

Cookware and Dinnerware

Microwave-Safe

- Browning dish (Follow manufacturer recommendations.)
- Ceramic glass, glass
- China, earthenware (Follow manufacturer recommendations.)
- Melamine (Follow manufacturer recommendations.)
- Paper towels, paper plates, napkins (Use non-recycled paper.)
- Plastic wraps, bags, covers, dinnerware, containers (Follow manufacturer recommendations.)
- Pottery and clay (Follow manufacturer recommendations.)
- Silicone bakeware (Follow manufacturer recommendations.)
- Wax paper

To Test Cookware/Dinnerware: Place dish in microwave oven with 1 cup (250 mL) of water beside it. Program 1 minute of cook time at 100%. If dish becomes hot and the water stays cool, do not use the dish in the microwave oven.

Microwave Oven Use

For list of preset programs, see the Cooking Guide label on the front facing of the microwave oven opening, behind the door.

Manual Cooking/Stage Cooking

Touch COOK TIME, touch number keypad to enter time, touch COOK POWER (if not 100%), touch number keypad to enter power level (10-90), then touch the Start control.

If programming additional stages, enter the cook time and cook power of each before touching the Start control.

Preset Cooking

Touch COOK, enter number code of food item, enter quantity, then touch the Start control.

Preset Reheating

Touch REHEAT, enter number code of food item, enter quantity if needed, then touch the Start control.

Preset Defrosting

Unwrap food. Touch DEFROST, enter number code of food item, enter weight, then touch the Start control.

Do Not Use

- Metal cookware and bakeware
- Straw or wicker
- Gold, silver, or pewter
- Non-approved meat thermometers, skewers
- Twist ties
- Foil liners, such as sandwich wrappers
- Staples
- Objects with gold or silver trim or with metallic glaze

Softens/Melt

Touch SOFTEN/MELT, enter number code of food item, enter quantity, then touch the Start control.

Popcorn

Touch POPOCORN. Enter bag size in ounces: 3.0 or 3.5 (85 or 99 g), then touch Start control.

(Baked) Potato

Touch (BAKED) POTATO. Enter number of potatoes: 1, 2, 3 or 4, about 10 to 13 oz (283 to 367 g) each, then touch Start control.

NOTE: Place fork-pierced potatoes around turntable edges, at least 1" (2.5 cm) apart. Place a single potato to the side of the turntable (not in the center).

Pizza (inheat)

Touch PIZZA. Enter number of slices: 1, 2 or 3, about 4 oz (113 g) each, then touch Start control.

MICROWAVE OVEN CARE

General Cleaning

IMPORTANT: Before cleaning, make sure all controls are OFF and the microwave oven is cool. Always follow label instructions on cleaning products.

To avoid damage to the microwave oven caused by arcing due to soil buildup, keep cavity, microwave inlet cover, cooking rack supports, and area where the door touches the frame clean.

Clean with mild soap, water, and a soft cloth or sponge or as indicated below.

- Grease filter: mild soap and water or dishwasher.
- Door and exterior: mild soap and water, or glass cleaner applied to paper towel.
- Control panel: sponge or soft cloth and water.
- Stainless steel (on some models): mild soap and water, then rinse with clean water and dry with soft cloth, or use stainless steel cleaner.
- Turntable: mild soap and water or dishwasher.

Installing/Replacing Filters and Light Bulbs

- Grease filters: Grease filters are on the underside of microwave oven. Clean monthly. Slide the filter away from the tab area and drop out the filter. To reinstall, place end of the filter into the opening opposite the tab area, swing up the other end, and slide it toward the tab area.
- Charcoal filter: The charcoal filter is behind the vent grille at the top front of the microwave oven. The charcoal filter cannot be cleaned and should be replaced about every 6 months. Remove 2 screws on the vent grille, slide the vent grille to the left, tilt it forward, lift it out, and remove the filter. To reinstall, place the filter into its 2-hook area with the wire mesh side to the front. Replace the vent grille by inserting the 3 bottom latch hooks of the vent grille into the front holes, tilt the vent grille backwards, slide it to the right, and secure with screws.
- Cooktop light: The cooktop light is located on the underside of the microwave oven and is replaceable. Remove bulb cover screws and open the bulb cover. Replace bulb, close bulb cover, and secure with screws.
- Cavity light: The cavity light bulb is located behind the vent grille at the top front of the microwave oven, under the bulb cover, and is replaceable. Remove 2 screws on the vent grille, slide the vent grille to the left, tilt it forward, and lift it out. Open the bulb cover and replace bulb. To reinstall, close bulb cover. Replace the vent grille by inserting the 3 bottom latch hooks of the vent grille into the front holes, tilt the vent grille backwards, slide it to the right, and secure with screws.

Microwave Manuals User Guide

Paulo J. C. Rodrigues

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Microwave and Millimeter-wave Diode Frequency Multipliers Marek T. Faber,Jerzy Chramiec,Miroslaw E. Adamski,1995
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Table of Contents Microwave Manuals User Guide

1. Understanding the eBook Microwave Manuals User Guide
 - The Rise of Digital Reading Microwave Manuals User Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Microwave Manuals User Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Microwave Manuals User Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Microwave Manuals User Guide
 - Personalized Recommendations
 - Microwave Manuals User Guide User Reviews and Ratings
 - Microwave Manuals User Guide and Bestseller Lists
5. Accessing Microwave Manuals User Guide Free and Paid eBooks
 - Microwave Manuals User Guide Public Domain eBooks
 - Microwave Manuals User Guide eBook Subscription Services
 - Microwave Manuals User Guide Budget-Friendly Options
6. Navigating Microwave Manuals User Guide eBook Formats

- ePub, PDF, MOBI, and More
- Microwave Manuals User Guide Compatibility with Devices
- Microwave Manuals User Guide Enhanced eBook Features

7. Enhancing Your Reading Experience

- Adjustable Fonts and Text Sizes of Microwave Manuals User Guide
- Highlighting and Note-Taking Microwave Manuals User Guide
- Interactive Elements Microwave Manuals User Guide

8. Staying Engaged with Microwave Manuals User Guide

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers Microwave Manuals User Guide

9. Balancing eBooks and Physical Books Microwave Manuals User Guide

- Benefits of a Digital Library
- Creating a Diverse Reading Collection Microwave Manuals User Guide

10. Overcoming Reading Challenges

- Dealing with Digital Eye Strain
- Minimizing Distractions
- Managing Screen Time

11. Cultivating a Reading Routine Microwave Manuals User Guide

- Setting Reading Goals Microwave Manuals User Guide
- Carving Out Dedicated Reading Time

12. Sourcing Reliable Information of Microwave Manuals User Guide

- Fact-Checking eBook Content of Microwave Manuals User Guide
- Distinguishing Credible Sources

13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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