



Outsmarting Mother Nature

A Woman's Complete Guide to Plastic Surgery

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Outsmarting Mother Nature A Womans Complete Guide To Plastic Surgery

M. Sandra Wood



Outsmarting Mother Nature A Woman's Complete Guide To Plastic Surgery:

Outsmarting Mother Nature Ilana E. Sweis MD, FACS, 2010-04-21 This concise educational and thorough reference will educate women who are contemplating undergoing or recovering from plastic surgery In *Outsmarting Mother Nature A Woman's Complete Guide to Plastic Surgery in the 21st Century* a female plastic surgeon explains all the major procedures in cosmetic surgery offering frank insights into both physical and psychological issues and expectations Dr Ilana Sweis who not only performs but has undergone cosmetic procedures details the stages most women will go through from the time they begin to contemplate plastic surgery The book explains how one can best prepare for a procedure what to expect during the actual surgery and how to handle the healing phase The first several chapters discuss the emotional aspects underlying the desire to undergo plastic surgery including its social and professional impacts Each of the subsequent chapters is devoted to individual plastic surgery procedures in significant detail using a question and answer format Case studies illustrate what cosmetic procedures can and cannot accomplish and the reality checks that need to be in place as part of the decision to proceed **Medical and Health Care Books and Serials in Print**, 1997 **Readers' Guide to Periodical Literature** Anna Lorraine Guthrie, Bertha Tannehill, Neltje Marie Tannehill Shimer, 1988 An author subject index to selected general interest periodicals of reference value in libraries **Books in Print Supplement**, 2002 **The SMART WOMAN'S GUIDE TO PLASTIC SURGERY** JEAN M. LOFTUS, 2000 [Internet Guide to Cosmetic Surgery for Women](#) M. Sandra Wood, 2005 The Internet Guide to Cosmetic Surgery for Women gives you the advantage of finding out everything you want to know about cosmetic surgery from the comfort and privacy of your own home This comprehensive resource guides you through the mountains of information on the Internet providing a thorough listing of Web sites detailing every aspect of plastic and cosmetic surgery for every body part as well as presenting strategies for finding specific information you are looking for such as procedures advantages and risks of the surgery specializing surgeons and international cosmetic surgery associations To view an excerpt online find the book on our QuickSearch catalog at www.HaworthPress.com [Cosmetic Breast Surgery](#) Robert M. Freund, Alexander Van Dyne, 2004-06-17 Though cosmetic breast surgery is most commonly an elective procedure it is an important irreversible decision that demands careful consideration In *Cosmetic Breast Surgery* distinguished plastic surgeon Robert M Freund who has worked on the breasts of thousands of women in his private and public New York City practices offers clear explanations and sensitive advice for women curious about having their breasts enlarged reduced or lifted In a factual conversational tone Dr Freund recently named one of New York's leading plastic surgeons by New York magazine candidly discusses all of the risks and rewards involved different operating procedures and options the right and wrong reasons to have surgery choosing the right surgeon pre and postoperative care and what to do if a procedure goes wrong Written with a woman's best interest in mind *Cosmetic Breast Surgery* provides photographs throughout and is essential reading for all women considering breast surgery

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