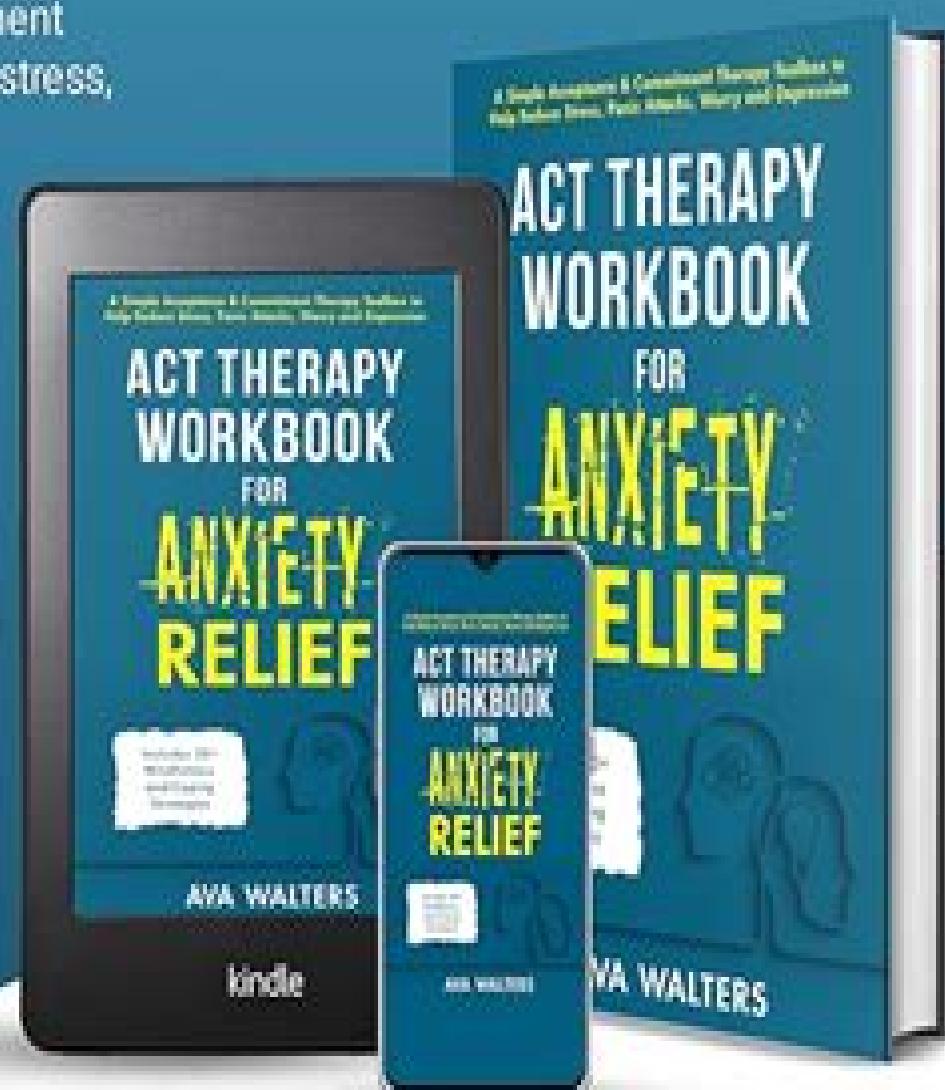


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# Act Practice Anxiety Relief Review

**Julia Schneider**

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population This book explores the significant role that legal education can play in the promotion of mental health and well being in law students and consequently in the profession The volume considers the ways in which the problems of psychological distress amongst law students are connected to the way law and legal culture are taught and articulates curricula and extra curricula strategies for promoting wellbeing for law students With contributions from legal academics legal practitioners and psychologists the authors discuss the possible causes of psychological distress in the legal community and potential interventions that may increase psychological well being This important book will be of interest to legal academics law students members of the legal profession post graduate researchers as well as non law researchers interested in this area *The Law Journal* ,1886 **Pharmacotherapy Principles and Practice, Fifth Edition** Marie A.

Chisholm-Burns,Terry L. Schwinghammer,Patrick M. Malone,Jill M. Kolesar,Kelly C. Lee,P. Brandon Bookstaver,2019-01-03

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