



Injury Report Form

Date _____ Time _____
Name _____ Age _____ Height (cms) _____
Weight (kgs) _____ Home Club _____
Venue _____

Indicate site of injury using abbreviations for;

- L Laceration
- B Bleeding
- D Dislocation
- F Fracture
- M Muscle injury
- J Joint injury
- H Head injury
- S Spinal injury
- I Internal injury

Removal from field

Walked _____
Assisted _____
Stretcher _____
Ambulance _____
Completed game _____



Significant Observations

Immediate Care

Ice _____
Compression _____
Immobilisation _____
Bleeding controlled _____
Wound dressing _____
Other _____

Advice for Follow Up

Time off from training or playing _____

EMERGENCY CARE

Ambulance called _____ Doctor called _____
Referral if above not called; Hospital _____ Doctor _____
Special Comments _____
Sports Trainer signature _____ NRL ID No' _____
Report Handed over to (signature) _____

Injury Report Ideas Tutorial

Lingjun Ying



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