



# ACTEX

## MFE Study Manual



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Spring 2014 Edition  
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bowl whisk together the coconut oil or butter egg whites vanilla extract and liquid stevia add in the greek yogurt stirring  
until no large lumps remain stir in ½ cup 2 tablespoons of milk

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large mixing bowl whisk together the dry ingredients white whole wheat flour cocoa powder baking soda espresso powder

salt and cinnamon stir in the chocolate chips

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