

Obsessive-Compulsive Personality Disorder (OCPD)

A personality disorder that causes an obsession with order, perfectionism, control and specific ways of doing things.

Symptoms may include:



Excessive doubt and indecisiveness.



Being unwilling to compromise.



Being unwilling to throw out broken or worthless objects.



Perfectionism that interferes with completing tasks.



Becoming overly fixated on a single idea, task or belief.



Difficulty coping with criticism.

Obsessive Compulsive Behaviour Thorsons Health

**Frederick M. Toates, Frederick
Toates, Olga Coschug-Toates**



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Obsessive Compulsive Disorder Frederick Toates,1990-01-01 Obsessive Compulsive Disorder Frederick M. Toates,Frederick Toates,Olga Coschug-Toates,2002 As many as 1 in 30 adults and 1 in 100 children currently suffer from Obsessive Compulsive Disorder It is much more common than was previously thought with up to 2 million people being affected in the UK Sufferers experience intrusive thoughts and anxieties resulting in compulsive behaviour that can seem bizarre to those that have no experience of the disorder Why would someone feel compelled to touch the four walls of a room in a clockwise fashion as soon as he enters it Why would someone look at an object 3 times with his right eye followed by his left eye OCD sufferers are aware that these rituals are excessive and irrational but they cannot control their behaviour They are plagued by intrusive thoughts that they cannot banish from their mind and are often tormented by these thoughts which they find profoundly disgusting or upsetting The cause of OCD is still not known but it does appear to run in families and can occur together with other disorders such as depression anxiety disorders eating disorders and Tourette s syndrome Dr Frederick Toates an experimental psychologist relates his own experiences of obsessional neurosis and his successful quest for a cure in th

Seminars in General Adult Psychiatry George Stein,Greg Wilkinson,2007-04 This second edition of *Seminars in General Adult Psychiatry* provides a highly readable and comprehensive account of modern adult psychiatry Key features of the first edition that have been retained are the detailed clinical descriptions of psychiatric disorders and historical sections to give the reader access to the classic studies of psychiatry as well as the current evidence Additional topics covered here for the first time include liaison psychiatry psychosexual medicine clinical epidemiology and international and cultural psychiatry Clinical management is given due prominence with extensive accounts of modern drug management cognitive therapy the main psychosocial approaches and current guidelines such as those published by the National Institute for Health and Care Excellence An essential text for trainees studying for their MRCPsych this book is also a one stop reference work for established practitioners providing comprehensive coverage of the whole of adult psychiatry

The Science and Art of Yoga in Mental and Neurological Healthcare Shivarama Varambally,Sanju George,TM Srinivasan,Hemant Bhargav,2021-03-05 Section 1 Yoga in Health Care Section 2 Neurobiological Dimensions Section 3 Yoga for Clinical Conditions Section 4 Other Important Aspects of Yoga Appendix 1 Yoga Therapy Modules for Common Neuropsychiatric Disorders Index

Encyclopedia of Social Work ,1965 *Understanding Your Health* Wayne A. Payne,2002

Cognitive Behavioural Therapy Christine Wilding,2010-01-29 Understand CBT is the best selling guide to this hugely successful therapeutic model It will give you a solid grounding in all the key ideas and techniques as well as showing you how they can be applied in practice Whether you need to get to grips with the essentials for a course or just want to apply these proven techniques to your own life this book is packed with practical examples and exercises to help you every step of the way NOT GOT MUCH TIME One five and ten minute introductions to key principles to get you started AUTHOR INSIGHTS Lots of

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Stress, Anxiety, Depression Martin Simmons, Peter Daw, 2018-10-24 Allowing clients to work on their own problems and

at their own pace this excellent title recognises that solving personal problems is a skill to be learnt just like any other It teaches the reader the necessary skills and then guides the use of those skills through organised action plans and practical self help programmes It is excellent for helping to build confidence in relationships communicating with others and understanding personal choice It helps the user overcome guilt anger moodiness depression stress and anxiety It encourages a more relaxed approach and helps to handle conflict at home and in work All of the exercises questionnaires and action plans can be freely photocopied

