

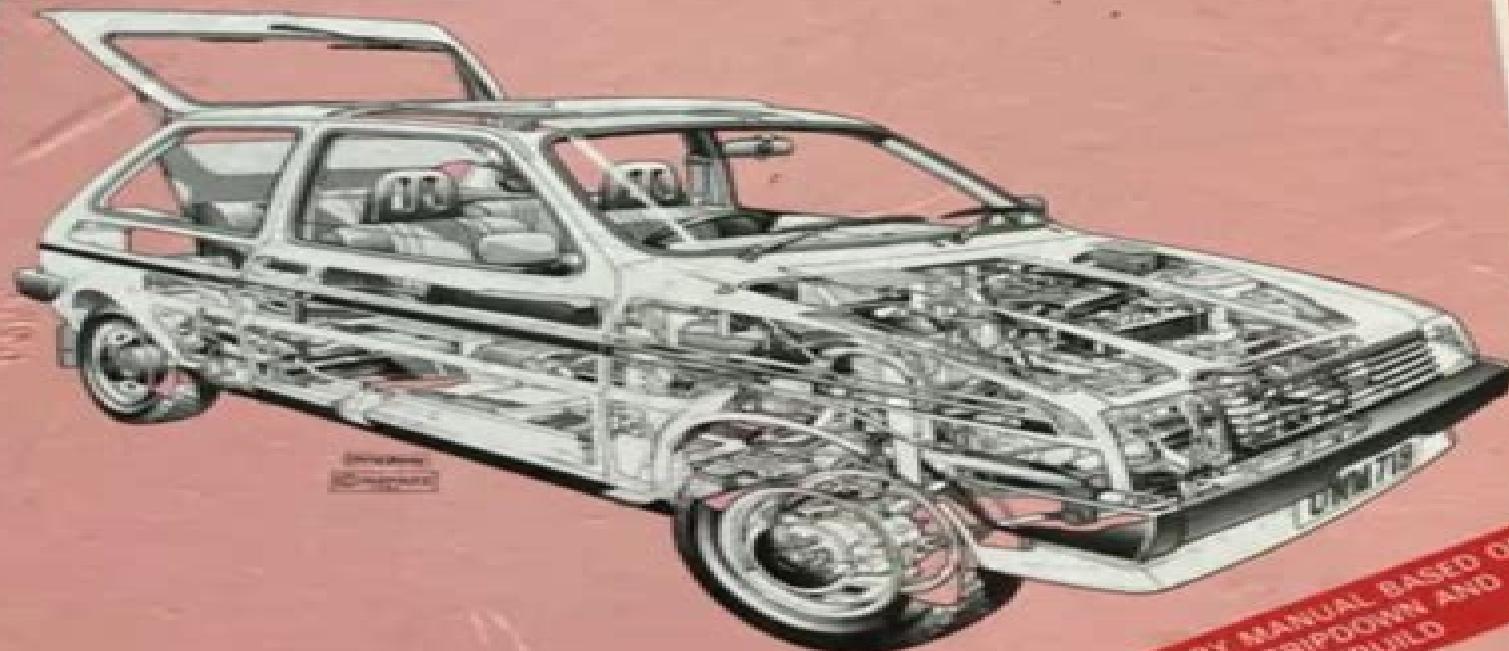
# AUSTIN METRO

MG &  
Vanden Plas

1980 to 1989 □ All models  
998 cc □ 1275 cc



## Owners Workshop Manual



EVERY MANUAL BASED ON  
A STRIPDOWN AND  
REBUILD

# Metro Workshop Manual

**Bob Henderson, J. H. Haynes**

**Metro Workshop Manual:**

*METRO OWNERS WORKSHOP MANUAL. AUSTIN METRO MG AND VANDEN PLAS 1980 TO MAY 1990 ALL MODELS*  
998cc A. K. LEGG,1993    **Rover Metro Owners Workshop Manual** Jeremy Churchill,1991    **Metro 1.0, 1.3 Owners**  
**Workshop Manual** ,1982    *Austin/MG Metro* Andrew K Legg,Finn Deacon,1996    *Austin MG Metro, 1980-1990 Owners*  
*Workshop Manual* Andrew Kirk Legg,1995    **Austin Metro Owners Workshop Manual** A. K. Legg,1981-01-01    *Austin*  
*Metro, MG and Vanden Plas Owners Workshop Manual* A. K. Legg,1984    **New Serial Titles** ,1990 A union list of serials  
commencing publication after Dec 31 1949    **Federal Register** ,1979-04    *The Metropolitan Story* Patrick R.  
Foster,2002-06    **The Autocar** ,1982    **Rover Metro & 100 Series Service & Repair Manual** Jeremy Churchill,1996  
*Mini Metro Repair Manual* B.L. CARS. SERVICE.,1981    *Haynes GM N-Cars Owners Workshop Manual*, No. 1420 Bob  
Henderson,J. H. Haynes,1992    **Catalog of Copyright Entries. Third Series** Library of Congress. Copyright Office,1975  
*Haynes General Motors J-Cars Owners Workshop Manuals*, No. 766 John Harold Haynes,Larry Warren,1988-06  
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