

Yoga Routine

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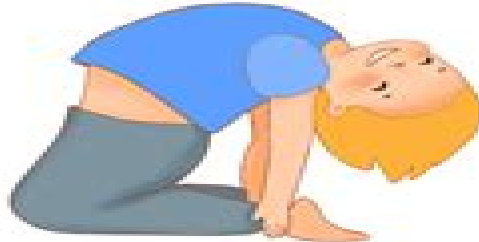
Triangle Pose



Warrior Pose



Cobra Pose



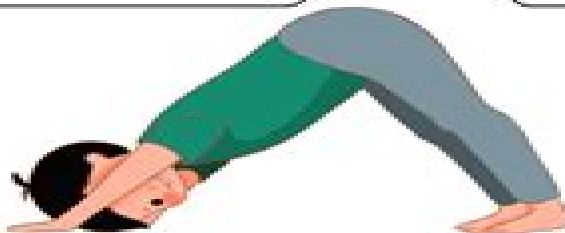
Camel Pose



Boat Pose



Easy Pose



Down Dog Pose



Plow Pose

Math Worksheet Grade Yoga For Beginners This Week

RJ Alexander



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