CURRENT Diagnosis and Treatment Pediatrics, Twenty-Fifth Edition William W. Hay, Myron J. Levin, Mark J. Abzug, Maya Bunik, 2020-05-06 The most practical up to date and well referenced guide to the diagnosis and treatment of children from birth to adolescence A Doody's Core Title for 2021 Following the Current outline format to make it super easy for you to find the answers you need this comprehensive clinically focused guide delivers evidence based information on the pediatric medical conditions most often encountered in daily clinical practice Complete with an invaluable guide to normal laboratory values and 600 photos and illustrations CURRENT Diagnosis and Treatment Pediatrics offers succinct authoritative overviews of important pediatric health concerns such as childhood nutrition and eating disorders substance abuse psychiatric disorders child abuse oral medicine and dentistry immunization and emergencies and injuries The authors provide detailed descriptions of diseases as well as diagnostic and therapeutic procedures and everything is presented in the time saving LANGE CURRENT style Problem Essentials of Diagnosis Clinical Findings Differential Diagnosis Treatment and Prognosis

Ulcers Rikki Ostrov, 1996-10-11 About 10 per cent of the population at some stage in their life suffer from peptic ulcers of the stomach and duodenum Even today ulcers are a major medical problem causing severe pain and indigestion and in rare cases leading to premature death

Oxford Handbook of Psychiatry David Semple, Roger Smyth, 2013-02-28 Fully revised and updated for the new edition the Oxford Handbook of Psychiatry provides the most up to date information clinically relevant to the doctor on the ground Using a presentation based format it provides detailed advice on clinical decision making after diagnosis This handbook is an indispensable companion for any professional working in psychiatric medicine Covering all major psychiatric conditions and sub specialties this handbook provides practical and comprehensive guidelines and in depth coverage of psychiatric assessment psychopathology evidence based practice therapeutic issues and transcultural psychiatry It is indexed alphabetically by ICD 10 DSM IV classification codes and acute presentations for quick access It reflects the recent major changes to psychiatric training and examination as well as the latest drug information Reviewed by experienced clinicians and revised by Specialist Trainees this handbook not only gives expert advice for psychiatry professionals but is also directly relevant to trainees in psychiatry For the third edition new information includes guidance on Adult ADHD information on new drugs of abuse e.g GBL GHB mephedrone and clinical decision making in the prison setting With such broad coverage and depth of guidance this is the must have pocket guide for all professionals and trainees working in psychiatry

Knee Problems Richard N.

Villar,1996 The knee is the most commonly injured joint in the body with over a million keyhole operations and knee replacements performed world wide each year This guide includes information about the various diseases and injuries of the knee what the alternative treatments to surgery are what keyhole surgery and knee replacement is and how to recover

CURRENT Diagnosis and Treatment Pediatrics, Twenty-Fourth Edition William W. Hay, Myron J. Levin, Robin R. Deterding, Mark J. Abzug, 2018-06-01 A concise yet comprehensive source of current information on the medical problems of children from birth through adolescence A Doody's Core Title for 2019 A practical up to date well referenced guide to the diagnosis and treatment of the most commonly seen medical conditions in children Excellent coverage of The Council on Medical Student Education in Pediatrics COMSEP curriculum used in pediatric clerkship 46 chapters cover a wide range of topics including neonatal medicine child development and behavior emergency and critical care medicine and diagnosis and treatment of specific disorders according to major problems etiologies and organ systems A wealth of tables and figures provide quick access to important information such as acute and critical care procedures in the delivery room the office the emergency room and the critical care unit anti infective agents drug dosages immunization schedules differential diagnoses and developmental disorders Includes detailed descriptions of diseases as well as diagnostic and therapeutic procedures Complete with handy guide to normal laboratory values Presented in the consistent easy to follow CURRENT format Valuable to medical students pediatric residents pediatricians family practitioners nurses nurse practitioners physician assistants and other healthcare providers who work with infants children and adolescents Authors are practicing pediatricians to ensure that each chapter reflects the needs and realities of day to day practice *Whitaker's Books in Print* ,1998

Obsessive-Compulsive Disorder Bruce M. Hyman, Cherry Pedrick, 2008-09-01 Examines the anxiety disorder known as OCD its symptoms and manifestations how it can be controlled and treated and through case studies what it is like to live with obsessive compulsive disorder

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