A voucher code is included at the end of this book which allows you complimentary access to a downloadable edition of Paint In Your Pyjamas This is very useful for colour reference when completing the exercises in the painting tutorial chapters Purpose, Passion, and Pajamas Genevieve M. Piturro,2020-08-04 National Indie Excellence Award Winner in Inspiration Purpose Passion and Pajamas is the story of Genevieve Piturro s triumphant leap off the corporate ladder to find her life s true calling What started with a simple question from a little girl led Genevieve to conceive of and build the nonprofit Pajama Program in 2001 resulting in a

featured appearance on The Oprah Winfrey Show and an awe inspiring display of compassion throughout the US and beyond Today Pajama Program has distributed over seven million pairs of pajamas opened 63 chapters across the US and established reading centers for children In her inspirational narrative Genevieve Piturro shows you how to notice and listen to the quiet internal voice nudging you in a new direction lead with empathy passion and purpose realize the importance of the human connection we ve lost in our modern world Purpose Passion and Pajamas brings you to the heart of the matter with eye opening lessons in leadership personal growth and the tools and motivation to find your pajamas *Paint in Your Pyjamas*

Cindy Wider,Stuart Wider,2013-07-15 Have you been asking yourself lately Who am I and what do I really want out of life Do you wish you had the time to follow your dreams and goals Are you ready to discover and fulfil your life purpose If so it s time to put on your pyjamas and get ready for action Paint in your pyjamas will help you live the life you have dreamed of by showing you how to Reawaken your jungle girl to find your true self Attract your soul mate by using this valuable advice Use many small blocks of time creatively instead of waiting for the big blocks that never seem to come Overcome procrastination once and for all by doing this one simple thing Learn to trust then act upon your intuition Create more time by saving time Use your four natural talents to begin drawing realistically today with step by step instructions to teach you how to draw in a nutshell Mix soul colours that can really lift up your spirits and motivate learn to paint in acrylics step by step in a nutshell Include art into your daily life to help you discover who you really are Paint in your pyjamas is the quirky and light hearted true life story of how Cindy Wider set out on a journey of self discovery and changed her life forever by painting in her pyjamas She takes you through all the steps she took to fulfil her life purpose in the small blocks of time then shows you how to do so too There is also a special section on the true life stories of how five other women s lives were changed for the better through art

Alan Titchmarsh How to Garden: Garden Design Alan Titchmarsh,2015-11-26 Covers everything from the initial planning of your garden on paper to how to make your design a reality with planting laying and construction guides This single book will tell you everything you could need to know to achieve your ideal garden Includes how to assess your site create a style and source materials advice on planting schemes and achieving year round interest tips on working with design principles such as scale proportion and balance simple instructions for hard landscaping Alan Titchmarsh imparts a lifetime of expertise in these definitive guides for beginners and experienced gardeners Step by step illustrations and easy to follow instructions guide you through the basic gardening skills and on to the advanced techniques providing everything you need to create and maintain your dream garden

Adventures in Clothing ,1984 *A Gentleman in Pajamas* Charles Neville Buck,1924 *Laura's Handmade Life* Amanda Addison,2011-06-23 Laura Lovegrove is leaving behind her seamless life in London Architect husband Adi has been relocated to rural Norfolk a far cry from ultra urban Ealing Though Laura knew village life would be different she didn t foresee a pokey cottage nosey neighbours errant poodles and even an ex turning up Chris had been her big love at art college and seeing him again is utterly confusing Is she really so

different from the impulsive student who once trawled charity shops for vintage treasures When a fire all but destroys Laura s collection of vintage clothes she s heartbroken And seriously lacking in outfits But salvaging what she can Laura makes do and mends sewing purses bags even dog leads which should solve the poodle problem Soon she s inundated with orders But Adi is becoming more and more distant it s like there s something he s not telling her Can Laura make a stitch in time and pull her family back together again Colour ,1929 The periodical s purpose was to report on contemporary developments in painting from the British Isles and elsewhere more importantly each issue contained high quality colour reproductions of examples of various artists work **Country Life Illustrated** ,1920 Selected Novels: The moon and sixpence. The narrow corner. The painted veil William Somerset Maugham,1953 **Life** Henry R. Luce,1962 **Life** ,1929 Life John Ames Mitchell,1928 **Romanian Review** ,1981 **Rumanian Review** ,1981 *The Living Age* ,1885 The Photographic News ,1896 **The Business Education World** John Robert Gregg,1956 **Little Girl Lost: The true story of a broken child (HarperTrue Life - A Short Read)** Mia Marconi,2015-03-27 The fourth in a series of true short stories from foster carer Mia Marconi

Paint Your Pyjamas Finding Purpose Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Paint Your Pyjamas Finding Purpose**," written by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect our existence. Throughout this critique, we shall delve to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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